



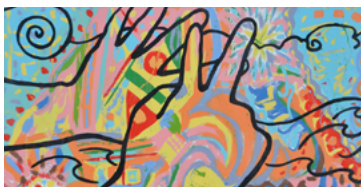
Celebrating the sacred, we gather in loving community  
to nourish souls and live justice into the world.

## WHAT'S HAPPENING...

### FIND DATES, DETAILS, & ZOOM LINKS FOR WHAT'S GOING ON AT UUCE IN MARCH:

- ACE March Events
- Monthly ANTI-RACISM CONVERSATIONS
- STEWARDSHIP Campaign begins
- DISCUSSION Group on CLASSISM
- Collaborative Programs with Belfast & Castine
- Wednesday Morning MATINS
- Tuesday Evening VESPER
- FERRY BEACH Registration Information

... AND plenty MORE UUCE NUUS!



SOUL MATTERS Packet



Wednesday MATINS



MINISTRY MATTERS

# MARCH WORSHIP SERVICES, 10:30 A.M.

## “COMMITMENT”

### SUNDAY, MARCH 7 ***Celebrating the Gifts & Power of “Long Haul” People in Community***

Rev. Sara Hayman, Worship Leader; Helen Kazura, Worship Associate

Our UU Church of Ellsworth is a vibrant faith community fueled and sustained by the passions and commitments of its many generous members and friends. All that’s possible is possible because of the commitments people make, the covenants we keep and come back to again and again. This service will lift up and celebrate the power of commitment making in community.

<https://uuma.zoom.us/j/96118743594?pwd=RIZPOEOvQzFkYjllL2lwbWFIWnJnUT09>

Meeting ID: 961 1874 3594

Passcode: 295851

Phone: 646-876-9923

### SUNDAY, MARCH 14 ***Our Year Apart-Together***

Rev. Sara Hayman, Worship Leader; Kay Wilkins, Worship Associate

For almost exactly a year now, we have been staying connected while necessarily being physically distanced from each other much of the time. This year has been life changing, full of grief and struggle, as well as moments of insight and deepened connection among us. In this service, we’ll reflect on the journey of this pandemic year by lifting up some of what we’ve learned, honoring what we’ve lost and calling each other toward what comes next.

<https://uuma.zoom.us/j/98623660146?pwd=VlBkaHhRU3hLbVZmQlcrVpXZVluZz09>

Meeting ID: 986 2366 0146

Passcode: 151823

Phone: 646-876-9923

# MARCH SERVICES CONTINUED

## SUNDAY, MARCH 21 **3-Church Collaborative Worship Service**

Rev. Sara Hayman, Bettina Lehovec & Our Ministry Colleagues in Belfast & Castine

<https://us02web.zoom.us/j/4695376814> - can you make this a live link, Lisa? It's from Amy Fiorilii and I'm not sure why it's not live?

Meeting ID: 469 537 6814

Phone: 646-558-8656

## SUNDAY, MARCH 28 **"A Tale of Three Noodles"**

Rev. Mark Worth, Worship Leader; Marta Rieman, Worship Associate

March 28 is Palm Sunday in the Christian tradition and Passover in the Jewish tradition. Mark will be looking at some events in the last week of the life of Jesus of Nazareth, told from the point-of-view of a nobody.

<https://uuma.zoom.us/j/99777980415?pwd=aGxIVnNSTzRQQm8xVVkzakZPK1o2Zz09>

Meeting ID: 997 7798 0415

Passcode: 834346

Phone: 646-876-9923



## MARCH RELIGIOUS EDUCATION

Greeting all,

It is hard to believe that a year ago we were starting up our OWL K-2 class with children from UUCE, Belfast and Castine. Their graduation gifts are still hiding under my desk at UUCE, perhaps we can resume in the fall. In the mean time, we had a great February exploring Beloved Community through weekly email Lesson Plans, Children's Chapel and Fifth Dimension. Our theme for March is Commitment, look below for our Calendar:

**March 7th:** Email Lesson Plan - Commitment to Curiosity; Children's Chapel with Anne and Linda 8:45 -9:15; Open ZOOM room unsupervised from 9:15 to 10:00 am

**March 14th:** Email Lesson Plan - Change

**March 20th:** *Fifth Dimension - The Last Flight* with Anne and Danielle 4:00-5:00 pm

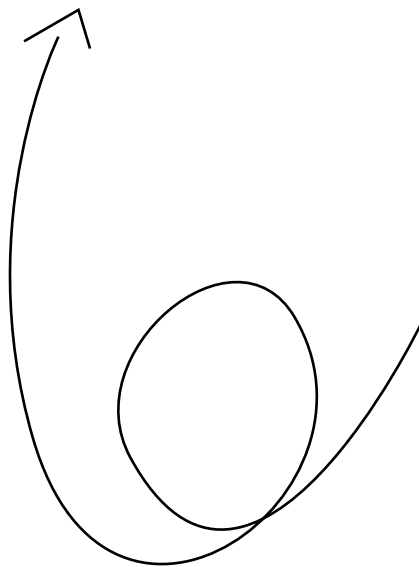
**March 21st:** Email Lesson Plan - Conscience; Children's Chapel with Anne, Linda and Danielle 8:45-9:30 am; Open Zoom Room 9:30-10:00 am

**March 29th:** Email Lesson Plan - Compassion



# MINISTRY MATTERS

REV SARA HAYMAN



Click video image above to link to the 5-minute video of Rev Sara 's Ministry Matters column.



