



# The NUUS

JULY 2024 VOLUME 56, NO. 7



Celebrating the sacred, we gather in loving community to nourish souls and live justice into the world.



Click [HERE](#) for Rev. Sara's July Ministry Matter's Video



Happy July, UUCE Beloveds!

What a beautiful, active and uplifting first month back from sabbatical—**THANK YOU** for creating such a warm welcome for me back into the enlivening rhythms of ministry with you, all! I love being and feeling at home in the embrace of our UUCE community.

I'm loving spending time each week now at church **most Tuesdays and Thursdays from 11am-4pm** in my newly cleaned, painted and made welcoming church office. Feel free to reach out to set up a time and come meet with me if you feel inspired to do that.

I hope to see you at church for worship and any other number of gatherings that are happening.

Love,  
Rev. Sara



# JULY WORSHIP SERVICES

**SUNDAY, JULY 7, 2024**

**Multi-Platform Worship at 10:30am**  
**“Weaving Our Lives” 2024 General Assembly**  
**Sunday Worship Service**

Rev. Molly Housh Gordon, Worship Leader  
Rev. Sara Hayman, Hosting

Come to church today and experience this year’s General Assembly Worship Service that was led by UU Minister, Rev. Molly Housh Gordon with support from several of her UU colleagues serving congregations across the county. In this spirited service, we’re reminded that we’re all tangled up together in a great web of life that’s woven with beauty and hardship, love and loss, thriving and struggle. Given this reality, how do we tend well to the weaving so that all of us are held in care?

Following this worship service, Rev. Sara invites folks attending in person to stay and participate in a Congregation Conversation about this year’s General Assembly, particularly the passing of proposed changes to Article Two of our UUA Bylaws that expresses our faith’s purpose and values and inspirations. All are welcome!

7/7 Worship Service Zoom Meeting: <https://uuma.zoom.us/j/94613997641?pwd=lpcoqWFr5N6TL48drX8aa8D0sIEORb.1>  
Meeting ID: 946 1399 7641  
Password: 055531  
Phone: 646-558-8656

**SUNDAY, JULY 14, 2024**

**Multi-Platform Worship at 10:30am**  
**The Most Important Thing**

Rev. Jacquie Robb, Guest Worship Leader  
Kay Wilkins, Worship Associate

Storytelling began long ago, with our ancestors sitting around the safety of an open fire on moonlit nights, recalling the events of the day or the year. We still tell stories to one another and in our own minds. And if we are paying attention, we’ll notice that some of our life stories contain moments of grace where we are gifted with wisdom or love and understanding. What themes do you see emerging from your life stories? What do your stories convey about what is most important in your life?

Rev. Jacquie Robb, BCC, grew up in New England, mostly outdoors. In her early 20s, she moved to downeast Maine, her first “chosen home,” where the land became a primary relationship. Visiting friends in California, she ended up staying of many decades in various roles including life partner, nonprofit administrator, bookstore owner, hospice volunteer and retirement community chaplain. She returned to Maine in 2020 and makes her home in Belfast cohousing with two cats and a large garden. She is a member of the UUCBelfast.

7/14 Worship Service Zoom Meeting: <https://uuma.zoom.us/j/95220505577?pwd=ju3wzxLLpv0PyoGrl79bakgFKDvo04.1>  
Meeting ID: 952 2050 5577  
Password: 199952  
Phone: 646-558-8656  
Passcode: 560763

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**SUNDAY, JULY 21, 2024**

**Multi-Platform Worship at 10:30am**

**Empty bowl**

Jeff Jeude, Guest Worship Leader  
Kathy Hall, Worship Associate

Singer/ songwriter Jenny Van West remembers a large wooden bowl that rested near the door in her childhood home, a receptacle and depository for life's tidbits that are parts of our busy lives. Maybe you, too, have such a bowl. Bowls, and all they contain and disperse, can be metaphorical of a well lived life. What do we put in, what do we share with others, what remains in the bowl at the end of a day? Jenny's lyrics suggest, "Just be an empty bowl, let life fill you up, No need to overthink it, because life is enough." Come join us as we explore our life's "bowls".

