



The NUUS



OCT. 2024 VOLUME 56, NO. 10

Celebrating the sacred, we gather in loving community to nourish souls and live justice into the world.

MINISTRY MATTERS

BY SARA HAYMAN

Dear UUCE Beloveds,

Welcome to your October NUUS!
The leaves are beginning to change color now in earnest. Apples are coming in on the trees and orchards are opening. People are bringing in their docks and boats and slowly but surely, there is a kind of letting go and settling down that's underway. I welcome it, this change of pace and the coziness of fall.

By the time you read this, I hope & trust you'll have heard the incredible news re: this year's Eggroll Food Booth adventure at the Common Ground Fair! We raised \$23,500 to support our church and gave \$1,800 to MOFGA to support their work (5% of the money we raised)! What an accomplishment! Thank you so very much to absolutely everyone who helped and cheered us on, and a special thank you to this year's wonderful planning team of Sarah Nicholson, Jeff Jeude, CJ Lammers and Volunteer Coordinator, Mary Murray, and to booth section leaders Beth Pepper (fryers), Lise Williams (rollers), Anne Ossanna (cashiers) and Deb Dersh (kitchen). We are so fortunate and you all amaze me with what you make happen!

I hope to see you at church!

With love,
Rev. Sara



Click [HERE](#) for Rev. Sara's September Ministry Matter's Video

OCTOBER WORSHIP SERVICES

SUNDAY, OCT 6, 2024

**Belfast UU Church at 10 am or on Zoom!!!
Like minded? Really?**

Rev. Amy McCormick, Worship Leader
Kerri Vacher, Worship Associate

10/6 Worship Service Zoom Meeting:
<https://us06web.zoom.us/j/87521034152>
Meeting ID: 875 2103 4152
Phone: 646-558-8656

It has recently come to my attention that we don't all agree about everything, or maybe anything? LOL. Ok, so maybe I've always known that. In today's service which begins our exploration of October's theme of Living life through the Practice of Deep Listening. We'll unpack what it means to search for a community of "like-minded people" and how that can sometimes lead to misunderstandings, disappointments and beautiful opportunities.

SUNDAY, OCT 13, 2024

**Multi-Platform Worship at 10:30am
...to spend my breaths being love**

Rev. Sara Hayman, Worship Leader
Tobias Betancourt, Worship Associate

10/13 Worship Service Zoom Meeting:
<https://uuma.zoom.us/j/5157959121?omn=97126018386>
Meeting ID: 515 795 9121
Phone: 646-558-8656

1st UUCE Choir Practice of year at 9am

R.E. today

2nd Quarter Plate Split to benefit Healthy Acadia

Congregational Conversation w/ 8th Principle & Rev. Sara in the sanctuary after worship

When we make time to listen to nature and the universe with our whole being and awakened senses and attention on our breath, it becomes more possible to remember how it is we actually mean to live – more open-heartedly and service-oriented. Listening and relating deeply to the earth and the rhythms of the seasons helps to ground and steady us in the midst of challenges and crises. On this Sunday before Indigenous Peoples Day, we'll reflect on wisdom spiritual teachings of honoring our kinship within all of creation and the power of creating relationships of reciprocity with the more than human world.

SUNDAY, OCT 20, 2024

**Multi-Platform Worship at 10:30am
What love can I make of this loss?**

Rev. Sara Hayman, Worship Leader
Candace Hubbard, Worship Associate

10/20 Worship Service Zoom Meeting:
<https://uuma.zoom.us/j/5157959121?omn=97126018386>
Meeting ID: 515 795 9121
Phone: 646-558-8656

9am UUCE Choir practice

Fall Congregational Mtg at 12pm (in-person & ZOOM)

Making time to feel and listen to the grief at work is important and a necessary part of healing and being engaging in spiritual growth. Facing our own mortality and attending to the tender losses already at work in us can help us become more compassionate and loving, engaged people. In this service, we'll explore how listening to our grief can help us become more clear-seeing re: the sanctity of life and our hope and want to strengthen life and create loving legacies for those who will come after us.

SUNDAY, OCT 27, 2024

Multi-Platform Worship at 10:30am
Listening as Spiritual Hospitality
Rev. Charles J. Stephens, Minister Emeritus
Kathleen Hall, Worship Associate

10/27 Worship Service Zoom Meeting:
<https://uuma.zoom.us/j/5157959121?omn=97126018386>
Meeting ID: 515 795 9121
Phone: 646-558-8656

UUCE Choir sings in worship today
R.E. today

In my years as a Minister and as a Spiritual Director, I have learned that listening is an important Spiritual Discipline. Listening is a discipline where we focus our attention, not on our thoughts, our responses or ourselves but completely on the other. When we practice the Spiritual Discipline of Listening, we do not need to prove ourselves. And when the other person feels fully listened to, there is the possibility for wonderfully deep and exciting discoveries.

