



The NUUS

NOVEMBER 2023 VOLUME 55, NO. 11

MINISTRY MATTERS

BY SARA HAYMAN

Dear UUCE Community Members & Friends,

It's a hard time in the world as I write this November newsletter article and my heart is heavy. I imagine yours is, too.

Our whole state of Maine is in shock and grieving after the mass shooting that took place in a bowling alley and restaurant in Lewiston, resulting in the tragic deaths of 18 people. Our sense of safety is shaken. The tragedy of gun violence in this country continues to spin out of control.

Earlier in the month, members of Hamas killed 1,400 unsuspecting Israeli civilians, taking 200+ people hostage, acts of horrific violence that have terrorized the whole county. Since then, retaliatory strikes by Israeli military forces against Hamas targets in Gaza are reported to have killed over 6,000 Palestinian civilians. With very little prospect of a cease fire and mounting casualties, a worsening humanitarian crisis in that region seems inevitable.

Deep breath.

Truth be told, I don't know what to say to be encouraging in the face of these and other tragedies. There's so much to grieve. There are no easy answers. It's understandable, expected even, that we'd feel overwhelmed, angry, sad, deeply concerned and worried about the state of the world and where we are headed.

At times like this, it's more important than ever that we take care of ourselves—body, mind and spirit—and that we find ways to turn toward each other. We do this, at least in part, by reaching out, by listening generously and lovingly to others, and by coming together in the ways we can to try and find the ground beneath our feet again. Part of the blessing and the work our UU spiritual community is to help each find ways back from despair to a more rooted sense of strength, resilience that helps us

Celebrating the sacred, we gather
in loving community to nourish
souls and live justice into the world.



Click image to right
to view a short video
by Rev. Sara



to keep bearing witness to suffering, and to choose, again and again, to be a part of creating conditions in ourselves, our lives and the wider world around us that make peace and healing more possible.

Doing our daily spiritual practice helps—praying, meditating, and intentionally shaping our day to include moments of beauty and soul-nourishment helps! Doing something generous, helpful, or kind for someone else in need, helps! Getting off our phones and computers and limiting the time we spend on social media, helps! Showing up in our neighborhoods, our schools and libraries and being actively engaged in the communities that matter to us, helps!

Please know your UUCE community is here for you and I am sending my love. Please reach out to me and to each other if you need a bit more support at this time. I am more grateful than I can say that you are here.

All of our days, we live in need of each other.

Much love,
Rev. Sara



NOVEMBER WORSHIP SERVICES

10:30 A.M.

Sunday, Nov. 5

The Generosity of Sabbatical!

Rev. Sara Hayman and members of
UUCE Sabbatical Committee, Worship Leaders

11/5 Worship Service Zoom
Meeting: <https://uuma.zoom.us/j/92669102713?pwd=VDhZV25sc09xemdus1JLMHU2VEM0UT09>
Meeting ID: 926 6910 2713
Password: 647443
Phone: 646-558-8656

Have you heard Rev. Sara will be on sabbatical for five months from January 1st - May 31st, 2024? Do you wonder what the purpose of sabbatical is for our minister and for our congregation? With help from members of UUCE's Sabbatical Committee, Rev. Sara will reflect on this question and explore the many opportunities sabbatical provides for spiritual renewal and growth in our shared ministry.

Following worship, Sabbatical Committee Members facilitate two congregational conversations (on ZOOM and in-person) to answer your questions and share more about our sabbatical plans.

- Plate Split Sunday today to benefit Mabel Wadsworth Center
- RE this Sunday
- Congregational Conversation after worship
- Outdoor Sanctuary Clean-Up 12:30-2:30pm

Sunday, Nov. 12

The Generosity of Our Attention

Rev. Sara Hayman, Worship Leader
Karen Volckhausen, Worship Associate

11/12 Worship Service
Zoom Meeting: <https://uuma.zoom.us/j/91226691962?pwd=aFJnbG5wWkFVV2o4bWJPbGhZT09tdz09>
Meeting ID: 912 2669 1962
Password: 180183
Phone: 646-558-8656

- Stories from the Heart w/ Bill Clark at 9am on ZOOM
- No RE today
- Board-Hosted Potluck after church today

20th century French philosopher Simone Weil writes, "attention is the rarest and purest form of generosity." Beloved poet Mary Oliver writes, "attention is the

beginning of devotion.” Martin Buber writes, “all real living is meeting.” In worship today, we reflect on the spiritual discipline of paying attention—making every effort to truly see and connect deeply with others—as part of what helps us create more of the world we want and to live in.