Jeff Jeude first came to UUCE to serve 3 years as Church Administrator. We're fortunate he continues to be a friend and active and loving volunteer in our community in lots of ways. Jeff is a gifted preacher and served as a licensed preacher at the United Methodist Church in Winter Harbor. Before moving to Maine with his wife Jill, Jeff was an active lay leader in their church in Missouri.

7/21 Worship Service Zoom Meeting: <https://uuma.zoom.us/j/92966274893?pwd=IPXfTanxT5xKIWQphuFmCDxaOVsA38.l>  
Meeting ID: 929 6627 4893  
Password: 141220  
Phone: 646-558-8656

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**SUNDAY, JULY 28, 2024**

**Multi-Platform Worship at 10:30am**

**Vade Mecum: A Pilgrim's Spiritual Practice**

Rev. Sara Hayman, Worship Leader  
Karen Volckhausen, Worship Associate

In our UU faith tradition, there is no single sacred text from which we draw inspiration and wisdom as we aspire to faithfully live our values and principles. Drawing inspiration from an ancient spiritual practice called vade mecum, in this service worship leaders will share the meaning of particular sacred texts or other spiritual sources in their lives. What sacred texts most deeply speak to and nurture your soul's longings?

7/28 Worship Service Zoom Meeting: <https://uuma.zoom.us/j/96736111004?pwd=f8njbsydg7wCsu2laMgjajWry4sm02.l>  
Meeting ID: 967 3611 1004  
Password: 232444  
Phone: 646-558-8656





## Meditation Before Sunday Services

July 7 and 21 9:30-10:15

Find us in the Outdoor Sanctuary, or the Tidewater Room if it is raining. We will have a period of walking meditation and then sitting meditation. Contact Christine Bowman for more information [ccs9762@aol.com](mailto:ccs9762@aol.com)

## WOMEN'S DRUM CIRCLE

will meet Saturday July 13 1:00 - 2:30 at UUCE

Join us to share drum circle songs and rhythms, co-creating the magic of a women's drum circle. All levels of experience and all sorts of drum and rhythm instruments are welcome. Hosted by Evelyn Foster, Linda Laing, Christine Bowman and Mary Murray. Contact Mary Murray, [marydmurray@comcast.net](mailto:marydmurray@comcast.net)



**WOMEN'S DRUM CIRCLE will host a Full Moon Drum Circle open to all on Sunday July 21 at The Carrying Place Beach, Newbury Neck in Surry. Starts at 7pm**

Bring drums and rhythm instruments, chair or blanket, firewood, songs, chants and poems to share. Contact Mary Murray for more information [marydmurray@comcast.net](mailto:marydmurray@comcast.net)







# COME FILL YOUR SOUL...

## A 4-hour Spiritual Deepening Workshop with Rev. Sara

**Saturday, July 27, 2024 from 10am – 3pm at UUCE**

(coffee, tea and simple lunch provided)

Donation of \$10 per person requested to benefit UUCE AND no one will be turned away!

This was a 2024 Cabin Fever Reliever Auction Item!

Registration thru the office required by Weds., July 24th:  
uucellsworth@gmail.com or 207-667-4393

Come and participate in opening and closing circles, multiple and varied invitations to engage in creative & contemplative activities that encourage reflection on our lives. Rev. Sara looks forward to holding and sharing this space and hopes to help spark inspiration and new or deepening insight about your spiritual life and journey!

# WHEN YOUR FEET ARE TIRED...

**A 4-Session Spiritual Deeping Class w/ Rev. Sara  
Thursdays, August 1, 15, 29th and September 5th  
from 6:30-8:30pm in-person at UUCE**

Registration required by July 25th w/ email to Ellen, Admin, at uucellsworth@gmail.com.

A minimum of 6 people registered for this class to happen.

A maximum of 9 participants.

Drawing inspiration from her recent sabbatical time, in this discussion-based class Sara invites folks to explore and reflect on the spiritual practices of walking (literally and figuratively) and the power of pilgrimage (journeying into growth) in their lives.

