



The Unitarian Universalist Church of Ellsworth
121 Bucksport Road, Ellsworth, Maine 04605
207-667-4393 www.uuellsworth.org

Celebrating the sacred, we gather in loving community to nourish souls and live justice into the world.

# The Path of Change

## **NOVEMBER WORSHIP SERVICES, 10:30 A.M.**

Sunday, November 6

Change of Plans

Paul Kelly & Green Sanctuary Task Force Members: Haydee Foreman, Kate O'Dell, Cecily Judd, David Dietrich & Mickey Worth

Plate Split Sunday to benefit Madel Wadsworth Center! R.E. Classes today! Congregational Conversation after worship!

Just when strategic planning was gaining momentum, the ills and injustices of climate change raised their ugly heads to challenge the very strategies our plans were based on. Thanks to the UUA's GREEN SANCTUARY 2030 program, many churches in our denomination are changing their plans drastically. Our own GS TASK FORCE explains how UUCE might fit into this hopeful trend.

Sunday, November 13

Disturb Us, Lord

|eff |eude & |ill |eude, Worship Leaders

Stories from the Heart w/ Cecily Judd at 9am! (See ZOOM below)

In this season of preparation for winter, for digging in and cozying up, we don't normally yearn to be disturbed. Because disturbances cause chaos, and change, and anxiety, and can often turn our worlds upside down. Who wants that? Why would anyone want that? In the words of Francis Drake,

Disturb us, Lord, when

We are too pleased with ourselves...

Join us as we explore the boldness and excitement of being disturbed.

https://uuma.zoom.us/j/ 97111991727?pwd=Qkc2c 25ITDdhTC9GUkZ2djBn YmhkQT09

Meeting ID: 971 1199 1727 Password: 943187 Phone: 646-558-8656

https://uuma.zoom.us/j/ 96247420028?pwd=ZTc yQmNzYTNsa3BTbERud U5XNGdCUT09 Meeting ID: 962 4742 0028

Password: 568927 Phone: 646-558-8656

\*Use this ZOOM for Stories from the Heart: https://us02web.zoom. us/j/85142950735 ID: 851 4295 0735 Phone: 646-558-8656

### **NOVEMBER SERVICES CONTINUED**

### Sunday, November 20

**Doing Our Part to Facilitate Change**Rev. Sara Hayman, Worship Leader

Rev. Sara Hayman, Worship Leader Kay Wilkins, Worship Associate

Special Music in Worship!

Historian Howard Zinn writes: "Missing from [history] are the countless small actions of unknown people that led to those great moments. When we understand this, we can see that the tiniest acts of protest in which we engage may become the invisible roots of change." How do we, as individuals and members & friends of this faith community, constructively participate in creating conditions for change?

https://uuma.zoom. us/j/94800200089?p wd=WTMzUGpKVmR CQVFmVnVtc0NFeGd tQT09 Meeting ID: 948 0020 0089

Password: 776078 Phone: 646-558-8656

### **ZOOM-Only Service**

Sunday, November 27

### I walk down the street...

Rev. Sara Hayman, Worship Leader Karen Volckhausen, Worship Associate

Change is hard. Making lasting changes in our lives only ever happens incrementally and requires us to commit and recommit again and again to the intention we mean to be keeping. How can we help each other do this sacred work of transformation? In this worship service, we'll consider how honoring and practicing our 3rd UU Principle together ("acceptance of one another and encouragement to spiritual growth in our congregations") can help us experience personal growth and change.

https://uuma.zoom. us/j/98254646339?p wd=ZG9ZYjRFdjZOd HpmWXBaazV3SkJ4 UT09 Meeting ID: 982 5464 6339 Password: 051267 Phone: 646-558-8656





Hello, Beloveds.

On the cusp of November's arrival, I'm aware of the shift in this season that's underway more and more each day – late fall's arrival with wind and rain and leaves browning and blown to the ground. There's a quiet and poignant beauty calling to us. Will we hear it?

The poet Margaret Babcock captures a bit of this beauty in her poem, "What the Trees Taught Me Today:"

"Grow where you are planted.
Fling your hopes for the future extravagantly on the wind.
When the time comes for changes, shed all that is not essential, lift your bare arms to sky, and wait for spring."



May you be and feel alive and connected to spirit these days and may we, together, live with more love and courage from that place into this world.

Yours, Rev. Sara

PS Please mark your calendars now for this year's **Advent Vesper's Services** on three Wednesday evenings on ZOOM from 6-6:45pm in December: December 7th, 14th and 21st. If you're interested in helping to create or lead one of these services, please reach out to me.