Rev. Charles Stephens was ordained in 1973. He served as a Lutheran Minister and then transferred into the Unitarian Universalist Ministry, motivated by the theological perspective of the UUA. He served UUCE from 1981-1989. He and Alison were married at UUCE, their three children were involved in the UUCE RE program and two of their three children were born during this time.

Another major transition in ministry came about when Charles participated in training as a Spiritual Director at the Shalem Institute. When he concluded this training, he was invited to be an adjunct faculty member of the Shalem Institute for Spiritual Direction for the next eight years, while continuing to serve full time as a parish minister in NJ.

In 2012, he and Alison, his wife, retired to Blue Hill, Me where they enjoy living close to nature. They are active in a variety of activities, ranging from being Airbnb hosts, local politics, social action and of course being available to be involved in the lives of their three adult children and one grandchild.



Hello Congregants and Friends,

The Wheel Turns Anew!

How is it that we have already come to October? Can you believe that we are only 3 months away from 2025? September brought us Ingathering and Water Communion, the Egg Roll Booth (Our singularly best fundraiser), and the beginning of another marvelous church year. We hope you rested over the summer and bring your full hearts, minds, and spirits to this congregation.

What did you do during your summer off? Tell us how you enriched yourselves and what you are bringing back with you. I for one spent my 2 months away from the church reading and planning new things to bring ahead. I took on the Chair of Fiscal Matters. We are bringing our brainstorm to membership to try to encourage families. As of September 29th, I will be fully certified in Lifespan OWL training from Kindergarten to 100+. Building my repertoire of skills for the church.

As much as we are going to make new strides in attempting to increase the Religious Exploration Program for the youth of the church, what types of programming are you Adults looking for as well? We will be able to offer all three levels of Adult OWL, Young Adults from 18-35, Adults 36-55, and Older Adults 55+. We can offer comparative religion lessons, meditation training, and an examination of the 6 sources. There is a multitude of programs and people willing to teach them if you let us know what you are looking for out of the program.

We want you to have the resources you need to expand your spirit and your faith community. I even have ideas for the Small Group Ministry sessions. Let's work together to breathe new imagination and life into all of our programming. I am here for the church.



Brightest Blessings,

Charles A Betancourt

FROM OUR BOARD PRESIDENT BETH PEPPER

Happy October, one and all!

The leaves are changing, we've got a heavier blanket on our bed, Toddy Pond starts most mornings with a little fog dancing across it ... fall has definitely arrived!



First off, thanks to everyone involved in our wildly successful Common Ground Fair Egg Roll Booth extravaganza! It was a ton of (type 2) fun, it was perfect egg roll weather all weekend, and we made 5000 friggin' egg rolls! 5000!!! Wow! We had to buy more veggies Sunday morning or we would've run out! Wow! We're amazing! And by "we" I mean EVERY. SINGLE. PERSON. involved, from making the applesauce last fall to driving our equipment safely to Unity, to set up of all said equipment, to MASS veggie production, to rolling, to frying, to serving, to collecting the money, to taking down all that equipment and getting it all safely back to Ellsworth, and every other big and little piece that made it a success. Wow, just ... WOW!

Extra special thanks go to the Egg Roll Planning Team of Sarah Nicholson, Mary Murray, CJ Lammers, and Jeff Jeude. With their incredible planning, work and leadership, us worker bees had a smooth operation to plug ourselves into. Yay Team Egg Roll!