# MONTHLY COLLABORATIVE ANTI-RACISM CONVERSATIONS

**2<sup>nd</sup> Tuesdays from 4-5:30pm on ZOOM**



*Your Collaborative Ministers: Revs. Amy, Rev. Sara, Rev. Margaret and Bettina Lehovc, Intern Minister will take turns facilitating this monthly conversation about racism and doing our work re: decolonization and being anti-racist activists. Each session will include a presentation of some sort (a video clip, case study or reading) followed by conversation, deep listening and engagement with each other.*

*These monthly anti-racism conversations will happen each on ZOOM each 2nd TUESDAY (note the change from Thursdays!) from 4-5:30pm, October 2020 through June 2021 and are open to the members and friends of our three congregations.*

**Join Zoom Meeting**

**<https://us02web.zoom.us/j/4695376814>**

**Meeting ID: 469 537 6814**

**Phone: 646-558-8656**

# UUCE STEWARDSHIP CAMPAIGN



The Stewardship Campaign for 2021-2022 has been scheduled for April 11-May 1. A proposed budget is being developed by our treasurer and fiscal matters committee. **We encourage and hope for 100% participation of all members and friends** in the stewardship campaign! You will be receiving more information as the dates get closer.

For our new members and friends, the annual stewardship campaign is the time of each year when we all pledge our financial support for the ongoing work of our community. We so appreciate each and every contribution.

Should you have any questions please contact a member of the stewardship committee which includes Evelyn Foster, Robin Lovrien, Dave Szarmach, Janet Szarmach and Margaret Thurston.

Thank you,  
Betty Massie, Chair

**OUR PLATE SPLIT** for March is with the **Wabanaki Public Health**.



**UUCE PLATE SPLIT FOR THE UPCOMING MONTHS:**

Jan-Mar 2021 Wabanaki Public Health

Apr-June 2021 neighbor4neighbor



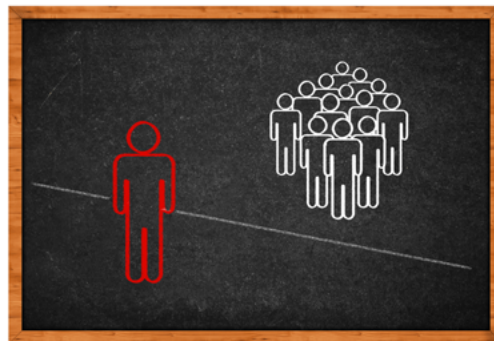
# DISCUSSION GROUP

## ON CLASSISM

TWO SESSIONS ON WEDNESDAYS

**MARCH 10 & 24** FROM 4-5:30PM

(See ZOOM INVITE below)



As Unitarian Universalists we need to think about what classism is, how it plays out in our congregations and what we, as individuals and congregations, can do about it. Come be part of this two-session discussion group. There's room for up to 10 people to participate. Registration is required by February 26th through Jeff in the office via email, [uucellsworth@gmail.com](mailto:uucellsworth@gmail.com), or voicemail at 207-667-4393. Readings will be sent to those who register to prepare for these discussion groups. Attendance at both groups is strongly recommended. For more information about this offering, please contact Bob Dickens at [bobdickens@myfairpoint.net](mailto:bobdickens@myfairpoint.net) or call at 207-667-7925

### ZOOM Invite for Discussion Group on Classism:

<https://uuma.zoom.us/j/97679520338>

Meeting ID: 976 7952 0338

Phone: 646-876-9923

# PASA

PEACE & SOCIAL ACTION MINISTRY

## MUUSAN REPRESENTATIVE NEEDED

A representative to MUUSAN from UUCE to coordinate with PASA on Maine legislative activities. Please visit <https://www.muusan.org/> to find out if you would like to take on this important role in the life of our church and let Doug Bird know if it is a fit for you.



# COLLABORATIVE NEWS FROM YOUR CMT

## LATE WINTER/EARLY SPRING 2021 FAITH AND RENEWAL PROGRAMS

Greetings from your Collaborative Ministry Team! Our shared life on Zoom has opened up new possibilities for cross-pollination. Members of ALL THREE congregations are invited to attend the following Zoom classes offered by Belfast Faith & Renewal. Offerings from other churches may follow in coming months.

### CONVERSATIONS ABOUT THE END OF LIFE

First Mondays beginning March 1, 10-11:30 a.m.  
Contact Jacqui Robb: [jqrobb@gmail.com](mailto:jqrobb@gmail.com).

Join us for a new monthly drop-in discussion group about the end of life. We will be discussing the practical, medical, emotional and spiritual aspects. By exploring the practicalities of preparing for the end-of-life, we are hoping that the journey we embark on will enable you to move forward with knowledge to support you during this time. It has been expressed by those attending these groups that it is refreshing to be able to talk about this topic with others.

### BIG OPEN HEART

Fridays, 10-11:30 a.m..  
To register, email Bob Huber: [skychariot85@gmail.com](mailto:skychariot85@gmail.com).

In our everyday lives, we can practice remaining open; open with curiosity to whatever arises within us and outside of us. This enlightened approach is known as Bhodhicitta. We will cover basic Shamatha Buddhist meditation practice, loving kindness meditation (Metta) and Tonglen. This is a continuation of Bob's earlier classes and is open to newcomers.



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## EXPLORING OUR DREAMS

Sundays beginning March 7, 4-6 p.m.

Contact Allison Morrill: [allison@belfastharbor.net](mailto:allison@belfastharbor.net).

Dream life offers a unique avenue for personal and spiritual growth, especially when explored with a trusted group. Each week each member will be invited to present one dream. Then others may offer interpretation ideas for the dreamer to consider. We'll also exchange information about dreaming and tips on recall. Note: At the initial meeting, with no obligation, those present will discuss: Introduction to dreams; techniques to aid recall and keep a journal; ways to recount a dream; value of feedback from others. At that meeting, each person will decide whether to join for the rest of the next six sessions.

## WINTERING: A WRITING SESSION:

Saturday, March 13, 10-noon.

Register by March 7 with Linda Buckmaster: [lsbuck1@gmail.com](mailto:lsbuck1@gmail.com).