# ANTIRACISM BOOK DISCUSSION INVITATIONS FROM OUR BELFAST UU CHURCH

Rev. Amy & members of their church's Antiracism Group have scheduled three book groups to discuss the three books they invited folks to read this past summer. We are welcome to join in! They are asking everyone to sign up so they can know how many to expect.

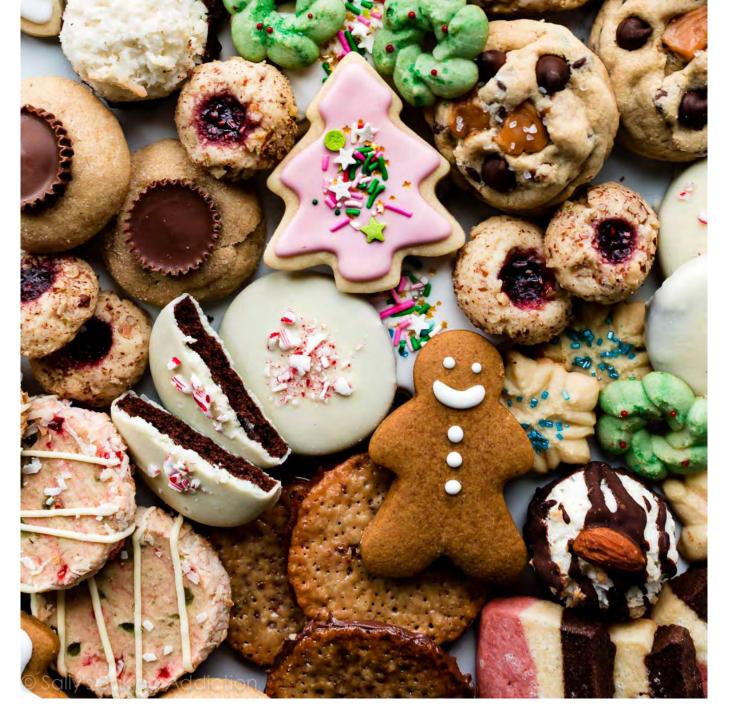
There are three books being discussed. One session per book.

All sessions are on Saturdays from 10 to 11:30 via Zoom.

All 3 congregations are invited to participate.

- 1. White Rage Oct 29th (Ridgely Fuller is facilitating)
- 2. Waking up White Nov. 5th (Kathy Muzzy (Muzz) is facilitating)
- 3. Water Dancer Nov. 12th (Rev. Amy is facilitating)

Please email Muzz at isabmuzzy@gmail.com to register and if you have any questions.



# CALLING ALL UUCE COOKIE BAKERS!

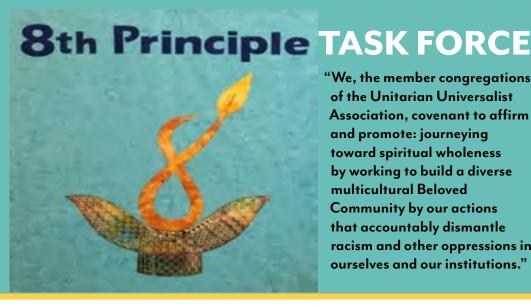
Are you willing to help with this year's ANNUAL DRIVE-BY COOKIE WALK! Saturday, December 18th from 9-11am

Would you consider baking cookies this year for our annual cookie walk fundraiser?

(Optimally, 6 dozen holiday cookies that will help us fill cookie boxes.)

Are you interested in helping to organize & coordinate this holiday fundraiser?

Please email Rev. Sara if you are willing to help! sara@uuellsworth.org



"We, the member congregations of the Unitarian Universalist Association, covenant to affirm and promote: journeying toward spiritual wholeness by working to build a diverse multicultural Beloved Community by our actions that accountably dismantle racism and other oppressions in ourselves and our institutions."

# 8TH PRINCIPLE JOURNEY UPCOMING ACTIVITIES

With the adoption of the 8th principle last spring, our UUCE church agreed to work toward dismantling racism and other oppressions in ourselves and our institutions. The task force is committed to making this a meaningful journey for all of us, to deepening our understanding of what this means, and to becoming an even more loving community.

We hope you will join us in any or all of the following activities. We look forward to sharing and growing with all of you.

### **FIELD TRIPS**

The 8th Principle Journey group is organizing a series of field trips to learn more about Maine's history of oppression of both Indigenous and BIPOC people.