Some homework will be assigned in advance of classes. Request that folks make every effort to attend all 4 sessions





# Annual UUCE Church Picnic at Lamoine Beach

**Sunday, August 4th, 2024 from 1-4pm**

Bring something to put on the charcoal grill and/or a potluck dish or delight to share, your lawn chair, your swimsuit & towel and any beach games you want to play! Come ,join in the fun and get to know new and old friends! All are welcome!

## UUCE Dragonfly Party at Pepper & Lise's House on Toddy Pond in Surry

**Saturday, August 17th 2-7pm** - rain date Sunday,  
August 18th

Parking limited so please carpool from church if you can!  
Donation of \$10 person/\$15 family requested to benefit UUCE -  
this was a 2024 Cabin Fever Reliever Auction Item.  
Registration through the office required by emailing  
Ellen, Admin, at [uucellsworth@gmail.com](mailto:uucellsworth@gmail.com).

Come sit on the deck or the dock, jump in the pond, go for a  
ride in a kayak or paddle board or in Sarah Nicholson's Boston  
Whaler and enjoy delicious food and the deep nourishment of  
spending time with friends in a gorgeous place.



## Rev. Sara hopes to offer a UU Wellspring Course beginning in mid-September.

Wellspring is a 10 month, UU spiritual deepening program that includes twice monthly in-person facilitated classes. If there's sufficient interest, Rev. Sara hopes to offer this in-person class on Sunday afternoons from mid-September 2024 – June 2025 at UUCE. An Information Session will be scheduled in mid-August. To learn more about this spiritual deepening class, click here: <https://uuwellspring.org/sources/> and feel free to speak with Sara. Minimum Registration of 7 people required for this class to happen.



## FROM OUR BOARD PRESIDENT BETH PEPPER

Hello from Virginia - home of my new grandson! I think you heard we were going to be grandmothers, didn't you? Well, we are! To the most wonderful little bundle of joy!

July is the start of our new church fiscal year, which means we say good-bye to our departing Board members, Alison Stephens and Kathy Hall. Alison and Kathy, thank you both so much for your hard work, leadership, and service on the Board. July also means we welcome our new Board members, Kate O'Dell (treasurer) and Jana Robinson (member-at-large). Kate and Jana, welcome! I look forward to working with both of you. And to Bob Francis, thank you for serving a second term as our Secretary. It's great that we get to retain your experience and leadership.

July also sees Barb Acosta stepping down from chairing the Peace and Social Action (PASA) Ministry. Barb (and the PASA team) have done outstanding work over the past 3 years under Barb's leadership and I thank you for your care and dedication to PASA.

Thank you to all who contributed - in big or little ways - to this year's yard sale SUPER success! Jeff Jeude took over the helm as Leader of the (Yard Sale) Pack and led us to a fun-filled, hard-working, community-building, goal-busting blast! We made \$9257 - wow! That's \$1700+ over the goal! Thank you, Jeff and all your minions!

Congratulations to REVEREND Vanessa Titang, newly ordained UU minister! And thank you to all who made her ordination the wonderful event that it was, especially Anne Ossanna, chair of the ordination committee.



# The 8<sup>th</sup> Principle



**UU GENERAL ASSEMBLY SUMMARY.** This year's GA's theme was Love Unites, Stories Ignite and was entirely virtual, occurring on June 20-23. Rev. Sara, Barb Acosta and Jana Robinson attended as delegates of UUCE. In addition to the multiple opportunities to share worship, music and learning together, this year's session included votes on the revised Article II of the bylaws, three different Articles of Immediate Witness, and a shared resolution—all approved, as well as electing various new national leadership members.

The GA assembly approved the adoption of the proposed revision to Article II of the bylaws, the section defining the UU values and principles. The new language follows:

## GENERAL ASSEMBLY REVISION TO ARTICLE II

### **Article II Purposes and Covenant**

#### **Section C-2.1. Purposes.**

The Unitarian Universalist Association will devote its resources to and use its organizational powers for religious, educational, and humanitarian purposes. Its primary purposes are:

- to assist congregations in their vital ministries,
- to support and train leaders both lay and professional,
- to foster lifelong faith formation and spiritual development,
- to heal historic injustices,
- to support and encourage the creation of new Unitarian Universalist communities, and
- to advance our Unitarian Universalist values in the world.