Immerse yourself in some time to reflect, renew, loosen up, and explore through writing. Using prompts from the sublime to the ridiculous we'll give ourselves permission to get a little lost. Come play with words, and who knows what we'll find! Absolutely no experience necessary. Experienced writers can get re-charged. And don't miss the Collaborative Anti-Racism Conversations offered by all three ministers and intern on the second Tuesday of each month, 4-5:30 p.m. through June. Our ministers will take turns facilitating this monthly conversation about racism and doing our work re: decolonization and being anti-racist activists. Each session will include a presentation of some sort (a video clip, case study or reading) followed by conversation, deep listening and engagement with each other. Join Zoom Meeting <https://us02web.zoom.us/j/4695376814>

Our next three-church worship service is planned for March 21. Stay tuned for details.

— Your Collaborative Ministry Team

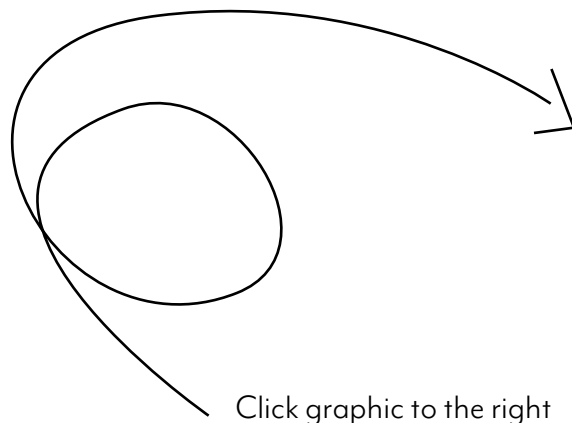




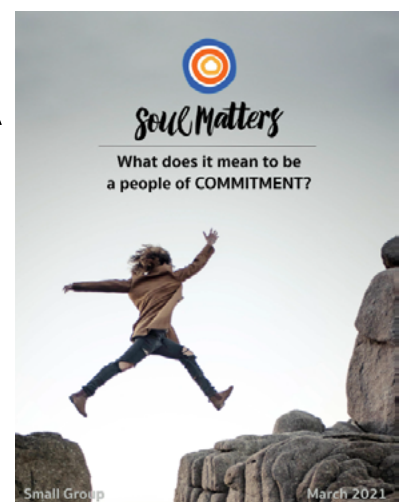
Commitment includes three Latin word roots:  
**com** – together, **mit** – to send, and **ment** – a result.  
This shapes an idea that commitment is not experienced in isolation but with others and with all parts of ourselves. That commitment has an energy that moves, sends us along in a direction. And that commitment is the result of choice.

### MARCH'S THEME IS

# COM- MIT- MENT



Click graphic to the right for a link to the SOUL MATTERS pdf online.



JUST  
*breathe*

## WEDNESDAY MORNING MATINS AT 8AM!

All are welcome to be part of this half hour intimate and contemplative worship space.

Please be aware this ZOOM invite will remain the ZOOM invite for Matins through the end of April 2021.

Wednesday Morning Matins ZOOM Invite:

<https://uuma.zoom.us/j/92873923433>

Meeting ID: 928 7392 3433

Phone: 646-876-9923

## TUESDAYS THEMED **VESPERS SERVICES**

VIRTUAL WORSHIP with REV. AMY FIORILLI WEEKLY FROM 6:00 TO 6:45 P.M.

I've heard some of you say that you'd like a more nourishing, worshipful offering during the week. I find myself inspired to offer a simple vespers service that lifts up a different topic each week, we will hear music and light a candle. We'll hold space for silence and reflection with a moment for brief sharing and then close with contemplative music and loving words. Come as you are and know you are welcome.

Tuesday Themed Vespers Service Join Zoom Meeting:

<https://us02web.zoom.us/j/4695376814>

Meeting ID: 469 537 6814

One tap mobile

1 646 558 8656 US (New York)



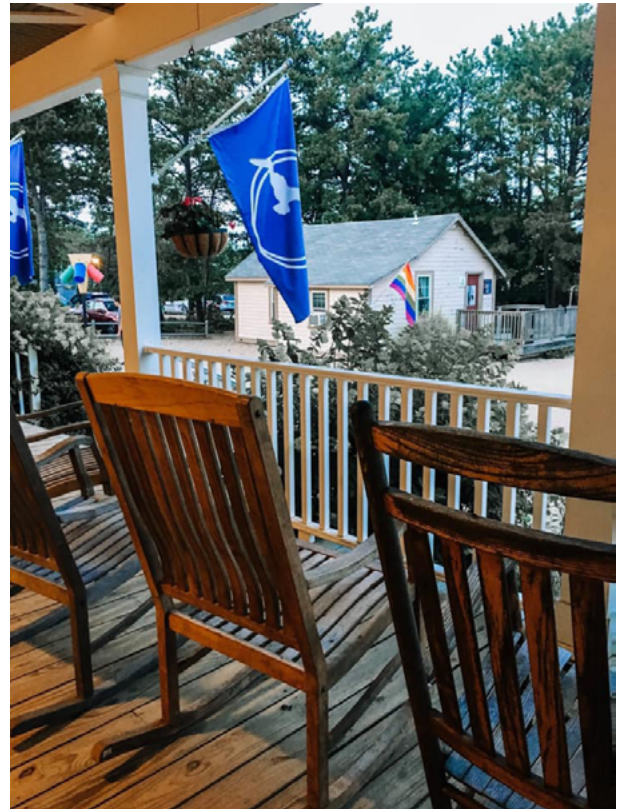
# FERRY BEACH REGISTRATION

August 24-27, 2021

The ocean is calling you for time away (August 24-27, 2021) of relaxation, spirituality, creativity, music, worship, s'mores, bonfires, swimming, dancing, workshops and delicious food with members of the UU Belfast and Castine congregations.