### Portland Atlantic Black Box Project

90-minute walking tour about history of slavery in Portland and in Maine. Saturday, March 18 or March 25, 11:00 a.m. in downtown Portland

### Malaga Island, Phillipsburg

Guided tour of Malaga Island by Maine Coast Heritage Trust, to learn about history of displacement of Black community. Picnic lunch. Saturday, May 20, 2023, 10:30 a.m. proposed

### Abbe Museum, Bar Harbor

Guided tour to learn about Wabanaki history in Maine Date: TBD, this winter

### Holocaust and Human Rights Museum, Augusta

Details forthcoming. May be either a trip to the museum or a museum presentation at church, one that can be shared with out sister congregations.



### **BOOK READ AND DISCUSSION GROUP**

**Mistakes and Miracles** by Nancy Palmer Jones and Karin Lin, is the UUA common read for 2023. The book is an exploration of the journeys of five congregations toward Beloved Community and will be facilitated by Barb Acosta and Cecily Judd.

Dates: Four 90-minute discussions spaced two weeks apart on

Jan. 19, Feb. 2, Feb. 16, Mar. 2, from 4:30 to 6:00 p.m.

Cost: Book available from UUCE for \$20 or what you can afford. Contact

Jana Robinson, janasmith.robinson@outlook.com or text 207-347-9008.

### **DISPARITY TRAP BOARD GAME NIGHT IN 2023**

**Disparity Trap: The Socially Conscious Board Game** provides an easy way to have the hard conversations around race & privilege in America and how they impact society in systemically dominant (SD) and systemically non-dominant (SND) ways.—description from the designer

### **OTHER ACTIVITIES**

The 8th Principle Journey task force is exploring other learning and growing opportunities to share with the congregation. We are looking at:

a. Jubilee III Racial Equity Training. Opportunities to participate in a  $2\frac{1}{2}$  day virtual learning experience with 50+ other UU members from multiple congregations to learn more about black history, particularly in Unitarian Universalism, implicit bias, systemic racism, and practicing anti-racism.

b. Working with other individuals and organizations with the expertise and background to assist us in providing workshops on racism, anti-racism and other oppressions and an organizational assessment.

We will share more information on our church's website, and in the weekly e-news and monthly NUUS newsletters about all of these activities, details for the field trip and resources such as additional readings and preparation.



## **REMEMBER TO VOTE NOV. 8!**

The 2022 election is critical. Those elected on November 8 will make crucial decisions on many important issues, among them reproductive rights, health care, climate change, living wages, housing, child care, voting rights, and democracy itself. Join Side with Love for our **Fall Flex for 4 Million** to leverage the power of our national, state, and local networks to #VoteLove and #DefeatHate in critical ballot measures and combat the voter suppression laws that have made it more difficult for people to vote. We're hosting events across the country to engage and mobilize voters in key states. Together with our Maine local partners, the Maine State Action Network, Hancock-Washington Hub of the Maine Poor People's Campaign, and other frontline organizations, we're knocking on doors, hosting rallies, calling voters, and doing everything to reach 4 million voters before Election Day!

The Poor People's M.O.R.E. Campaign (Mobilizing, Organizing, Registering, and Educating) has several opportunities coming up for folks to get involved locally:

- 1. Textbanking. Here's a direct link to texting sessions for folks who'd like to help text potential voters to encourage their participation in this year's election: https://linktr.ee/ppc\_gotv2022
- 2. Voter registration. We will register voters and talk to them about this election on Saturday, October 8 from 10 AM to 4 PM in a spot right next to the Family Dollar Store in Millbridge.
- 3. Writing letters to unlikely voters. We have the names and addresses of over 400 registered voters in Piscataquis and Washington counties (the two poorest counties in Maine) who did not take part in the last mid-term election, 2018. We can provide you with a template and guidance on how best to encourage these folks to vote this fall.

For more information, contact Haydée Foreman haydee@mainestylecoach.com, Lindaomer downeastpilates@gmail.com or David Jolly dhjolly49@gmail.com.