The Unitarian Universalist Association will actively engage its members in the transformation of the world through liberating Love.

#### **Section C-2.2. Values and Covenant.**

As Unitarian Universalists, we covenant, congregation-to-congregation and through our Association, to support and assist one another in our ministries. We draw from our heritages of freedom, reason, hope, and courage, building on the foundation of love.

Love is the power that holds us together and is at the center of our shared values. We are accountable to one another for doing the work of living our shared values through the spiritual discipline of Love.

Inseparable from one another, these shared values are:



## Shared Unitarian Universalist Values

**Image Description:** This image is of a chalice with an overlay of the word Love over the flame, with six outstretched arms that create a circle around each of the core values and form a six-petal flower shape. Each arm is a different color, and clockwise they are: Interdependence (Orange), Equity (Red), Transformation (Purple), Pluralism (Blue), Generosity (Green), and Justice (Yellow).

[Suggested shift to Rule and recommended edits]  
The UUA may create visual representations of the values, which put love at the center and interconnect each value, and may periodically update that image. A version of this image shall be included, with image description, after “Shared Unitarian Universalist Values” in the published version of the bylaws.



**Interdependence.** We honor the interdependent web of all existence. With reverence for the great web of life and with humility, we acknowledge our place in it.

We covenant to protect Earth and all beings from exploitation. We will create and nurture sustainable relationships of care and respect, mutuality and justice. We will work to repair harm and damaged relationships.

**Pluralism.** We celebrate that we are all sacred beings, diverse in culture, experience, and theology.

We covenant to learn from one another in our free and responsible search for truth and meaning. We embrace our differences and commonalities with Love, curiosity, and respect.

**Justice.** We work to be diverse multicultural Beloved Communities where all thrive.

We covenant to dismantle racism and all forms of systemic oppression. We support the use of inclusive democratic processes to make decisions within our congregations, our Association, and society at large.

**Transformation.** We adapt to the changing world.

We covenant to collectively transform and grow spiritually and ethically. Openness to change is fundamental to our Unitarian and Universalist heritages, never complete and never perfect.

**Generosity.** We cultivate a spirit of gratitude and hope.

We covenant to freely and compassionately share our faith, presence, and resources. Our generosity connects us to one another in relationships of interdependence and mutuality.

**Equity.** We declare that every person has the right to flourish with inherent dignity and worthiness.

We covenant to use our time, wisdom, attention, and money to build and sustain fully accessible and inclusive communities.

### **Section C-2.3. Inspirations.**

Direct experiences of transcending mystery and wonder are primary sources of Unitarian Universalist inspiration. These experiences open our hearts, renew our spirits, and transform our lives. We draw upon, and are inspired by, sacred, secular, and scientific understandings that help us make meaning and live into our values. These sources ground us and sustain us in ordinary, difficult, and joyous times. We respect the histories, contexts, and cultures in which these sources were created and are currently practiced. Grateful for the experiences that move us, aware of the religious ancestries we inherit, and enlivened by the diversity which enriches our faith, we are called to ever deepen and expand our wisdom.

### **Section C-2.4. Inclusion.**

Systems of power, privilege, and oppression have traditionally created barriers for persons and groups with particular identities, ages, abilities, and histories. We pledge to replace such barriers with ever-widening circles of solidarity and mutual respect. We strive to be an Association of congregations that truly welcome all persons who share our values. We commit to being an Association of congregations that empowers and enhances everyone's participation, especially those with historically marginalized identities.

### **Section C-2.5. Freedom of belief.**

Congregational freedom and the individual's right of conscience are central to our Unitarian Universalist heritage.