Registration for our Multi-church Summer Retreat begins Monday, March 1st and continues until May 31st. A \$25.00 NON-REFUNDABLE deposit is due for each attendee when you register. The balance is due by June 25th. Limited partial scholarships are available. Please contact Rev. Sara or Anne Ossanna for a confidential request. Please contact Anne Ossanna for registration form (email below) and send form and payment to:

Anne Ossanna: [aossanna@aol.com](mailto:aossanna@aol.com)  
69 Great Pond Road  
Franklin, ME 04634



There are no hotel options this year. Onsite shared dorm rooms are just steps away from the ocean. The ADA rooms and campground are a short walk to the ocean. The fee includes housing for 3 nights, housekeeping, all programming and 8 delicious ALL YOU CAN EAT meals. There is a lobster option for Sunday dinner with the cost of \$13.00 per lobster, which must be ordered and paid for by June 25th.

- Adults 18+ \$325.00 each (includes shared dorm room, housekeeping, programming and 8 meals)
- Adults 18+ \$375.00 each (includes ADA double room, housekeeping, programming and 8 meals)
- Youth 9-17 \$130.00 each (includes shared dorm or campsite with parent(s), housekeeping, programming and 8 meals)
- Children (age 8 and under) \$35.00
- Tent sites are \$120.00 per site for 3 nights; RV sites are \$144.00 per site for 3 nights; Large RV sites are \$150.00 per site for 3 nights
- Adult 18+ Camper Plan \$150.00 per person (includes programming and 9 meals)
- Day pass for individuals not staying overnight on campus \$10.00 per day per person plus \$25.00 Registration fee to cover programming. Meals not included.
- A la cart meals: Breakfast \$15.00 adult/\$11.00 youth/free ages 8 and younger; Lunch \$15.00 adult/\$14.00 youth/free ages 8 and younger; Dinner \$22.00 adult/\$17.00 youth/free ages 8 and younger.
- Lobster for Sunday dinner \$13.00 per lobster.

# WHAT IS PRAYER?

FROM OUR INTERN

Hello, dear People. Here we are in March already! The days are getting longer, the cold is waning, and there's a slight smell of spring in the air. In Arkansas, crocuses already are starting to bloom. Spring will come more slowly here, but it will come, like the miracle it is each year...

We're thinking about commitment this month. What does it mean to be a people of commitment? To whom or what are you committed? How does that shape and undergird your life?

One of my commitments is to presence — to living into the magic of each day. Remembering, or trying to remember, the beauty and grace of the world around us. The present reality we live within. I offer this poem by Alla Renee Bozarth as a celebration and an invitation.

How would your life change if you lived every moment as a prayer?

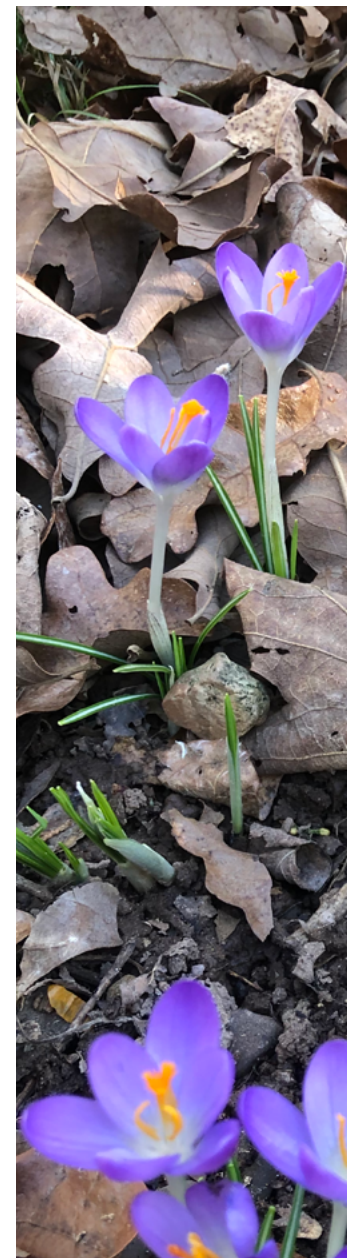
With love,  
Bettina

## What Is Prayer? By Alla Renee Bozarth

Prayer is intimacy with the Great Mystery.  
Be every moment aware of the Presence —  
how you are loved!

She takes off Her wings  
to heal you, He surrenders  
everything for your sake.  
At all times in every  
hidden, open place  
It lives in your deep  
soul's core, It moves  
in your moving and acts  
through your skin  
and the skin or bark or shell  
of all living beings— forms of angels,  
and also of water, rocks, and fire.

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So be awake to the life that is loving you  
and sing your prayer, laugh your prayer,  
dance your prayer, run  
and weep and sweat your prayer,  
sleep your prayer, eat your prayer,  
paint, sculpt, hammer and read your prayer,  
sweep, dig, rake, drive and hoe your prayer,  
garden and farm and build and clean your prayer,  
wash, iron, vacuum, sew, embroider and pickle your  
prayer,  
compute, touch, bend and fold, but never delete  
or mutilate your prayer.

Learn and play your prayer,  
work and rest your prayer,  
fast and feast your prayer,  
argue, talk, whisper, listen and shout your prayer,  
groan and moan and spit and sneeze your prayer,  
swim and hunt and cook your prayer,  
digest and become your prayer.

Release and recover your prayer.  
Breathe your prayer.  
Be your prayer.

Let prayer be your thinking  
and thriving, your passionate  
living and humble dying  
back into Earth and God.  
Let prayer be your senses and sex,  
your political power, your confusion  
and vision for good.

Let teaching tolerance and all childcare be prayer.  
Let your mistakes be a prayer, and your unknowing.  
Let remorse and forgiveness be prayer.

Make love in every act,  
create growth in each intent.  
Nature in any form serves  
as sanctuary and temple.