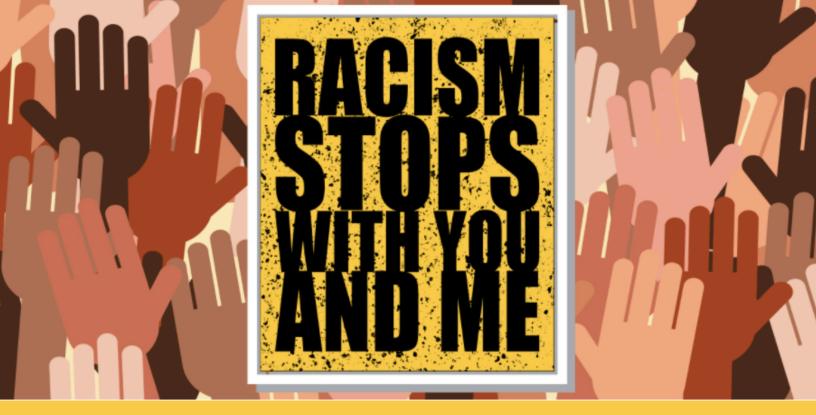
# WE NEED TWO MORE MEMBERS TO VOLUNTEER TO BE ON THE UUCE

# ELECTION COMMITTEE THIS YEAR.

### THIS IS A SHORT-TERM BUT EXTREMELY IMPORTANT COMMITMENT.

Please consider contributing to UUCE by joining. Please contact one of the following if you are interested: Kathy Hall, Linda Ubersider or Doug Bird.

"The Elections Committee shall have three Active Adult Members elected by the Congregation at the January Congregational Meeting. No more than one Board Member may be a member of this Committee. No one may serve on the Elections Committee for more than two consecutive years; after at least one year of not serving, a former Elections Committee member may again serve on this Committee. The Elections Committee is responsible for: (a) Presenting candidates for the positions of Officers, Trustees, and Moderator to the Congregation for election at the Annual Congregational Meeting. The Elections Committee shall furnish the membership with a list of names and brief biographies of all proposed candidates via email and by posting on the designated bulletin board at UUCE at least three weeks before the election for those offices. (b) Conducting elections at the Annual Congregational Meeting; and (c) Presenting candidates for the following year's Elections 12 Committee to the Congregation at the January Congregational meeting."



Join Zoom Meeting:

https://us 02 web.zoom.

us/j/4695376814

Meeting ID: 469 537 6814

Phone: 646-558-8656

## **MONTHLY COLLABORATIVE**

ANTI-RACISM CONVERSATIONS 2nd Tuesdays from 4-5:30pm on ZOOM

Next Meeting: November 8, 2022

This Month's Topic: The Complicated Reactions to Queen Elizabeth's Death Facilitated this month by Rev. Margaret Beckman

All are welcome to come and be a part of this learning community. Each month, we explore a topic together about our efforts as individuals and UU faith communities to be more anti-racist people and congregations.

## FROM OUR BOARD PRESIDENT

### **GARY SHELLEHAMER**

I hope this finds all of you enjoying the fall. This year the colors were glorious and added to the beauty of where we as individuals, families, and a community live.

Your board adopted a policy submitted by our Fiscal Matters Committee on the use of the Maine Community Foundation interest funds. We also have adopted an update of our guidelines on safety and approved a Safer Congregation Policy and reviewed the 2009 Disruptive Behavior Policy, reworking of the content for ease of understanding (with thanks to Kathy Hall) and expect to pass an amended version this month. Additionally, work is progressing to update the Emergency Plan created in 2018 conversion an adopt it as UUCE church policy.



As we move into the time of year when most events and gatherings move indoors, we are thankful that our COVID-19 Task Force continues to monitor the pandemic data and make recommendations to keep our community as safe as we can.

A recommendation by the Aesthetics Committee has made the sale of Hannaford cards--with the addition of Shaw's cards--a part of the board's responsibilities. Cards will be available on Sundays after in-person services as well as by mail and soon can be acquired on the UUCE website. Thank you to Mary Murray and Sally Gervais for heading up this project for raising funds that will be used for financing UUCE's annual budgets. More information can be found both elsewhere in this NUUS and in the upcoming weekly eNews.

As announced at the October Fall Congregational Meeting, Kathy Hall and Lori Johnson Pannier are working on the transition of the Loaves and Fishes building, vacated when the food pantry moved to their new, larger space, and welcome your suggestions for both short- and long-term use of the building by UUCE. Many of you have already voiced your ideas on how we can use the building, with both fund-raising and mission-promoting suggestions submitted.

At that meeting Rev. Sara also reported UUCE received a Pulliam Grant in the amount of \$6000 from the Unitarian Universalist Congregation of Castine. This money will be used to make our Eileen Brennan Outdoor Sanctuary more accessible to our members and friends.

Looking ahead, we are entering a festive holiday season, with offerings for both our fellowship and our spiritual growth (as well as a Holiday Cookie event--please check the weekly eNews for updates).

Here's to an enjoyable autumn and a move into the contemplative darkness of winter as well as looking forward to the return of light in the cycle of which we are a part.