Congregations may establish statements of purpose, covenants, and bonds of union so long as they do not require that members adhere to a particular creed

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The General Assembly also approved three actions of immediate witness and one responsive resolution:

- AIW: World on Fire: Humanitarian Work and Climate Change
- AIW: Centering Love Amidst the Ongoing Impact of COVID-19
- AIW: Solidarity with Palestinians
- Responsive Resolution: UUA GA Support for October 7 Hostages

For more information about what happened at the General Assembly, see UU World.

In anticipation of questions congregational members might have about what approval of Article II means, the 8th Principle Task Force and Rev. Sara will be working together to respond to any questions members might have. We'll continue to share information on Facebook, in the weekly e-news, NUUS, and in person and on the community room bulletin boards. In the meantime, please contact Jana Robinson with any questions, [janasmith.robinson@outlook.com](mailto:janasmith.robinson@outlook.com)."

# MULTI-CHURCH FERRY BEACH FALL RETREAT

**WILL BE  
OCTOBER 4-6, 2024!**

*REGISTER AT UUCE*





# WEDNESDAY MORNING MATINS AT 8 AM

Continues while Rev. Sara is on Sabbatical



Are you longing for a more intimate space to connect with others in our UUCE community? Do you enjoy poetry, music of all kinds, reading, silence and time for sharing in community? If so, please come! All are welcome to be a part of this ½ hour weekly, contemplative gathering on ZOOM where we companion each other with love and gratitude into the day. While Rev. Sara is on sabbatical, regular attendees of Matins will share responsibility for hosting, creating and facilitating this sacred worship space. We hope you will come!

**Wednesday Morning Matins Zoom Invite:**

**<https://uuma.zoom.us/j/96669607701>**

**Meeting ID: 966 6960 7701**

**Phone: 646-876-9923**

Buying and using Hannaford or Shaw's gift cards from UUCE gives our church 5% of the amount back at no additional charge to you.

# PICNIC Checklist



Pick up UUCE  
store cards  
for shopping!



## Activities

- Lawn chairs
- Blanket
- Towels & Bathing suits
- Outdoor games
- Deck of Cards
- Portable Speaker
- Chargers & cords

## Food & Drink

- Water
- Ice & Ice Packs
- Cooler/ Cooler bags
- Fave drinks
- Selection of food & snacks
- Matches/lighter
- Grill & charcoal

## Tableware

- Plates
- Utensils
- Napkins/ Paper towels
- Serving utensils/tongs
- Glasses
- Opener/ Corkscrew
- Tablecloth
- Garbage bags
- Reusable containers

## MISC.

- Sunglasses
- Sun Hat
- Sunscreen
- Bug Spray
- Antibacterial Wipes
- First Aid Kit

Dinah Day & Linda Tarlow are now selling cards  
Sundays after services in the Community Room.

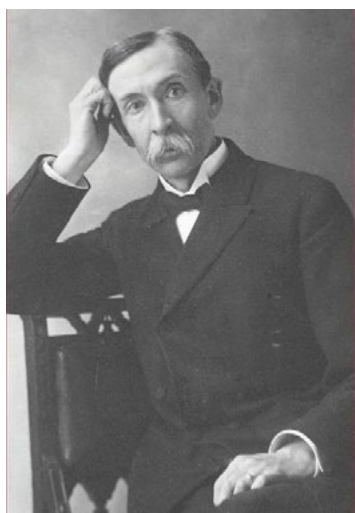
\*Due to the low number of Shaw's card sales, once we sell those  
in stock (at a special price) we will only sell Hannaford cards.



*Dr. Wayne H. Smith*  
UUCE Historian

# THE DOLE FAMILY: ART, MARJ, & BARB

**Arthur Alexander Dole Jr.** was born on Oct. 25, 1917 in San Francisco to Arthur Alexander Dole Sr. and Ella Elizabeth “Betty” Duncan. “Art” was an only child. He came from a long line of preachers, including his great-grandfather, Rev. Nathan Dole, his great-great-grandfather, Deacon Wigglesworth Dole, and his great-



Rev. Charles Fletcher Dole

grandfather’s brother, Rev. Charles Fletcher Dole who frequently preached at the First Unitarian Society of Ellsworth (FUSE), an earlier phase of our own UUCE. On April 13, 1999, in a speech that he delivered at Wilmington College, Art stated that he was a “Cultural Christian,” “one quarter Unitarian, one quarter Quaker...I give them money, but I don’t join anything.”