*Let your bath be an oracle chamber,  
every trip anywhere a pilgrimage,  
and your dreambed each night  
the Holy of Holies.*

*And so you are praying.  
So you do what you be,  
and all your being is blessed  
and all your life is a prayer.  
And all your acts are a blessing.*



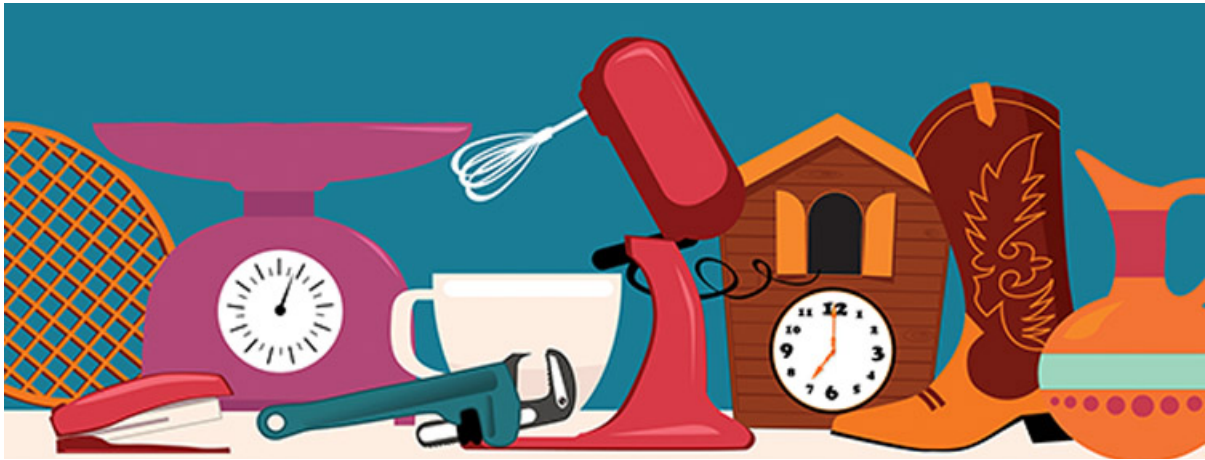


# YARDSALE DONATIONS

WE PLAN TO HOLD IT IN **JUNE** THIS YEAR!

# SPRING CLEANING?

Don't forget to save your gently used, but still-in-working-order items for the UUCE yard sale!



**Loaves & Fishes**  
of Ellsworth



**FOOD PANTRY**  
Serving Hancock County

## A NOTE ABOUT **LOAVES & FISHES DONATIONS**

If you have donations for Loaves & Fishes, first, **THANK YOU!** The pantry is bustling these days, so every little bit helps. Second, please take your donations right to Loaves & Fishes, not to UUCE. If there's someone at the pantry, you can drop your donations off with them and if there isn't anyone at the pantry, the L&F van is parked right beside the pantry and the door is left unlocked, specifically for after-hours donations.

**Thank you for all you do to support our Hancock County neighbors!**

# LOOKING AHEAD

FROM OUR UUCE BOARD PRESIDENT

This month's Soul Matters focuses on commitment, and I am grateful for your commitment to UUCE. You step up for so many things--committee projects, fund-raising events, and more.

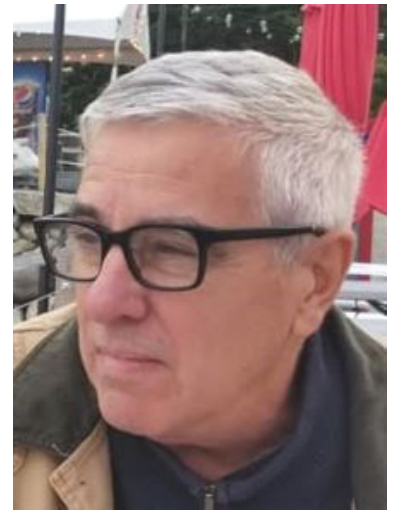
As we look ahead to next month's annual pledge drive, I want to thank you for your continued support of our community. About 70% of our budget expenses are met through your pledges and you show care and concern through your pledging, and in many more ways.

Two fundraisers, the reworked Yard Sale and re-imagined Holiday Cookie Drive-by, happened earlier this year, raising more than goals which were revised due to the pandemic. The deadline for this piece is the same day as the Virtual Goods & Services Auction reinvented as a Virtual Arm Chair Auction. I am writing this while sitting watching the silent and live auction bids that have obviously exceeded the goal \$8,000, providing a successful sweep with these three fund-raising events! A special Thank You to the auction team, the contributors of goods and services, the bidders, the fabulous auctioneers and the tech people working the event.

Our staff, members of committees, task forces, groups, and individuals all do so much--from monitoring our finances; to working on UUCE's April pledge drive; to preparing a proposed budget for next fiscal year; to maintaining our property; to updating/revising our Bylaws for a congregational discussion and upcoming vote for adoption. There are those who work creating church policies for the pandemic/endemic; who maintain connections with our members and friends; who research our relationship with Loaves and Fishes as that organization explores expansion to serve the Hancock County community; and those using their technical, musical, and worship arts skills for maintaining a gathered community in a virtual experience; and to visioning how UUCE can transition for a "new normal."

Thanks to all of you who sustain and work to move UUCE forward, showing your love for our community and keeping us connected.

*~ Gary Schellehamer, UUCE Board President*





## A GRAND SUCCESS!!!!

### UUCE'S 2021 GOODS & SERVICES AUCTION

The UUCE auction happened on Zoom for the first time ever on Saturday, February 27, 2021, after a week of on-line silent bidding, and it turned out to be the most successful auction we've ever had! Even

without a big globetrotting trip to offer, without our usual stupendous array of refreshments, and with only a few local-business donations (we know many have been barely staying afloat in this pandemic, so we did not canvass this year). It was great to have a bunch of members participating this year who are not in Maine in the winter, as well as some who are nearby but aren't fans of driving after dark or on icy roads to get to the church in person.

We pleased to announce we have earned \$11,000 for our church and to share with some favorite charities – Loaves & Fishes, the Emmaus Center, and Wabanaki Public Health! And this figure will no doubt be even higher by the time you read this, because tickets are still selling for Lisa & Pepper's Toddy Pond party on July 11, the Halloween Party on October 30, and a few remaining seats for events in the live auction. (Other unsold silent-auction items will be listed and put on sale soon for fixed or make-an-offer prices.)