Wednesday Morning Matins Zoom Invite: https://uuma.zoom. us/j/96669607701 Meeting ID: 966 6960 7701 Phone: 646-876-9923

# **WEDNESDAY MORNING MATINS** at 8 am

All are welcome to come and be a part of this ½ hour weekly, contemplative gathering on ZOOM. With music, poetry, readings, silence and space enough for people to share their wisdom, we companion each other with love and gratitude into the day.

I look forward to being in this circle with you!

- Rev. Sara

Thursday Evening Vespers https://us02web.zoom. us/j/4695376814 Meeting ID: 469 537 6814 Phone: 646-558-8656



# **UUCB ONLINE EVENING VESPERS** at 6pm

Our weekly time of rest, renewal, and reflection begins again this coming Thursday October 6th at 6pm. Join UUCB Rev. Amy each week for a 30-minute online service to help settle our minds and hearts, provide nourishment and comfort through music, word and ritual. Everyone is welcome. ~ Rev. Amy



Stories from the Heart will be on Zoom on Sunday, November 13, at 9:00 a.m. with Cecily Judd interviewed by Jude Lamb, Story Guide.

ZOOM for Stories from the Heart: https://us02web.zoom. us/j/85142950735 ID: 851 4295 0735 Phone: 646-558-8656



# UUCE PLATE SPLIT FOR THE UPCOMING MONTHS:

October - December 2022

MABEL WADSWORTH CENTER in Bangor - providing sexual and reproductive health care since 1984.



### SANKOFA CORNER



**BOB DICKENS** (1939-2022)

#### **PART II**

After he started studies at Johns Hopkins University in Baltimore in the fall of 1957, Bob had occasion to visit All Souls Church in Washington, DC, which was Rev. A. Powell Davies' church. Bob found it intriguing, but he wasn't about to join anything at that point in his life. At Hopkins, he had gotten involved in the YMCA. Since Hopkins had no student union, the YMCA filled the gap and provided some services to the students. On one occasion, Bob attended a meeting at the YMCA, and there were a couple of ministers from the area there, one of which was Rev. W. Waldemar W. Argow. As Bob related it:



He's actually in the UU hymnal [reading #647]. He was at the meeting, and he called me later, and he said he would like

me to come down and see if I'd be interested in leading the youth group. I said, "But I'm not a member of your church," and he said, "I don't care." So, I did that for about a year and a half, and that was my first introduction to Unitarianism. Argow wasn't a very good preacher, but he knew everything that was going on with everyone in his church, all the members. He would visit them frequently, whether they needed him or not, because that's what you do if you're a minister, according to him. I was technically a member of that church, I guess, for a couple years. I never gave them any money because I didn't have any.

In 1960 in Ohio, Bob was elected by the Midcoast Region of the Student Christian Movement at Ohio University to be a student representative at a YMCA/YWCA national conference. Martin Luther King was also there. In Bob's words:

King needed votes in order to support his sit-ins, and so at this conference, I was introduced to Dr. King, and he took me up on stage, behind the curtains, and he said, 'I need to talk with you.' He took one chair for me to sit in, and he took another chair and he sat right in front of me, and we talked for about an hour. He didn't let anybody bother us. I'll never forget. The first question he asked me was, 'Tell me who you are, because you probably know a little bit about me, but I don't know anything about you.' The first thing he wanted to know was who he was talking to. He was a listener. People don't know much about that.

On the way home from that conference, Bob also had the good fortune to meet Anne Boothby, who had also attended the conference. On June 17, 1961, shortly after he graduated from Johns Hopkins University with a bachelor of liberal arts in 1961, he married Anne on the grounds of the Millbrook School in Millbrook, NY where she had grown up. Anne endeavored through their marriage to keep Bob corralled when he needed it and knew well when to leave him to his own devices. Bob and Anne shared similar social and political values and they had a clear vision for how they wished to live their life together.

Bob went on to earn a master's degree in philosophy from Emory University. He related:

I later went to Emory University in Atlanta. Ebenezer Baptist Church in Atlanta was Dr. King's father's church, not his church. There was a Unitarian Church there, but the only time I ever went to church was at Ebenezer Baptist Church, but that wasn't very often. I went once to the Unitarian Church, but I was unimpressed. They had good music because there were a lot of members of the Atlanta Symphony there, but there was nothing else going on there. Although there were no rules against black people joining, that just wasn't where black people went, and it was not in a neighborhood that they would feel familiar with.