NOVEMBER CHURCH POT LUCK

will be held **Sunday, November 12** after services and will be hosted by our Board of Directors.



Sunday, Nov. 19

Holy Disruptions

Rev. Sara Hayman & Rev. Jan Hutslar,
Worship Leaders
Jill Jeude, Worship Associate

Life is full of surprises and unexpected things that startle us and wake us up in new ways, giving us the opportunity for more generous, creative and resilient responses. In this service, Revs. Sara & Jan Hutslar, her friend and colleague who serves our UU church in Norwich, VT, reflect on the power of holy disruptions in our lives.

- UUCE Choir Practices at 9am & Sings in Worship today
- RE today
- 2nd Spectrum Class today at 12:30pm at UUCE

11/19 Worship Service Zoom
Meeting: <https://uuma.zoom.us/j/96436245935?pwd=QytIM3E5eEoxSlITRkjIRUp0NEN4UT09>
Meeting ID: 964 3624 5935
Password: 081036
Phone: 646-558-8656

Sunday, Nov. 26

Lay-Led Service

UUCE's 8th Principle Journey Taskforce Members,
Worship Leaders

More info will be forthcoming.

- No R.E. today
- "New to UU" Gathering after worship at 12:15pm

11/26 Worship Service Zoom
Meeting: <https://uuma.zoom.us/j/92813757580?pwd=aVpodUM3RDBDV255NDErNGJseVVIZz09>
Meeting ID: 928 1375 7580
Password: 182472
Phone: 646-558-8656

WILL YOU HELP US FOLD 1000 PEACE CRANES FOR LEWISTON?

We'll meet at church before the Sunday service at 9am on November 5th. No previous experience necessary. Paper will be supplied, and there will be a couple of folks to help us learn how.

We hope you'll join us and help us send love to the people of Lewiston.
For more information contact Barb Acosta, PASA Chair or Rev. Sara Hayman.

1,000
Paper Cranes of Love

#LewistonStrong

Please join us at UUCE on Sunday, November 5th, at 9:00am in folding 1,000 origami cranes in memory of those who lost their lives in the senseless mass shooting in Lewiston.

Reach out to Rev. Sara or Barbara Acosta with questions.



Gratitude

HARVEST FEAST

All are invited to the Gratitude Harvest Feast at UUCE on Thursday, November 23rd. Lunch will be at noon, and attendees should arrive at 11:30 am to place a dish to share on the Harvest Tables and set up your own place setting (dishes, silverware, napkin, glasses and beverage) in the Community Room. Coffee, Tea, and water will be provided, please provide your own cups. Salt, pepper and butter will be available on all the tables in the Community Room.

Anne Ossanna and Mary Murphy will be your hosts for this gathering and you may sign up every Sunday after church in the Community Room. Anne and Mary hope you will attend this gathering as we feast together with gratitude and "give thanks for unknown blessings already on their way".

In CommUUnity!

Anne Ossanna
aossanna@aol.com

Mary Murray
marydmurray@comcast.net



TWO “NEW TO UU” GATHERINGS

AFTER CHURCH AT UUCE

Sundays: November 26th and December 3rd at 12:15pm

With Rev. Sara, UUCE’s Membership Committee is hosting two in-person sessions after church on November 26th and December 3rd. The November one will be focused on an introduction to Unitarian Universalism and the Principles that guide us. The December one will focus more on UUCE, with a brief history and more importantly, the different activities and events we offer.

We would love to have you join both, but if commitments conflict, it is fine to attend just one. We’ll gather in one of the meeting rooms about 12:15 after coffee hour for about an hour.

We are also planning a **New Member ceremony for Sunday, December 10th** for those who would like to officially join the church. We will likely hold another one in the spring for those not ready yet or who visit us after December.

Please be in touch if you have questions or know you plan to attend. We look forward to getting to know you and welcome you into our UUCE community.

Liz True, Chair, UUCE Membership Committee

Email: eatrue9@gmail.com

Phone/Text: 207-664-338.





UUCE's Annual Drive-By Cookie Walk Fundraiser is Now Our
2023 COOKIE EXPRESS!

We Hope You're Willing to Bake Your Cookies!?