We owe a huge thank-you to CJ Lammers and Beth Pepper, our skilled, witty, and charming auctioneers; Bettina Lehovc and Suzanne Aubrey, who were running the show behind the scenes; Haydee Foreman and Suzanne again, who tracked all the bids; and Nancy Guy and Susan Opdycke, who made sure our event received publicity in the community beyond UUCE.

Also, many thanks to our incredibly generous donors and all the adventurous souls who were willing to try out a new computer thing and bid on line and by Zoom. And to Rev. Sara, always our inspiration! And not least, a magical Auctria software program that helped us create our catalog, record bidding activity, send messages to everyone on our registry, report winners, and do our accounting! It has more than earned its keep and its place in future auctions – live, virtual, or hybrid.

We love UUCE! Thank you, thank you from your 2021 Auction Team:

Lori Johnson, Margaret Thurston, and Jeff Jeude!

\* And just a reminder that you can **pick up your winnings** (except for heavy items marked for pick-up at donors' homes) at church **Saturday or Sunday, March 6-7**, between 1 and 4 p.m. Drive right up to the entrance and we'll bring your treasures out to your car. If you had not already paid on line, you can bring a check at this same time.

# FROM THE GARDENS

GROUNDS COMMITTEE

## Dr. Stephen D. Berger Memorial Bench

Interview with Nancy Avila by Janet Szarmach,  
January 12, 2021

Dr. Stephen Berger (Nov. 24, 1940 – Oct. 14, 2015) was a member of UUCE from 2010 to the time of his death. Bar Mitzvah'd at age 50, Stephen had no religious training growing up, but began exploring different temples when he discovered his Jewish roots. After moving to MDI in 2010 with his wife, Nancy Avila, Stephen discovered UUCE. At that time, the services were lay led, which appealed to both Stephen and Nancy. After Rev. Sara Hayman arrived, Stephen worked with her as a worship associate and also led services himself. Stephen was a part of a Small Group Ministry and participated in book discussion groups as well as serving on the Board of Trustees. In 2015 he was given a leadership award. Nancy fondly recalls that he shared an enjoyment of puns with John Fink. UUCE, she says, was the first place Stephen felt as though he truly belonged.

After his memorial service, his family laid Stephen's ashes in the UUCE garden which, because of Stephen's love of the church and his involvement with it, Nancy and their children felt was the most appropriate place to put them. His bench was placed at the back of the daffodil garden. The design of the bench, which is made of iolite, includes a book, representing Stephen's enormous love of books and learning. He also loved trees, so Nancy chose to also incorporate a tree in the design.



# STAYING CONNECTED

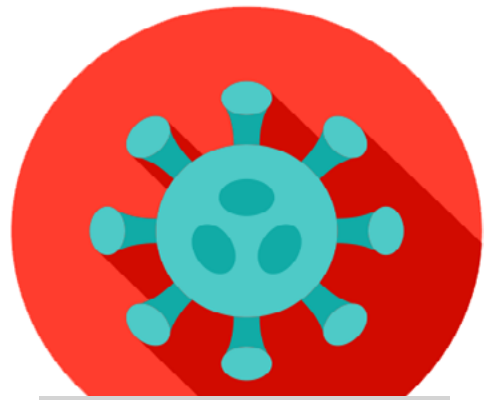
## UUCE OFFICE

During this time of mandated isolation to curtail the spread of Covid-19, the Church and Office remain closed. Church Administrator Jeff Jeude is working remotely most of the time, but coming into the office on Wednesday, from 11:00 to 3:00.

You can ALWAYS reach him by phone at 573-330-4677 and email either [office@uuellsworth.org](mailto:office@uuellsworth.org).

### Support to Set-Up ZOOM Meetings for Church Gatherings

Jeff is able to schedule church-related ZOOM meetings. If you need to schedule a ZOOM meeting for your church purposes, please email him at [office@uuellsworth.org](mailto:office@uuellsworth.org) or call the church at 207-667-4393 on Wednesdays when he's physically in the building, typically 11:00 a.m. to 3p.m. If your need is urgent and Jeff has not gotten back to you, please call, text or email Rev. Sara Hayman at 207-610-2872 or [sara@uuellsworth.org](mailto:sara@uuellsworth.org). If possible, please give us several days notice to schedule these ZOOM meetings.



## COVID-19 TASK FORCE

### UUCE COVID-19 TASK FORCE CONTACT INFORMATION

Mary Haynes:

667-7596 (home)  
207-266-2207 (cell/text)

Penel Houghton:

207-266-1484 (cell/text)

Anne Ossanna:

565-2057 (home)  
374-5612 (work)  
207-479-6338 (cell/text)

Marta Rieman:

667-7584 (home)  
207-479-7250 (cell/text)

Gary Shellehamer:

667-0034 (home)  
202-494-3593 (cell/text)

Karen Volckhausen:

667-9212 (home)  
207-266-9212 (cell/text)



## UUCE'S AFFIRMATION OF COVENANT

Love is the spirit of this church,  
and service its law;  
this is our great covenant:  
to dwell together in peace,  
to seek the truth in love,  
and to help one another.



## **WARNING ABOUT SCAMS** AGAINST SENIORS

Financial exploitation takes many forms, including but not limited to telemarketing fraud, home repair scams, stock and securities scams, among others. Here are the most common requests lately from fraudsters to the public:

- **Purchase of gift cards to send to someone**
- Requests to send foreign wires
- Unexpected refund/overpayment of any type
- Computer services, asking for access to your computer
- Grandchild in jail needing money for bail
- **Someone telling you not to talk with anyone about the request/situation**
- Anyone telling you to lie to your financial institution
- Romance scammers—talking with people on chat sites who ask them to perform financial transactions

### **If you suspect a scam involving yourself or a loved one, take these steps right away:**

1. Contact your bank or credit card issuer.
2. Report it to your local police or sheriff's office, and local adult protective services agency.
3. Submit a complaint with the Federal Trade Commission at [ftc.gov](https://www.ftc.gov).