So I went to Emory, and I was going to get a PhD on the basis of a dissertation on Thoreau, attacking his individualism. My teacher, Charles Hartshorn, was to be my advisor. He was a Unitarian, and was well-known in Unitarian circles. But he left for one of the universities in Texas, so I was without an advisor. I had done everything: I had taken the pre-lims and done all that stuff, but nobody on the faculty was even remotely interested in my topic, and so they diddled around. I ended up writing it, and they didn't accept it, but they felt bad about it, so they gave me an advisor whom I hardly knew, and then, about six or seven years later, I wrote to them and I said, 'Why don't you just give me a master's degree, and I won't bother you anymore, and you won't have to bother me

anymore.' So we did. So I had a master's degree in philosophy. That dissertation became my book:

Thoreau: The Complete Individualist; His Relevance--And Lack of It--For Our Time, June 1, 1974, by Robert Dickens.

[continued on next page]

His Relevance-- and Lack of It

for Our Time

ROBERT DICKENS

I lived in Atlanta for three years, and then I went to Dennison University in Granville, Ohio to teach philosophy for two years, but I was basically fired because I hadn't made any progress on the degree and because I was a miserable drunk at that point. I got a job at the State University College, a teachers' school in Buffalo, yet still part of the SUNY system. It graduated over 1500 teachers a year, one of the largest teachers' colleges in the United States. I got to Buffalo in 1966, and I got sober in Buffalo. That was one of the major things that happened in Buffalo for me.

Bob and Anne lived in Ohio from 1964 to 1966, while Bob was on faculty at Dennison University. They moved to Buffalo in 1966, where Bob took a teaching position at Buffalo State College. During this time, Bob was active in many social and political causes, including the labor organization movement and the civil rights movement. Bob and Anne's home played host to anarchists, Wobblies, Communists, community organizers, tribal leaders, radical lawyers and poets. Bob provided support to the Oglala Sioux during the occupation at Pine Ridge. He was a civilian observer during the trials of the inmates involved in the Attica Prison Riot. Buffalo introduced Bob to the Anchor Bar and its chicken wings, and to roast beef on weck, a Polish sandwich

Bob continued:

In Buffalo, I lived two blocks away from the Unitarian Church, which I went to sometimes. There was a Native American Culture Center there that used one of their big rooms. One of the most significant things that church ever did, which is still impressive, was this. This was during the Vietnam War, and there was a student at the University of Buffalo who was trying to get out of the country to get away from the draft, but they had him pinned down, essentially, so he came to the Unitarian church and asked for sanctuary, which the church gave him. He lived there for about a year, but the interesting thing is that the police knew he was there, but the police in Buffalo were primarily Catholics, and they knew what sanctuary meant, so as soon as the minister said, 'He's got sanctuary here,' they left him alone.



The Buffalo UU Church

as the minister said, 'He's got sanctuary here,' they left him alone, and he finally got off into Canada. He walked right across the bridge. It was on a particular day when Native Americans, who didn't believe in the border anyway, were planning to walk across the bridge together in the morning, and then walk back in the afternoon. Both the Canadian and the American authorities knew better than to mess with them, so he just got into the crowd and walked across. I have no idea whatever happened to him. I never saw him again.

[continued on next page]

My experience with the Unitarian church, for the most part, was a very good one. I had a very positive view of what Unitarian churches could do. What with the Native American part, and the sanctuary, it was a good place, a comfortable place. The Native American Center was a large room that they "rented" for nothing from the RE. They had dances there, and all sorts of things. Finally, they left and found their own building that they owned, because it just got too big. There were two Native American organizations in Buffalo. One was the Native American Culture Center, which was primarily non-Haudenosaunee, non-Iroquois people. Then there was '78 Virginia,' also known as Native American Social Services, which was located at 78 Virginia Street. That's the one that Anne and I were primarily involved with. It was a wonderful group. Even after they were later forced to move to 18 Maryland Street, they were still known as '78 Virginia.' That's where I learned a lot of that. It was all supported by the Unitarians. They were a very fine bunch there in Buffalo.

We lived in Buffalo for ten years, from 1966 to 1976. While I was there, I taught first at the State University College, but I got very upset with the position of the college with respect to the Vietnam War and also with respect to the students. The students were demonstrating and they weren't very positive, and I had contact with those students; those were my guys. I once got tear-gassed there by a unit of the Buffalo police that was run by my next-door neighbor who was a police captain, and captain of that precinct. We had interesting times. My second-floor kitchen window was about six feet away from the window of his second-floor bathroom. So he'd go to the bathroom, and I'd go to the kitchen, and I'd rant about the police, and he'd rant about those God-damn protestors. It was very interesting. He came to me in a demonstration on the main street in front of the State College and asked me if I could help get them off the street. I didn't want them on the street either, because that was just dangerous, so I went out, but I realized real guick that I wasn't going to have any effect on getting them off the street. I was walking back when all of a sudden, a tear-gas grenade hit, and the gas went up my pantleg. A student of mine, Billy Golden, a Vietnam veteran who was attending State College, came out and grabbed hold of me and carried me into one of the dorms where it was safe. It was a very strange phenomenon.