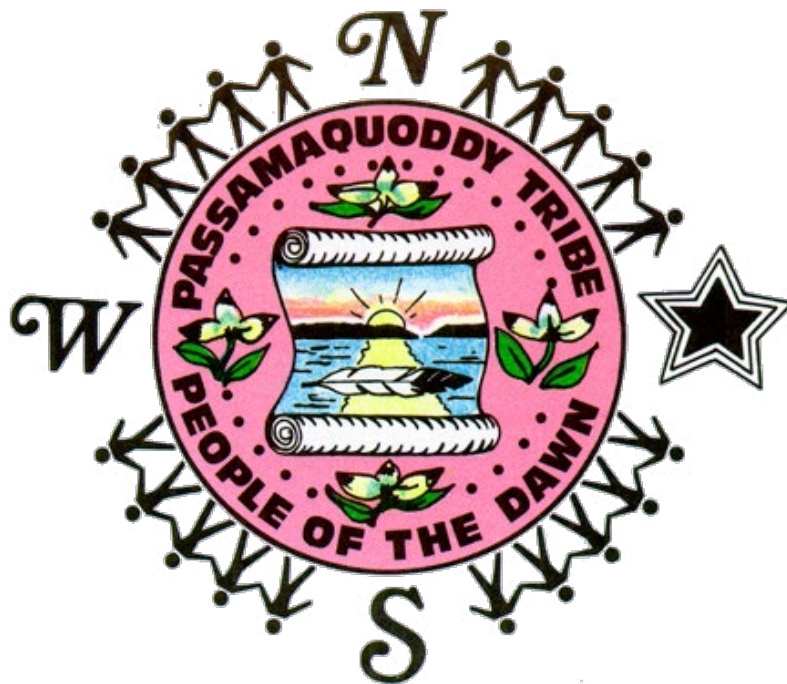
Our Fall Congregational Meeting is Sunday, October 20 at noon, BOTH in person at UUCE and on zoom. It'll be good to be back in person in the sanctuary, and available to ALL via zoom. Please plan to join us for this important piece of running OUR church!



The 8th Principle/PASA

SIPAYIK MUSEUM FIELD TRIP Wednesday, October 23 (rescheduled)

Dwayne Thomah, Director of the museum, has offered UUCE a personalized tour of the current exhibit, **Beyond the Claims - Stories from the Land and Heart**. The exhibit includes the recovered 100-year-old wax cylinders featured on PBS, with historical recordings of Passamaquoddy folk stories, songs and chants. In addition to the treasure trove of recordings, the exhibit features oral histories, photos, baskets and art that bring alive the history and rich culture of the Passamaquoddy. We will meet at UUCE at 8am and return about mid afternoon. Email Barb Acosta to register or for more information: drabarb@gmail.com.



WOMEN'S DRUM CIRCLE

Saturdays, October 12 & 26, 1:00 - 2:30

at UUCE

Sharing drum songs, improvisational rhythms, chants and raising energy. No prior experience needed. We have drums to share. Contact Mary Murray for more information marydmurray@comcast.net



Annual UUCE Gratitude Harvest Feast



SAVE the DATE

All are invited to the **Annual Gratitude Harvest Feast** at UUCE on Thursday, November 28th at noon. This will be a potluck and a signup sheet is forthcoming. Attendees will bring their own place settings, beverages and a dish to share with others as we feast together with gratitude and "Give thanks for unknown blessings already on their way". Anne Ossanna and Mary Murry will be hosts for this gathering.



Our Annex building tenants have already outgrown the space and plan to move to bigger accommodations the first week of October. We need new tenants as soon as we can find the right fit for our space.

DO YOU, OR SOMEONE YOU KNOW, HAVE A NEED FOR RENTAL SPACE?

The building is approximately 1100 square feet (40 X 40). The back half is garage/warehouse space. The front half, which includes a half bath, could be used for an office or many other uses.

The rental fee is \$1100/month plus utilities. Available immediately.

If you have an interest in the rental please contact Tori Bell or Susan Opdycke.



WE'D LOVE YOU TO COME SING IN UUCE'S CHOIR!

Choir Practices this month – Sundays October 20th & 27th at 9am
Choir Sings in Worship on Sunday, October 27th!

We are so lucky to have Meg O'Dell as our Choir Director again this year! Come join the choir that meets twice a month on Sundays at 9am before worship to practice and then sing one Sunday a month in worship. Everyone, of all ages and abilities, is welcome to be a part of this soul-nourishing singing community! If you have questions, feel free to reach out to Tori Bell, chair of our Music Committee, who also sends out reminders each month about choir practice. You can reach her via email at toribell14@gmail.com.

Here are the Choir Dates for fall & winter months so you can mark your calendar now:

October 20 (practice) & **27** (sing in worship)
November 3 (practice) & **17** (sing in worship)
December 8 (practice) & **15** (sing in worship)
January 12 (practice) & **26** (sing in worship)
February 2 (practice) & **9** (sing in worship)

In the UUCE Gardens

We have created an azalea path that is visible from Rev. Sara's office windows. We have planted 6 azaleas and plan to add a few more.





Dr. Wayne H. Smith
UUCE Historian

THE ADAMS FAMILY (No, NOT THE ADDAMS FAMILY!)