# UUCE HISTORY

## SANKOFA CORNER



## Who's Who on the Remembrance Plaque at the Doorway? PART 6

Wayne H. Smith  
UUCE Historian

[Note: Names written in **bold face** were also active in the activities of the Ellsworth Unitarian Church.]

### MARDEN & CARRIE DUNBAR

**John Marden Dunbar**, known as Marden, was born on Oct. 15, 1895 in Trenton, ME the son of Franklin H. "Frank" Dunbar of Steuben and Adelma Frances Trufry of Trenton. After military service in World War I, he returned to Trenton and on July 25, 1922 he married **Caroline F. "Carrie" Royal**, born in Hancock County in 1898 to Elmer Horace Royal of Ellsworth and Ida Frances Hopkins of Trenton. The couple went on to have six children: Ralph, Mary, Harold, Keith, Caroline "Cookie," and Kathleen "Kathie." Marden worked as a carpenter and was an active member of the Unitarian Church. Carrie was active not only in the Unitarian Church, especially in the Women's Alliance, but also in the Ellsworth Chapter of the Order of the Eastern Star.



[In the photo on the left, Carrie is attending the groundbreaking of UUCE on Oct. 23, 1972.] Marden died in Trenton on June 19, 1974, and Carrie passed on May 3, 1980 in Ellsworth. They were both buried in the Leland Cemetery in Trenton.

### CHARLES R. BEAL

**Charles R. Beal** was born on Feb. 11, 1903 in Northeast Harbor, the third of the five children of Nahum Everett Beal of Ellsworth and Margaret M. Barron of St. John, New Brunswick. On Oct. 31, 1927 in Nashua, NH he married Jean Chalmers, the youngest of the five children of Alexander A. Chalmers of Fetteresso, Scotland and Susan Amelia "Minnie" O'Brien of Pugwash, Nova Scotia. The couple went on to have two children: Dana Richard Beal and Mrs. Jean Heritz, both of Cincinnati, OH. Charles was a draftsman for GE in Schenectady, NY until 1968 and in 1969 he moved to Ellsworth. He died on April 23, 1975 in Portland but was buried in Woodbine Cemetery in Ellsworth. His wife Jean later moved to live near her children in Ohio where she was active in the Rebecca Eastern Star and Pythian Sisters. She died in Montgomery, Ohio on July 21, 1989.

## NAHUM E. & MARGARET M. BEAL

Nahum Everett Beal was born in Ellsworth in May of 1868, the oldest of the three sons of Charles Wallace Beal and Helen Mar Hall, both of Ellsworth. On Nov. 15, 1893 in Boston, at the age of 25, he married Margaret M. Barron, born on July 14, 1874 in St. John, New Brunswick, daughter of Richard and Helen Barron of Canada. The couple was to have a total of five children: Helen, Harold, Charles R., Ella, and Eleanor. After their marriage, they moved back and forth between Maine and Massachusetts, living at various times in Cambridge, Mount Desert, and Somerville. Margaret died in Ellsworth on Feb. 16, 1946 and was buried at Woodbine Cemetery. When Nahum died on May 24, 1950 he was living in Medford, Massachusetts. It is not known where he was buried.

## VINCENT C. BOUCEK

**Vincent Celestine Boucek** was born on Apr. 4, 1908 in Trieste, Italy (then part of the Austro-Hungarian Empire), the youngest of the six children of Leonhard Boucek, of Semonice, East Bohemia, and Marie Havelka, of Lažany, Central Bohemia. Vincent first set foot in the United States on Mar. 20, 1920 when he and his five siblings arrived with their mother Marie into the Port of New York aboard the S. S. Manchuria to join their father Leonhard who had settled in Pittsburgh, PA. They were listed on the ship's manifest as Czechoslovakian Slovaks and their last address was the city of Eggenberg, Austria. They listed their nearest relative as Mr. Jozef Havelka of Nadejkow Tabor, Czechoslovakia, who was probably Marie's father.



Vincent met his future wife during a sports competition at Lattimer Junior High School in Pittsburgh. **Helen Catherine Vorech** had been born on June 6, 1910 in Pittsburgh, the oldest of the five children of Joseph Vorech of Malastrana (old Prague) and his wife Kamila Abrahamova, also of Bohemia. They were regarded as “free thinkers” who were “facile” with the arts. After graduating from Allegheny High School, both Vincent and Helen went on to college, he to Carnegie Tech (now Carnegie Mellon University) and she to the University of Pittsburgh. They eloped and were married on April 2, 1932 in Pittsburgh by a Presbyterian minister. They were to have three children: Bob, Tom, and Camilla.

Vincent was employed as a development engineer in the steel industry at U. S. Steel (USX). He performed well and was rewarded by numerous gifts of stock. When their kids were in their teens, they used to go to a Methodist Sunday School, which they didn't like. Later, Vincent and Helen heard about a Unitarian minister, Rev. Irving Murray, 25 miles away at the First Unitarian Church of Pittsburgh, but they did the drive anyway and, according to Helen, “We fit right in.” They joined the church there in 1947 and remained active until their move to Maine



[**Sankofa Corner**, continued from previous page]

in August of 1970. Although they had visited the (old) Ellsworth church during visits to MDI in the 1950s and 1960s, they didn't really become active until after their move to Maine. Vincent co-chaired the building committee for the new church and they remained active until Vincent's death at the Bar Harbor hospital on Sept. 24, 1975. Helen followed him thirteen years later, passing on Jan. 13, 1999 at their home in Southwest Harbor. Her body was cremated in Washington, DC.