In many ways, I liked Buffalo. I had resigned from the College at that point, but then I got a job because some of the black members of the staff at State College were starting another unit called the Cooperative College Center, which was also under the State University of New York. The idea was to take black college graduates and raise them to the standard where they could pass the entrance examination into the University. So I

had "kids," 16-17 years old, who had passed everything in high school because they had just gotten passed by, but who couldn't read beyond the third-grade level. I lasted two years there. They even had a little insurrection from me there. They fired me because supposedly I had given out some information about a job that was going to be available. There never was any evidence, but the students got behind me. Almost 80% of the students signed a petition saying that they wanted me back. The comment on the petition that I liked the most was, "He doesn't bite his tongue." Of course, they abolished my whole Social Sciences Department because it was irrelevant. By that time I was teaching some philosophy and some social studies.

I left there to take another job at the Erie Community College, the City campus. They had three campuses: North, City, and South. For the four years that I was there, it was a fascinating environment. Physically, it was right on the edge of the black community on the one side, and the white community on the other side. It was 60% black, 20% "Hispanic," but in fact it was Puerto Rican and Cuban, and to talk to them, they didn't even speak the same language. They hated each other. There was a good-sized group of Native Americans which I worked with. They hired as an advisor a Cuban woman and they didn't understand that the Puerto Rican students wouldn't even go see her, because she was not 'one of them.' There were also another 15-20% mixed, mostly Polish and Italian, white students, and the Polish and Italians didn't speak to each other, not because of language, but because they didn't like each other. They were politically on opposite sides. There were 14 linguistic cultures in Buffalo. I loved that. I thought that was fascinating. How do you communicate with this guy when his neighbor speaks a totally different language? There was a four-square block area that was Hungarian. I had a student there. He took me to see his father and it turned out that his father didn't speak English. In the whole square block area, most of them didn't speak English. It was just a fascinating area.

Where we lived was on the edge of an Italian area. From our house, if you walked two blocks in the eastern direction, if you didn't speak Italian, you were in trouble. On the other hand, at the end of our block in that direction was a church. It was a black church, because twenty years ago, it had been a black area that had sort of moved over. So on Sunday morning, if I wanted religion, all I had to do was open up my window and listen. The music, etc. from that black church was just wonderful, and on Sunday mornings they all went to that church. I never visited it, but I can remember it. I went to other black churches in that area, but not that one. I just opened up the windows and listened to them.

(To be continued.)

# UNITARIAN UNIVERSALISM'S **6 SOURCES**

The living tradition which we share draws from many sources:

- Direct experience of that transcending mystery and wonder, affirmed in all cultures, which moves us to a renewal of the spirit and an openness to the forces which create and uphold life;
- 2. Words and deeds of prophetic people which challenge us to confront powers and structures of evil with justice, compassion, and the transforming power of love;
- 3. Wisdom from the world's religions which inspires us in our ethical and spiritual life;
- Jewish and Christian teachings which call us to respond to God's love by loving our neighbors as ourselves;
- Humanist teachings which counsel us to heed the guidance of reason and the results of science, and warn us against idolatries of the mind and spirit;
- 6. Spiritual teachings of earth-centered traditions which celebrate the sacred circle of life and instruct us to live in harmony with the rhythms of nature.



# UNITARIAN UNIVERSALISM'S **7 PRINCIPLES**

We, the member congregations of the Unitarian Universalist Association, covenant to affirm and promote:

- 1. The inherent worth and dignity of every person;
- 2. Justice, equity and compassion in human relations;
- 3. Acceptance of one another and encouragement to spiritual growth in our congregations;
- 4. A free and responsible search for truth and meaning;
- 5. The right of conscience and the use of the democratic process within our congregations and in society at large;
- 6. The goal of world community with peace, liberty, and justice for all;
- 7. Respect for the interdependent web of all existence of which we are a part.





# OF COVENANT

Love is the spirit of this church, and service its law; this is our great covenant: to dwell together in peace, to seek the truth in love, and to help one another.