Art attended secondary school at Phillips Exeter Academy in New Hampshire. These were the Depression years, and his family was not wealthy. He took whatever jobs he could find, including serving as a waiter in Exeter. In 1936, he began a year of study at Harvard College, receiving a tuition scholarship of \$250 per term. When World War II broke out, the US military started drafting recruits. Partly influenced by his Quaker friends, Art declared himself a war resister and paid a heavy price for his beliefs, including at least two stints in prison during the war. He eventually continued his college career at Antioch College in Yellow Springs, Ohio where he majored in psychology and received

his Bachelor’s degree in 1946. He went on to get his Master’s degree from THE Ohio State University in Columbus in psychology.

**Marjorie Elizabeth Welsh** was born on August 9, 1924 in Grinnell, Iowa to Harvey Albertus Welsh and Margaret Hunt Lowrey. “Marj” was also an only child. At the age of one, her family moved to Cherrydale, Virginia, now part of Arlington. There, she attended John Quincy Adams Elementary School, then went to Western High School in Washington, DC. She was also a Unitarian and attended All Souls Church in Washington.

Marj started her college career at Grinnell College, back in Iowa, then transferred to Antioch College where she majored in biology, graduating in 1946. She then began graduate school, also at THE Ohio State University, working towards a Master’s degree in microbiology. During the summers of 1946 and 1947, she participated in a program sponsored by the Jackson Lab in Bar Harbor.

Art, about to begin his Master’s degree in psychology at OSU, spent the summer of 1947 in Southwest Harbor, staying with his father’s cousin Winifred (Dole) Mann, wife of Horace Mann, grandson of THE Horace Mann. He called her “Aunt Win.” When both Art and Marj returned (separately) to Columbus, a former Antioch classmate suggested that Art move into the Pinedale Co-op. “It’s a bargain. And you’ll meet some interesting people.” Well, Art described one of those interesting people as “a svelte nymph in a bathing suit.” He asked a friend, “Who’s that?” “That’s Marjorie Welsh. She’s the housemother,” and they started to date.

Well, one thing led to another, and BOOM!, they were engaged. On a very cold January evening, Art



took Marj to the biggest department store in Columbus and told Marj to “Pick out the biggest, most expensive ring.” The next day her colleagues at the Battelle Institute, where she was working doing microbiological experimentation, “shrilled in unison, ‘Oooh, what an expensive diamond! He must be loaded.’” Years later, Art wrote, “Today we keep that engagement ring in our safe deposit box...And our secret is that it cost a quarter at Woolworth’s.”



Art and Marj got married at her parents’ home in Sterling, Virginia on March 19, 1949. They then returned to Columbus



where Art eventually finished his MA in psychology, and later obtained his PhD in counseling psychology in 1951. But they had no sooner arrived back in Columbus after the wedding when a major surprise awaited him: he had contracted polio. He was treated for eight weeks

in Children’s Hospital in Columbus and was fitted with a brace on his right leg, and with practice and determination, he began to walk again. As he was finishing his dissertation, he received a number of job offers, one of which was from the University of Hawaii, and that’s the one he chose, mostly because of his right leg. He figured: “A tropical climate and sandy beaches might speed up my rehab.” So, in 1951 Art was hired to head up the counseling program at the University of Hawaii at Manoa, on Oahu. The couple moved there and ended up staying in Hawaii for 15 years. While there, they had three children. They adopted Peter in 1952, then had Steve in 1954 and **Barbara** in 1956. Marj was employed at the Le’ahi Hospital in Honolulu where she was working processing specimens. She also did work at a children’s hospital and at the University of Hawaii. Art also did some teaching at the UoH. Beginning about 1963, the family would return to Maine during the summers, staying with Aunt Win. Barb was

quite taken with her “two islands:” Hawaii and MDI.