Saturday, December 16th from 9-11am

What have been YOUR very favorite winter holiday cookies over the years? It's getting closer to that special time of year, and yes! UUCE will again be offering our Cookie Express to ourselves and the greater community on Saturday, December 16.

We are hoping to pack about 80 boxes, with 3 dozen delightful and delicious cookies in each box. If 40 of us volunteer to bake, that's a mere 6 dozen each! We can do it! Please think about your offering, if November has some extra space for you, bake and freeze some cookies ahead, and if you are at all interested in having a cookie decorating event at church, let us know and we'll plan that.

For questions, suggestions, and ideas, contact Kate O'Dell at odellkk@gmail.com or 508-340-5389.

FROM OUR BOARD PRESIDENT BETH PEPPER

Hope everyone had a happy Halloween - lots of treats and no tricks! Lise & I & my Mom joined a bunch of our Surry neighbors at the Old Surry School House at a "Trunk or Treat" for local kids. It was our first year doing it and what a great way to see the kids all dressed up! Not sure who had more fun - the kids or us!

Thank you to everyone who attended the Fall Congregational Meeting. It was great having you there and hearing about all the good work our committees are doing.

A FEW REMINDERS:

- **Daylight Savings** time starts at 2am on Sunday, Nov 5, when we'll "fall back" an hour, so we get an extra hour of sleep.
- **Election Day** is Tuesday, Nov 7 and there are lots of ballot measures to be voted on!
- **Veterans Day** is Saturday, Nov 11. I'm a veteran and I know Bob Francis, Diana Cate, Bill Clark, and Don Hutchinson are veterans too. Anyone else serve in the military? Please let me know if you did. Thank you to all who have served.
- **UUCE's Gratitude Harvest Feast** is Thursday, Nov 23 at 11:30. Please bring a dish to share (along with your place settings) and enjoy the company of your church family.

And finally, I don't know how the mass shootings in Lewiston affected you, but they really, really saddened me. Yes, there have been hundreds of mass shootings in my lifetime, but this one, in our beloved Maine, hit way too close to home. I look forward to joining in **PASA's Write Here - Write Now** postcard-writing campaign, demanding our legislators pass stricter gun-control laws. right after services on Sunday, November 12.

Love,
Pepper



It's

Take a Stand Against Gun Violence. The Peace and Social Action Ministry joins with members of our congregation to mourn the horrendous events of October 25th in Lewiston, Maine, which prided itself as one of the safest states in the nation despite its lax gun control laws, has now been added to the ignominious list of mass shootings that have plagued our nation. Lewiston is the 560th mass shooting in the nation this year. We are heartbroken. And we are outraged. Please join us on **Sunday, Nov. 12th** during the potluck after church, when we will take up our pens like swords into plowshares and demand action against gun violence.

Downtown Ellsworth Holiday Light Parade on Saturday, December 2 (Rain Date December 3). Last year, a number of us marched with the Ellsworth High School Gay Straight Alliance and it helped boost everyone's morale. Plus, it was fun! Ellsworth Pride invites our congregation to march with them again this year. Parade starts at 4 PM with lineup beginning at 3 PM. Interested people, please contact Sue Collins: 546-6735.

Ellsworth Pride is a group of volunteers committed to supporting the LGBTQ+ community in Ellsworth and the surrounding areas. Beginning in 2021, Ellsworth Pride has organized and run the annual **PrideFest** in Ellsworth, held on the second Sunday in June at the Knowlton Park. For 2024, the Fourth Annual PrideFest will be on June 9, from midday to the latter part of the afternoon. Our group would welcome interested folks who'd like to volunteer to help with planning, doing specific tasks as the event gets organized, and/or helping on the day of the event. If interested, please contact Sue Collins at 546-6735 by call or text.

Want to learn how to become an effective advocate? **MUUSAN's Advocacy Toolkit** is full of resources for giving **testimony**, writing **letters to the editor**, **contacting your representatives** and more.

Visit PASA's [web page](#) to find resources and to learn more about ongoing peace and social action efforts.



8TH PRINCIPLE NEWS



Assessment. Our congregation voted to approve the 8th Principle in May of 2022. That meant that we pledged to become a multicultural, beloved community; to become more welcoming of a diverse membership; and to hold ourselves accountable to do the work of anti-racism and anti-oppression. Our task force was charged with accompanying the congregation on this journey. But first, we had to figure out what this means in practice, where we are trying to go, and determine from where we are starting.