### STAYING CONNECTED

### **UUCE OFFICE**

During this time of mandated isolation to curtail the spread of Covid-19, the Church and Office remain closed. Church Administrator Jeff Jeude is working remotely most of the time, but coming into the office on Wednesday, from 11:00 to 3:00.

You can ALWAYS reach him by phone at 573-330-4677 and email either office@uuellsworth.org.

# Support to Set-Up ZOOM Meetings for Church Gatherings

Jeff is able to schedule church-related ZOOM meetings. If you need to schedule a ZOOM meeting for your church purposes, please email him at office@uuellsworth.org or call the church at 207-667-4393 on Wednesdays when he's physically in the building, typically 11:00 a.m. to 3p.m. If your need is urgent and Jeff has not gotten back to you, please call, text or email Rev. Sara Hayman at 207-610-2872 or sara@uuellsworth.org. If possible, please give us several days notice to schedule these ZOOM meetings.



### **COVID-19 TASK FORCE**

#### **UUCE COVID-19 TASK FORCE**

**CONTACT INFORMATION** 

#### Mary Haynes:

667-7596 (home) 207-266-2207 (cell/text)

#### Anne Ossanna

565-2057 (home) 374-5612 (work)

207-479-6338 (cell/text)

#### Marta Rieman:

667-7584 (home) 207-479-7250 (cell/text)

#### Gary Shellehamer:

667-0034 (home)

202-494-3593 (cell/text)

#### Karen Volckhausen:

667-9212 (home)

207-266-9212 (cell/text)

### BREEZE CHECK-IN / REGISTRATION FOR SUNDAY SERVICES

We now have a page on our UUCE website with an instructional video made by our own Jeff Jeude. Here is the direct link: https://uuellsworth.org/sunday-service-check-in/

You can also reach it by simply going to our main page and clicking on the MEMBERS tab and then clicking on SUNDAY SERVICE CHECK-IN.

# **CONTACT INFORMATION**

Minister Rev. Sara Hayman: 610-2872 (cell) sara@uuellsworth.org	Children's Religious Education Coordinator vacant
Church Office  Administrator Jeff Jeude: 667-4393 office@uuellsworth.org	Music Director & Pianist Wayne Smith: 667-9482 wayne@mrlanguage.com

### **BOARD OF TRUSTEES**

<b>President:</b> Gary Shellehamer to 2023 (667-0034)	Vice President: Beth Pepper to 2023
Treasurer: Alison Stephens to 2024	Secretary: Bob Francis to 2024
Trustee: Mary Murray to 2023	Trustee: Kathy Hall to 2024
Trustee: Sally Gervais to 2023	Moderator: John Fink

### **COMMITTEE AND TASK FORCE CHAIRS**

Adult Committee on Education: vacant	Landscaping and Grounds: Bron Day
Aesthetics: Margaret Thurston	Loaves & Fishes: Beth Pepper, Nina Turner
Auction: vacant	Membership: Liz True
Building & Maintenance/Safety: Susan Opdycke	NUUSletter Editor: Lisa Willliams
Charitable Giving: Rev. Sara Hayman	Pastoral Care Ministry: Kay Hansen
Choir: Haydée Foreman	Peace and Social Action: Barb Acosta
Collaborative Ministry: inactive at this time	Publicity: Susan Opdycke
Committee on Ministry: Karen Volckhausen	Children's Religious Education: Linda Uberseder
Congregational Engagement: Evelyn Foster	Small Group Ministry: Mary Murray
Cookie Walk: vacant	Stewardship: Doug Bird
Eggroll Project: vacant	Ushers: Jon Thomas, Ken Hanson
Ferry Beach Director: vacant	Technology Coordinator: vacant
Fiscal Matters: Connie Bailey	Wayside Pulpit: Nancy Guy
Flowers: Bronwen Day	Website: Esther Sampol
Green Sanctuary: Paul Kelley	Worship Arts: vacant
History/Archives: Wayne Smith	Yard Sale: Beth Pepper
Hospitality Ministry Coordinator: vacant	Youth Advisor: vacant

Unitarian Universalist Church of Ellsworth
121 Bucksport Road
Ellsworth, ME 04605
The UUCE

November 2022





#### **NOVEMBER 2022**

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We covenant to affirm and promote:

The inherent worth and dignity of every human being;

Justice, equity and compassion in human relations;

Acceptance of one another and encouragement

to spiritual growth in our congregations;

A free and responsible search for truth and meaning;

The right of conscience and the use of the democratic process

within our congregation and in society at large;

The goal of world community with peace, liberty and justice for all;

Respect for the interdependent web of all existence of which we are a part.