The Adams family of Ellsworth played an important role not only in Ellsworth, but also in the history of the First Unitarian Society of Ellsworth (FUSE). Captain **John Quincy Adams** (no, not THAT John Quincy Adams) was born on Dec. 29, 1843 in Ellsworth, the son of Josiah Batchelder Adams and his wife Mary E. Rice. On Jan. 17, 1871 in Ellsworth, he married Ida Anna Lord, daughter of Capt. Sylvester Lord and his wife, Sarah “Sallie” Anderson. John Q. and Ida went on to have four children: Helen G. (born in 1871), Alice S. (born in 1873), Howard Hayes (born in 1876), and Martin Lord Adams (born in 1883).

As a boy, Captain Adams began going to sea, and by the age of 21, he was master of a vessel and for years sailed in both Ellsworth and New York vessels to West Indies, South American, and European ports. After he passed on November 11, 1918, his funeral was officiated by both Rev. J. W. Tickle of the Unitarian Church and Rev. R. B. Mathews of the Congregational church.

Of his children, **Alice** lived for many years in Newtonville, Massachusetts, but returned to Ellsworth around 1937 and became a member of FUSE in 1939. Her sister **Helen** was active in the church from as early as 1914 until her death in 1954. She was employed in the Hancock County Register of Deeds Office. Their brother Howard married Florence P. Leavitt and moved away from the area fairly early. Then there was their brother Martin.

Martin Lord Adams was born on June 19, 1883 in Ellsworth. At the age of 24, he had traveled to New Brunswick where he met Inez Allen Ketchum, daughter of George Richard Randolph Ketchum and Inez A. Clayton, and who was born on Aug. 4, 1884 in Woodstock, New Brunswick. They got married on May 9, 1908 in

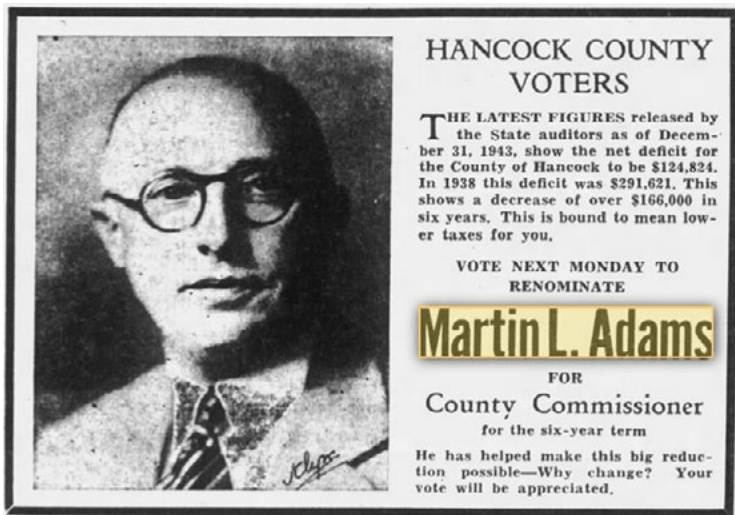
Fredericton and then the couple moved back to Maine where Martin worked as a popular traveling salesman for a dry goods house, the Walker Stetson Company of Boston. Then on Apr. 3, 1914, he opened up his own dry goods store on Main Street, hiring Miss Sibyl Fields as manager. Six years later he bought the whole block in which the store was located and made many modern improvements and alterations. By 1930, it had become one of Ellsworth’s leading dry goods stores, catering to the wants of women and children and was always well stocked with seasonal goods, including such nationally known lines as Munsing Wear, Warner Brothers, No-Mend Hosiery, and Van Raalte. He remained the owner of the store until 1951.



The interior of Adams Dry Goods Store in 1930.

Martin was also president of the Hancock County Fair Association from its inception in 1924, and also worked hard to raise money for the new high school [now the Moore Center]. He was also an active Mason

and Shriner, and a member of the United Commercial Travelers. He was considered one of the ablest merchants in Hancock County and a highly respected citizen of Ellsworth. He joined the First Unitarian Society of Ellsworth on Jan. 4, 1914 and was still a member as of March 25, 1969, although he occasionally attended the Ellsworth Congregational Church.



In 1938, having already served for several years on the Ellsworth city committee, Martin decided to run for county commissioner. Not only was he elected, but he served as chairman of the commission for two consecutive terms.

Martin's wife, Inez, passed away on Jan. 5, 1968 in Ellsworth. Martin followed her just over three years later, passing in Ellsworth on Feb. 24, 1971, leaving behind their five children: Alice Clayton Adams who married Erwin Schilling Anderson; Edith C. Adams; Rachel L. Adams who married Nathaniel Foster Barker; George Richard Adams who married Esther Marie Kinsey; and Jean Cameron Adams who married Edward S. O'Meara. Of these children, one continued the family's connection to FUSE.