About 1966, the family moved back “stateside,” first to Palisades, New York for a year where Art taught at the City College of New York (CCNY). Then in 1967 they moved to Philadelphia where Art became a professor of education in the Graduate School of Education at UPenn, the University of Pennsylvania. He also became chair of the department. Marj spent a year engaged in research which led to the creation of a pneumococcal vaccine. Marj then became the director of microbiology at Pennsylvania Hospital, the oldest hospital in the United States, founded in 1751 by Benjamin Franklin and Thomas Bond. She did this work for 15 years.

Throughout the time they lived in the suburbs of Philadelphia, the Doles would spend their summers in Maine, staying with Aunt Win until she passed in 1978, and then every summer after. While here, they used to come to UUCE to see Aunt Win’s son-in-law, Rev. Harry Meserve, preach, and they were familiar faces in the congregations during the pastorates of Rev. Charles Stephens and Rev. Mark Worth. In 1992, right after Art joined the “25-Year Club” at UPenn, he and Marj finally decided to retire and move to Maine. After a lot of searching, they found the ideal house on the banks of the Jordan River in Trenton.

After moving to Maine, Art, always the educator, became involved in the Acadia Senior College program. From 2001 to 2003, he offered a course called “The Power of Non-Violence,” and for several years moderated a class on “Current Events” which dealt with politics, health care, the economy, what have you. Many of these classes were held at the Birch Bay Village Inn in Hulls Cove where Art and Marj eventually moved to.

Art passed away on May 16, 2017. Marj, who will be turning 100 on August 9, still lives at Birch Bay where I interviewed her a week ago on June 21. Barb is now a vibrant part of our congregation. In the spirit of Art’s terrible puns, this family has “doled” out a “welsh” of blessings to our community.



## UNITARIAN UNIVERSALISM'S 6 SOURCES

The living tradition which we share draws from many sources:

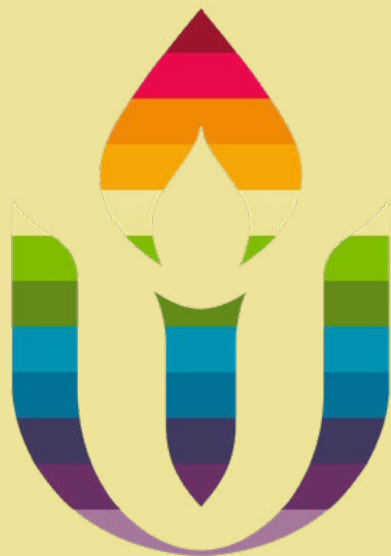
1. Direct experience of that transcending mystery and wonder, affirmed in all cultures, which moves us to a renewal of the spirit and an openness to the forces which create and uphold life;
2. Words and deeds of prophetic people which challenge us to confront powers and structures of evil with justice, compassion, and the transforming power of love;
3. Wisdom from the world's religions which inspires us in our ethical and spiritual life;
4. Jewish and Christian teachings which call us to respond to God's love by loving our neighbors as ourselves;
5. Humanist teachings which counsel us to heed the guidance of reason and the results of science, and warn us against idolatries of the mind and spirit;
6. Spiritual teachings of earth-centered traditions which celebrate the sacred circle of life and instruct us to live in harmony with the rhythms of nature.



## UNITARIAN UNIVERSALISM'S 7 PRINCIPLES

We, the member congregations of the Unitarian Universalist Association, covenant to affirm and promote:

1. The inherent worth and dignity of every person;
2. Justice, equity and compassion in human relations;
3. Acceptance of one another and encouragement to spiritual growth in our congregations;
4. A free and responsible search for truth and meaning;
5. The right of conscience and the use of the democratic process within our congregations and in society at large;
6. The goal of world community with peace, liberty, and justice for all;
7. Respect for the interdependent web of all existence of which we are a part.



## UUCE'S AFFIRMATION OF COVENANT

Love is the spirit of this church,  
and service its law;  
this is our great covenant:  
to dwell together in peace,  
to seek the truth in love,  
and to help one another.