The Board of Directors approved the work of conducting an anti-racism assessment with all church committees and working groups and this effort was announced at the October congregational meeting.

In fact, the board itself just completed this assessment the end of October, and we've completed this work with PASA. We look forward to meeting with each church committee to conduct this assessment and to learn more about our understanding of where we are on our journey to dismantle racism and what kinds of activities and/or collaborations we could be planning in coming months.

Please reach out to Jana Robinson, janasmith.robinson@outlook.com, or call 207-347-9008 and leave message or reach out to anyone on the task force: Barb Acosta, Haydée Foreman, Cecily Judd, Marta Rieman.



Greetings UUCE Congregates and Families,

Is October really already over? This wheel turns faster than I can keep up with sometimes. We have had several services on heavy topics, the world around us spinning out of control, and the one of the largest tragedies to have hit our fair state of Maine this lifetime. I want to begin this letter by letting everyone know that I am here for you. We are a connected and supportive community, and it is ok to offer that support openly.

This month's soul matters theme is Generosity. In the spirit of that generosity, I have a challenge for you. This month I would like you to pick a charitable cause, project, or activity and present it to the RE Committee. We will take those ideas and come up with a fundraising project to give to that cause. Maybe even several causes if we are able. As part of our RE program we should be giving back to the community we are trying to build.

We are a community. I want us to be connected as such. We should be developing those connections. I want to hear more about you and yours. I would like to propose that one of the articles in my monthly newsletter be a spotlight on one RE family a month. I know that the church is doing Stories from the Heart, but this would only be an enhancement to that project.

Thank you for all you do. Thank you for allowing me to do what I do.

Brightest Blessings to you all,
Charles A Betancourt, Religious Exploration Coordinator.



RELIGIOUS EDUCATION

A colorful graphic for 'RELIGIOUS EXPLORATION' on a light grey background. At the top, the words 'RELIGIOUS EXPLORATION' are written in large, bold, bubbly letters. 'RELIGIOUS' is red and 'EXPLORATION' is yellow with a black outline. To the left of the text are icons of a stack of books, a red apple, and a blue pencil holder. To the right is a glowing yellow lightbulb. Below the title, four dates and topics are listed, each with a dashed line underneath: 'NOV 05 THE GIFT OF GENEROSITY', 'NOV 19 RE THANKSFEAST', 'DEC 03 WINTER'S MYSTERY', and 'DEC 10 CHRISMAHANUKWANZATIDE'. At the bottom left are three paper clips (yellow, green, blue) and at the bottom right are two crayons (blue and orange). Five grey circles are arranged in a horizontal line at the top of the graphic.

Stories FROM THE Heart



**Jude Lamb interviews
Bill Clark,
November 12, 2023 at 9:00 a.m.
on ZOOM.**





UUCE CHOIR IS HAPPENING

COME SING WITH US!

**UUCE Choir Rehearsals are 9-10:15am
on Sunday mornings in the sanctuary**

Singing together in choir is such a joy!

Please know all are welcome to join this **Multigenerational Choir**.

Young people are especially welcome to come sing with their parents or church friends.

The Choir Schedule for the remaining first half of this year is printed below.

We thank you for making a commitment to be at all rehearsals as best you can.

UUCE CHOIR SCHEDULE – Rehearsals on Sundays from 9:00-10:15am

November 19th – Rehearsal & Sing in Worship – Sunday before Thanksgiving!

December 10th –Rehearsal

December 17th—Rehearsal & Sing in Worship – A Winter Holiday Service!

If you have questions or would like more information, please contact Tori Bell (toribell14@gmail.com), Chair of UUCE's Music Committee, or reach out to Meg directly at meg.odell.kelly@gmail.com.

NEWS from the Sabbatical Committee

Rev. Sara is going on Sabbatical from January 1, 2024 to May 31, 2024.

While she is taking this much needed time of spiritual enrichment and self care, our church community is charged with continuing our commitment to each other and to our congregation as a whole.

We are very fortunate to have Rev. Amy Fiorilli, who is the minister of the Belfast UU congregation, leading multi-platform worship in our sanctuary one Sunday a month while Sara is on sabbatical. She will also be leading a worship service from Belfast one Sunday a month that will include a Zoom link for UUCE members. We are all invited to participate in Adult Faith Formation/Spiritual Deepening opportunities that Amy will be offering.

For the Sundays that Amy is not in the pulpit, Sara has created a schedule that includes a wonderful variety of UU ministers who will be leading worship.