George Richard "Dick" Adams was born on Oct. 21, 1919 in Ellsworth. After graduating from Ellsworth High School, he spent a year at the Coburn Classical Institute in Waterville, then transferred to Bowdoin College, from which he graduated in 1942 with a degree in economics and sociology and where he also played on Bowdoin's intercollegiate basketball team. He then attended the Midshipman School at Columbia University and served in the US Navy on minesweepers in the Atlantic and Pacific during WWII, attaining the rank of lieutenant. From 1946 to 1950, he

attended the University of Pennsylvania Dental School and received his D.D.S. degree in 1951. He maintained a dental practice above his father's store on Main Street from 1952 until his retirement in 1982, and played an important role in introducing fluoridation to Ellsworth's water supply in the 1960s. He was a member of the Ellsworth Jaycees, served one term on the Ellsworth City Council, and was the honorary mayor for Ellsworth's bicentennial celebration in 1963. He raised sheep and was once described by the writer E. B. White as "the most accommodating dentist in Hancock County" for shearing Mr. White's sheep.

Dick married Esther Marie "Terri" Kinsey, daughter of Henry Deacon Kinsey and Gertrude Resseguie in 1950. They were later divorced. They had three children: a son, another John Quincy Adams, and two daughters, Juliet K. Adams and Suzanne K. Adams. Dick appeared on the membership rolls at FUSE on Mar. 25, 1969. He died in Ellsworth on Oct. 14, 2007 and was buried in Woodbine Cemetery. A memorial service was held for him on Saturday, Oct. 20, 2007 at UUCE.



Picture is of Dick Adams, left, in conversation with Helen (Nealley) Raymond after church in the 1960s.

CONTACT INFORMATION

| | |
|---|--|
| Church Office Administrator Ellen Sedgwick (207-667-4393) uucellsworth@gmail.com | Children's Religious Education Coordinator Charles Betancourt uuce.re@gmail.com |
| Minister Rev. Sara Hayman rev.sara.hayman@gmail.com | |

BOARD OF TRUSTEES

| | |
|--|---|
| President: Beth Pepper to 2025 (207-610-4070) | Vice President: Jill Jeude to 2025 |
| Treasurer: Kate O'Dell to 2026 | Secretary: Bob Francis to 2026 |
| Trustee: Tori Bell to 2026 | Trustee: Jana Robinson to 2027 |
| Trustee: Doug Bird to 2026 | Moderator: Gary Shellehamer |

COMMITTEE AND TASK FORCE CHAIRS

| | |
|---|---|
| Adult Committee on Education: vacant | Membership: Liz True |
| Aesthetics: Gary Shellehamer | Music: Tori Bell |
| Auction: Jeff Jeude & Liz True | NUUSletter Editor: Lise Williams |
| Building & Maintenance/Safety: Susan Opdycke | Pastoral Care Ministry: Kay Hansen |
| Charitable Giving: Rev. Sara Hayman | Peace and Social Action: vacant |
| Choir Director: Meg O'Dell | Pianist: Paul Kelly |
| Collaborative Ministry: inactive at this time | Publicity: Susan Opdycke |
| Committee on Ministry: Karen Volckhausen | Children's Religious Education: Charles Betancourt |
| Congregational Engagement: Hannah Adams | Small Group Ministry: Mary Murray |
| Cookie Walk: Kate O'Dell | Stewardship: Doug Bird |
| Eggroll Project Volunteer Coordinator: Mary Murray | Ushers: Beth Pepper |
| Ferry Beach Coordinator: Anne Ossanna | Technology Coordinator: vacant |
| Fiscal Matters: Charles Betancourt | Wayside Pulpit: Nancy Guy |
| Flower Ministry: Linda Tarlow | Website: vacant |
| Green Sanctuary: Paul Kelley | Worship Arts: Marta Rieman |
| History/Archives: Wayne Smith | Yard Sale: Jeff Jeude |
| Hospitality Ministry Coordinator: vacant | Youth Advisor: vacant |
| Landscaping and Grounds: Bronwen Day | |

Unitarian Universalist Church of Ellsworth
121 Bucksport Road
Ellsworth, ME 04605



October 2024



Newsletter of the
Unitarian Universalist Church of Ellsworth

207-667-4393 www.uuellsworth.org

OCTOBER 2024

Vol. 56, No. 10

We covenant to affirm and promote:

- The inherent worth and dignity of every human being;
- Justice, equity and compassion in human relations;
- Acceptance of one another and encouragement to spiritual growth in our congregations;
- A free and responsible search for truth and meaning;
- The right of conscience and the use of the democratic process within our congregation and in society at large;
- The goal of world community with peace, liberty and justice for all;
- Respect for the interdependent web of all existence of which we are a part.