# CONTACT INFORMATION

<b>Church Office Administrator</b> Ellen Sedgwick (207-667-4393) uucellsworth@gmail.com	<b>Children's Religious Education Coordinator</b> Charles Betancourt uuce.re@gmail.com
<b>Minister</b> Rev. Sara Hayman rev.sara.hayman@gmail.com	

## BOARD OF TRUSTEES

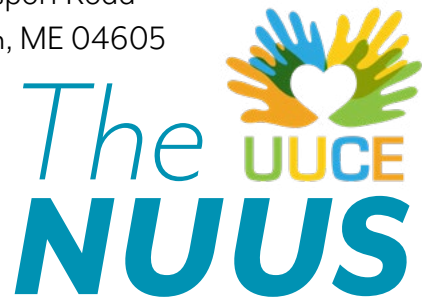
<b>President:</b> Beth Pepper to 2025 (207-610-4070)	<b>Vice President:</b> Jill Jeude to 2025
<b>Treasurer:</b> Kate O'Dell to 2026	<b>Secretary:</b> Bob Francis to 2026
<b>Trustee:</b> Tori Bell to 2026	<b>Trustee:</b> Jana Robinson to 2027
<b>Trustee:</b> Doug Bird to 2026	<b>Moderator:</b> Gary Shellehamer

## COMMITTEE AND TASK FORCE CHAIRS

<b>Adult Committee on Education:</b> vacant	<b>Membership:</b> Liz True
<b>Aesthetics:</b> Gary Shellehamer	<b>Music:</b> Tori Bell
<b>Auction:</b> Jeff Jeude & Liz True	<b>NUUSletter Editor:</b> Lise Williams
<b>Building &amp; Maintenance/Safety:</b> Susan Opdycke	<b>Pastoral Care Ministry:</b> Kay Hansen
<b>Charitable Giving:</b> Rev. Sara Hayman	<b>Peace and Social Action:</b> vacant
<b>Choir Director:</b> Megan O'Dell	<b>Pianist:</b> Paul Kelly
<b>Collaborative Ministry:</b> inactive at this time	<b>Publicity:</b> Susan Opdycke
<b>Committee on Ministry:</b> Karen Volckhausen	<b>Children's Religious Education:</b> Charles Betancourt
<b>Congregational Engagement:</b> Hannah Adams	<b>Small Group Ministry:</b> Mary Murray
<b>Cookie Walk:</b> Kate O'Dell	<b>Stewardship:</b> Doug Bird
<b>Eggroll Project Volunteer Coordinator:</b> Mary Murray	<b>Ushers:</b> Beth Pepper
<b>Ferry Beach Coordinator:</b> Anne Ossanna	<b>Technology Coordinator:</b> vacant
<b>Fiscal Matters:</b> Charles Betancourt	<b>Wayside Pulpit:</b> Nancy Guy
<b>Flowers:</b> Bronwen Day	<b>Website:</b> vacant
<b>Green Sanctuary:</b> Paul Kelley	<b>Worship Arts:</b> Marta Rieman
<b>History/Archives:</b> Wayne Smith	<b>Yard Sale:</b> Jeff Jeude
<b>Hospitality Ministry Coordinator:</b> vacant	<b>Youth Advisor:</b> vacant
<b>Landscaping and Grounds:</b> Bronwen Day	



Unitarian Universalist Church of Ellsworth  
121 Bucksport Road  
Ellsworth, ME 04605



July 2024



Newsletter of the  
**Unitarian Universalist Church of Ellsworth**

207-667-4393 [www.uuellsworth.org](http://www.uuellsworth.org)

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We covenant to affirm and promote:

- The inherent worth and dignity of every human being;
- Justice, equity and compassion in human relations;
- Acceptance of one another and encouragement to spiritual growth in our congregations;
- A free and responsible search for truth and meaning;
- The right of conscience and the use of the democratic process within our congregation and in society at large;
- The goal of world community with peace, liberty and justice for all;
- Respect for the interdependent web of all existence of which we are a part.