The Sabbatical Committee is near completion of an informative brochure that is A Guide to Reverend Sara's Sabbatical.

The Committee will also be joining Sara to present the worship service on Sunday, Nov. 5th and will host a Congregational Conversation after the service to talk about the upcoming sabbatical.

The members of The Sabbatical Planning Committee are: The Committee on Ministry (Helen Kazura, chair, Mary Haynes, David Dietrich, Christine Bowman and Liz True.), Board Member - Beth Pepper, president of the Board of Trustees, and Member at Large - Bronwen Day. Please feel free to contact any one of us with questions, concerns or ideas.





UUCE Zoomers has been offering many events, gatherings and posts. We hope you've joined the site, but if you haven't you can still do so to enjoy connecting with your UUCE friends and to sign up for some classes and discussion groups of interest. You must join the site in order to access Zoomer events and information of interest.

If you would like to sign up you can

a) go to uuce-zoomers.mn.co and request to join or

b) contact Mary Haynes (mhaynes@roadrunner.com) and request a link to join. You'll need to enter your email and create a password, and you're in! You may also download the app to your phone or tablet when you join.

All of our events take place on Zoom. You can access the Zoom links for your events by signing on to the site through your browser or by using the Mighty Networks app.

TO ACCESS EVENTS VIA THE UUCE ZOOMERS WEBSITE:

1. On your browser, enter uuce-zoomers.mn.co and click on Events (upper menu on left-hand side of your screen) or by going to the menu in the middle of the left side of your screen and clicking on the Group that is hosting the event you're attending.
2. Click on the Event you want to attend.
3. In that box, click either on Zoom Link or on View Event. Both will take you to a new screen. If the event has not yet started, click on the blue Zoom link on that screen. If the event has started, you'll see We're Live on the right side of that screen, and with a click you'll be in the event.

TO ACCESS EVENTS ON THE APP:

1. Tap on the three-bar symbol on the top left of your screen.
2. Tap on Events, which will be on the top part of the screen.
3. You will see a list of all upcoming events. Within the box for the one in which you're interested tap on Zoom meeting, which is next to the blue Zoom icon.
4. You will be taken to another screen. Tap on Zoom meeting, which is at the bottom of this screen and you will be taken to your event.
5. You can also RSVP to events on this screen. Just tap on the one that applies (i.e., Going, Maybe or Not Going).
6. You can add the Event to your calendar from this screen, and you can access the Zoom link.

SEE NEXT PAGE FOR WHAT'S COMING UP IN NOVEMBER



HERE'S WHAT'S COMING UP IN NOVEMBER:

FULL DESCRIPTIONS OF ALL EVENTS IS AVAILABLE ON THE UUCE ZOOMERS SITE (UUCE-ZOOMERS.MN.CO)

- **Art from the Heart...for the Soul (Wednesday, October 25 and November 1, 4:00 – 6:00 PM), hosted by Amy Thompson.** This 5-session series began on September 27 and concludes on November 1. You must have participated in the first event in order to participate in subsequent sessions.
- **Coffee with ... Chuck Betancourt, our Director of Religious Exploration (Thursday, November 9 6:30 – 7:30 PM).** The Coffee With... series is a monthly event in which we get to know our UUCE staff and lay leaders. We'll start with an interview with our guest by the host Mary Haynes and will then open up the discussion for comments and Q&A time.
- **Let's Talk About God (Thursday, November 9, 3:00 – 4:00 PM), hosted by Mary Haynes.** This is the last of a 3-part discussion. In this session we'll focus on the following topics: Is God a personal God or an impersonal force? If God is a personal force why don't more of us feel an identifiable connection with God? How would we go about strengthening that connection if we wanted to? Is God fallible? How might we reconcile scientific knowledge and achievements with the existence of God? If we believe in the existence of God are we simply gullible or inadequately informed? How do we utilize our concept of a good God to make a positive difference in the world? You are welcome to join us for this discussion even if

you didn't attend the first session. If you'd like to take the God survey that was discussed in the first session, contact Mary Haynes (mhaynes@roadrunner.com) and the survey will be sent to you. The survey is an exploration of your own views about God, there are no right or wrong answers, and it is submitted anonymously.