## HERBERT C. & A. EVELYN LORD

Herbert Curtis Lord was born in Surry on Nov. 21, 1894, the second of the five children of Elwyn Cook Lord of Surry and Lillian C. Clark of Ellsworth. On June 10, 1924 in Marlborough, Massachusetts, he married Alice Evelyn Howe, born on Apr. 17, 1894 in Marlborough, the third of the six children of Oscar Whitney Howe of Marlborough and Ida May Brown of Stow. They settled on the Surry Road, and were to have three children: Herbert C. Jr., Priscilla Leverett, and Thelma L. Lord. Herbert worked as a clerk in the Ellsworth Post Office, and Evelyn was Hancock County's first Home Demonstration Agent. During WWII, she worked with the Maine State Extension Service on Food Conservation and 4H Club work. She served as president of the Ellsworth Unitarian Church, and was active in the Eastern Star, the Surry Garden Club, and the Ellsworth Literature Club. She died on Jan. 12, 1976 in Glens Falls, New York, and he followed her five months later in June, also in Glens Falls. They were buried in the Village Cemetery in Surry where their gravestone describes him as "scholarly, artistic, friendly," and her as "optimistic, venturesome, resolute."



## UNITARIAN UNIVERSALISM'S 6 SOURCES

The living tradition which we share draws from many sources:

1. Direct experience of that transcending mystery and wonder, affirmed in all cultures, which moves us to a renewal of the spirit and an openness to the forces which create and uphold life;
2. Words and deeds of prophetic people which challenge us to confront powers and structures of evil with justice, compassion, and the transforming power of love;
3. Wisdom from the world's religions which inspires us in our ethical and spiritual life;
4. Jewish and Christian teachings which call us to respond to God's love by loving our neighbors as ourselves;
5. Humanist teachings which counsel us to heed the guidance of reason and the results of science, and warn us against idolatries of the mind and spirit;
6. Spiritual teachings of earth-centered traditions which celebrate the sacred circle of life and instruct us to live in harmony with the rhythms of nature.



## UNITARIAN UNIVERSALISM'S 7 PRINCIPLES

We, the member congregations of the Unitarian Universalist Association, covenant to affirm and promote:

1. The inherent worth and dignity of every person;
2. Justice, equity and compassion in human relations;
3. Acceptance of one another and encouragement to spiritual growth in our congregations;
4. A free and responsible search for truth and meaning;
5. The right of conscience and the use of the democratic process within our congregations and in society at large;
6. The goal of world community with peace, liberty, and justice for all;
7. Respect for the interdependent web of all existence of which we are a part.



## CONTACT INFORMATION

<b>Minister</b> Rev. Sara Hayman: 610-2872 (cell) sara@uuellsworth.org	<b>Children's Religious Education Coordinator</b> Anne Ossanna: 565-2057 aossanna@aol.com
Church Office (Tue 11-4, Wed 11-4, Thu 11-4) <b>Administrator</b> Jeffrey Jeude: 667-4393 office@uuellsworth.org	<b>Music Director &amp; Pianist</b> Wayne Smith: 667-9482 wayne@mrlanguage.com
<b>Intern Minister</b> Bettina Lehovc: blehovc@gmail.com	<b>NUUSletter Editor</b> (submissions deadline: 25 <sup>th</sup> of each month) Lisa Williams: 274-0177 lisa@IndigoArtDesign.com

## BOARD OF TRUSTEES

<b>President:</b> Gary Shellehamer to 2021 (667-0034)	<b>Vice President:</b> Beth Pepper to 2021
<b>Treasurer:</b> Sarah Curts to 2021	<b>Secretary:</b> Susan Opdycke to 2022
<b>Trustee:</b> Robert Breeden to 2022	<b>Trustee:</b> Christine Bowman to 2021
<b>Trustee:</b> Sally Gervais to 2022	<b>Moderator:</b> John Fink

## COMMITTEE AND TASK FORCE CHAIRS

<b>Adult Committee on Education:</b> Emma Macaillen	<b>Landscaping and Grounds:</b> Bron Day
<b>Aesthetics:</b> vacant	<b>Loaves &amp; Fishes:</b> Beth Pepper, Nina Turner
<b>Auction:</b> Margaret Thurston, Lori Johnson-Pannier, Jeff Jeude	<b>Membership:</b> Nancy Avila
<b>Building &amp; Maintenance/Safety:</b> vacant	<b>Pastoral Care Ministry:</b> vacant
<b>Charitable Giving:</b> Rev. Sara Hayman, Nancy Guy	<b>Peace and Social Action:</b> Doug Bird
<b>Choir:</b> Haydée Foreman	<b>Publicity:</b> Susan Opdycke
<b>Collaborative Ministry:</b> Mack MacDonald, Gary Shellehamer	<b>Children's Religious Education:</b> Linda Uberseder
<b>Committee on Ministry:</b> Karen Volckhausen	<b>Small Group Ministry:</b> Christine Bowman
<b>Congregational Engagement:</b> Evelyn Foster	<b>Stewardship:</b> Betty Massie
<b>Cookie Walk:</b> Robin Lovrien	<b>Ushers:</b> Jon Thomas, Ken Hanson
<b>Eggroll Project:</b> Susan Opdycke	<b>Technology Coordinator:</b> Lori Johnson
<b>Ferry Beach Director:</b> Anne Ossanna	<b>Wayside Pulpit:</b> Nancy Guy
<b>Fiscal Matters:</b> Connie Bailey	<b>Website:</b> vacant
<b>Flowers:</b> Bronwen Day	<b>Worship Arts:</b> vacant
<b>Green Sanctuary:</b> Paul Kelley	<b>Yard Sale:</b> Beth Pepper
<b>History/Archives:</b> Wayne Smith	<b>Youth Advisor:</b> Bob Dickens
<b>Hospitality Ministry Coordinator:</b> Jeff Jeude	

Unitarian Universalist Church of Ellsworth  
121 Bucksport Road  
Ellsworth, ME 04605



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Newsletter of the  
**Unitarian Universalist Church of Ellsworth**

**MARCH 2021**

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