- **Monthly Movie Night (Date and time TBA).** The movie for November is Descendants, which is the story of the descendants of the last slave ship to arrive in the US (which took place after such ships were no longer legally allowed). This is the same movie that we tried unsuccessfully to air in August. We've figured how to share a movie now.
- **Stitch and Chat (Monday, November 20, 3:00 – 4:00 PM), hosted by Marta Rieman.** This is a monthly gathering (on the 3rd Monday of each month) of those who enjoy needlework to get together and chat while working on individual projects. It's an old-fashioned sewing circle with the modern update of taking place virtually.

UUCE Mighty Book Club (Wednesday, November 29, 1:00 – 2:30 PM), hosted by Robin Lovrien. The book for this meeting is The Personal Librarian by Marie Benedict and Victoria Christopher Murray. The discussion for this book was postponed in October. This group meets on the fourth Wednesday each month. Information about the book choice for

continued on next page



November will appear in the UUCE weekly e-news, will be emailed to all UUCE Zoomers members, and will be posted on the UUCE Facebook page.

- **Regular posts which you can enjoy viewing/reading, with the invitation to comment on and also to share your own.**

Regular posts include birthday greetings to our members, our popular Tuesday Tunes feature in which you can view music videos and share your own favorites, Quotes and Comments, Friday Funnies for a laugh, and observations of notable days, sometimes accompanied by an informative article or a yummy recipe.

- There are so many ways to be connected to other UUCE members and friends on our UUCE Zoomers site. Our goal is to our members and friends know that UUCE is one church, whether we never attend worship services in person, we always attend worship services in person or a combination of the two.
- If you find the site a little confusing to use (which indeed it can be until you get familiar with it), help is available. Contact Mary Haynes (mhaynes@roadrunner.com or 667-7596) or Suzanne Aubrey (suzanneaubrey57@gmail.com or 272-7008) for assistance.

TECH TIP: If you would like to **get email notifications for events that you are planning to attend**, make sure that you have let the Zoomers site know that you want notifications by completing the following steps:

1. **If accessing from the UUCE Zoomers website**, click on your profile picture (or the circle on the upper right of your screen if you haven't uploaded a picture).
 2. Click on Personal Settings
 3. Click on Notifications
 4. Toggle **Email Updates** to On if you want Notifications
 5. Toggle to On for anything you would like notifications for
 6. Scroll down to Spaces and toggle to On for any Groups or Topics for which you would like notifications
 7. **Be sure to RSVP for events that you are interested in attending, or those that you might be interested in attending. To RSVP, click on Events, then View Event. On this screen click on either Going, Maybe, or Not Going. If you click on Not Going you will not receive a reminder; otherwise you will get a reminder as long as you have completed the steps above to get notifications.**
1. **If accessing from the Mighty Networks app**, tap on the three bars on the upper left of your phone or tablet screen
 2. Scroll down and tap on Personal Settings
 3. Tap on Notifications
 4. Tap on Email Updates and/or Push Notifications, depending on your preferences
 5. Tap on each of the Notification Types you would like to receive
 6. Scroll down and tap on each of the topics or activities (called Spaces in Mighty Networks) for which you would like to receive notifications
 7. **Be sure to RSVP for events that you are interested in attending, or those that you might be interested in attending. To RSVP, click on Events, then View Event. On this screen click on either Going, Maybe, or Not Going. If you click on Not Going you will not receive a reminder; otherwise you will get a reminder as long as you have completed the steps above to get notifications.**



Wednesday Morning Matins
Zoom Invite:
<https://uuma.zoom.us/j/96669607701>
Meeting ID: 966 6960 7701
Phone: 646-876-9923

WEDNESDAY MORNING MATINS at 8 am on Zoom. An Intimate Worship Gathering with Rev. Sara & Others

Are you longing for more intimate space to connect with others in our UUCE community?
Do you enjoy poetry, music of all kinds, reading, silence and time for sharing in community?
If so, please come! All are welcome to be a part of this ½ hour weekly, contemplative gathering on ZOOM where we companion each other with love and gratitude into the day.

I look forward to being in this circle with you!
Rev. Sara



UUCB ONLINE EVENING VESPERS

UUCB Online Evening Vespers – on TUESDAY Evenings
with Rev. Amy every at 6pm

Join Rev. Amy each week for a 30-minute service to help settle our minds and hearts, provide nourishment and comfort through music, word and ritual.
Everyone is welcome.

Join Zoom Meeting
<https://us02web.zoom.us/j/4695376814>
Meeting ID: 469 537 6814
Phone: 646-558-8656

UNITARIAN UNIVERSALISM'S 6 SOURCES

The living tradition which we share draws from many sources:

1. Direct experience of that transcending mystery and wonder, affirmed in all cultures, which moves us to a renewal of the spirit and an openness to the forces which create and uphold life;
2. Words and deeds of prophetic people which challenge us to confront powers and structures of evil with justice, compassion, and the transforming power of love;
3. Wisdom from the world's religions which inspires us in our ethical and spiritual life;
4. Jewish and Christian teachings which call us to respond to God's love by loving our neighbors as ourselves;
5. Humanist teachings which counsel us to heed the guidance of reason and the results of science, and warn us against idolatries of the mind and spirit;
6. Spiritual teachings of earth-centered traditions which celebrate the sacred circle of life and instruct us to live in harmony with the rhythms of nature.



UNITARIAN UNIVERSALISM'S 7 PRINCIPLES

We, the member congregations of the Unitarian Universalist Association, covenant to affirm and promote:

1. The inherent worth and dignity of every person;
2. Justice, equity and compassion in human relations;
3. Acceptance of one another and encouragement to spiritual growth in our congregations;
4. A free and responsible search for truth and meaning;
5. The right of conscience and the use of the democratic process within our congregations and in society at large;
6. The goal of world community with peace, liberty, and justice for all;
7. Respect for the interdependent web of all existence of which we are a part.



UUCE'S AFFIRMATION OF COVENANT

Love is the spirit of this church,
and service its law;
this is our great covenant:
to dwell together in peace,
to seek the truth in love,
and to help one another.

CONTACT INFORMATION

Minister Rev. Sara Hayman: 610-2872 (cell) sara@uuellsworth.org	Children's Religious Education Coordinator Charles Betancourt uuce.re@gmail.com
Church Office Administrator Ellen Sedgwick: 667-4393 uucellsworth@gmail.com	Music Director & Pianist Paul Kelly (starting 9/1/23) 207-412-9887 ourdreamalso@gmail.com

BOARD OF TRUSTEES

President: Beth Pepper to 2025 (610-4070)	Vice President: Jill Jeude to 2025
Treasurer: Alison Stephens to 2024	Secretary: Bob Francis to 2024
Trustee: Tori Bell to 2026	Trustee: Kathy Hall to 2024
Trustee: Doug Bird to 2026	Moderator: John Fink

COMMITTEE AND TASK FORCE CHAIRS

Adult Committee on Education: vacant	Hospitality Ministry Coordinator: vacant
Aesthetics: Gary Shellehamer	Landscaping and Grounds: Bron Day
Annex (former L&F building): Kathy Hall	Membership: Liz True
Auction: vacant	NUUSletter Editor: Lisa Williams
Building & Maintenance/Safety: Susan Opdycke	Pastoral Care Ministry: Kay Hansen
Charitable Giving: Rev. Sara Hayman	Peace and Social Action: Barb Acosta
Choir: Megan O'Dell Chittenden	Publicity: Susan Opdycke
Collaborative Ministry: inactive at this time	Children's Religious Education: Linda Uberseder
Committee on Ministry: Karen Volckhausen	Small Group Ministry: Mary Murray
Congregational Engagement: vacant	Stewardship: Doug Bird
Cookie Walk: vacant	Ushers: Jon Thomas, Ken Hanson
Eggroll Project: vacant	Technology Coordinator: vacant
Ferry Beach Coordinator: vacant	Wayside Pulpit: Nancy Guy
Fiscal Matters: Connie Bailey	Website: vacant
Flowers: Bronwen Day	Worship Arts: Marta Rieman
Green Sanctuary: Paul Kelley	Yard Sale: Beth Pepper
History/Archives: Wayne Smith	Youth Advisor: vacant

Unitarian Universalist Church of Ellsworth
121 Bucksport Road
Ellsworth, ME 04605



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Newsletter of the
Unitarian Universalist Church of Ellsworth

207-667-4393 www.uuellsworth.org

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We covenant to affirm and promote:
The inherent worth and dignity of every human being;
Justice, equity and compassion in human relations;
Acceptance of one another and encouragement
to spiritual growth in our congregations;
A free and responsible search for truth and meaning;
The right of conscience and the use of the democratic process
within our congregation and in society at large;
The goal of world community with peace, liberty and justice for all;
Respect for the interdependent web of all existence of which we are a part.