



Celebrating the sacred, we gather in loving community  
to nourish souls and live justice into the world.

## NOVEMBER WORSHIP SERVICES, 10:30 a.m. “HEALING”

SUNDAY, NOV. 1

REMEMBER: DAYLIGHT SAVINGS BEGINS ON SUNDAY, NOVEMBER 1<sup>ST</sup>

### ***You are the result of the love of thousands***

Rev. Sara Hayman, Worship Leader; Bettina Lehovec, Collaborative Intern Minister

In this holy season of Samhain, All Saints and All Souls Days, drawing from the insight of Linda Hogan, a Chicksaw writer and poet who proclaims, “you are the result of the love of thousands,” in this service we’ll honor the love of our ancestors that lives on in us. To root ourselves more consciously in the strength and resilience of our ancestors (familial or those we choose) is one important way to steady and ground ourselves while living in the midst of the unknown, anxiety and fear. Come, help us name and be reminded of the roots that hold us close.

*SPECIAL INVITATION: Please email Rev. Sara ([sara@uuellsworth.org](mailto:sara@uuellsworth.org)) or text her (207-610-2872) a photo (JPG file) of YOU holding a picture of a beloved ancestor in your life. If you’re able, in addition to the photo you hold, include a piece of paper that tells us who your ancestor is. We’ll share these photos as part of a slideshow during worship.*

Join 11/1 ZOOM Worship Service: <https://uuma.zoom.us/j/91769289262?pwd=TGIERG1sbmxBTFZzQUxqOU5NUlZXdz09>

Meeting ID: 917 6928 9262

Passcode: 990261

Phone: 646-876-9923

**UUUCE Hike** at Jordan Homestead in Ellsworth at 3:15 pm!

[continued on next page]



*View along Jordan Homestead Trail in Ellsworth*

## SUNDAY, NOV. 8

### ***Healing Begins in the Body***

Rev. Sara Hayman, Worship Leader; Karen Volckhausen, Worship Associate

In his book, **My Grandmother’s Hands**, Resema Menakem writes, “healing begins in the body.” In this way, healing is not something we can ever only think our way into. How can we help ourselves and each other to experience this kind of healing? How might this healing work help us embody a more grounded and peaceful place in our justice-seeking ministries and engagements in the world?

**Join 11/8 Zoom Collaborative Worship Service:**

<https://uuma.zoom.us/j/98067150070?pwd=SGtycHB3WWRCNHhYdmdjZ3hVMitidz09>

**Meeting ID: 980 6715 0070**

**Passcode: 013442**

**Phone: 646-876-9923**

## SUNDAY, NOV. 15

### ***“There Is a Balm in Gilead”***

Bettina Lehovc, Collaborative Intern Minister & Worship Leader; and Lori Johnson, Worship Associate

“There is a balm in Gilead...” This beautiful slave song takes a rhetorical question from the Hebrew Bible and reimagines it for its own time, layering a message of hope and healing onto the original words. Can we use the same strategy in this post-election time, rebuilding a sense of community, re-imagining a way forward that is grounded in healing, continued activism, and the goal of world peace?

**Join 11/15 ZOOM Worship Service:**

<https://uuma.zoom.us/j/95168578335?pwd=OE8rcHRnVzRNbmJPOWZ5dk55OE9ydz09>

**Meeting ID: 951 6857 8335**

**Passcode: 046821**

**Phone: 646-876-9923**

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**FRIDAY, NOV. 20**

**SPECIAL SERVICE at 7 pm**

***We Remember Them: Transgender Service of Remembrance***

On this “Transgender Day of Remembrance,” an annual observance that honors the memory of those whose lives were lost in acts of anti-transgender violence, we gather in the spirit of love to grieve these tragic deaths and to commit ourselves anew to seeing and celebrating the dignity and worth of all transgender people. All are welcome.

**Join Friday, 11/20 ZOOM Worship Service:**

<https://uuma.zoom.us/j/97794815553?pwd=KOVRC2pJRkFhTUhnZjhhWThubnMyUT09>

**Meeting ID: 977 9481 5553**

**Passcode: 577794**

**Phone: 646-876-9923**

**SUNDAY, NOV. 22**

***We begin in gratitude...***

Rev. Sara Hayman, Worship Leader; Bob Dickens, Worship Associate

One critical path to healing—for ourselves and for the world—is to root ourselves in gratitude and to live more consciously and courageously out of that place. Gratitude, when sincerely felt and shared with others, becomes a seedbed for strength and courage that can help us to face and engage hard-truths and realities. How do we do this? Why does it matter?

**Join 11/22 ZOOM Worship Service:**

<https://uuma.zoom.us/j/93889402471?pwd=TVpHSjdEdFlsWCtMVnpQenJxbkFCdz09>

**Meeting ID: 938 8940 2471**

**Passcode: 766443**

**Phone: 646 876 9923**

**SUNDAY, NOV. 29**

***Healing through Imagination***

The Peace and Social Action Ministry and Rev. Sara will lead us in an open-ended conversation about what healing the earth might look like. We'll share our individual and collective dreams - imagining what UUCE's role in our community could be.

**Join 11/29 ZOOM Worship Service:**

<https://uuma.zoom.us/j/91450035584?pwd=ZG0xQl0rVIMwTCtwZm80WIVpWDJudz09>

**Meeting ID: 914 5003 5584**

**Passcode: 149938**

**Phone: 646 876 9923**



## MESSAGE FROM OUR MINISTER

Eleven years ago (how is that even possible?!), Evelyn Foster gathered me in a circle with others and invited us to use a Sacred Journey journal and write down my own “heart calling,” to write it down so I’d know it more clearly and remember it. What I wrote back then is still true today, still a bit of my own lost-to-me-wisdom that I’m grateful to have found again...

We help each other here.  
We need each other.  
We are not alone.  
Others needs us, too.

Love,  
Rev. Sara



### **Sara’s Own Heart Calling**

There is a tenderness at the core...  
a sadness that I carry always...  
and it is rich, and it is life-giving, life supporting.  
It is red and beautiful;  
it is full of stories people have told me,  
experiences I have had.  
The core of my heart is spacious,  
always room enough for more people,  
more beings, more beauty and heart-break..

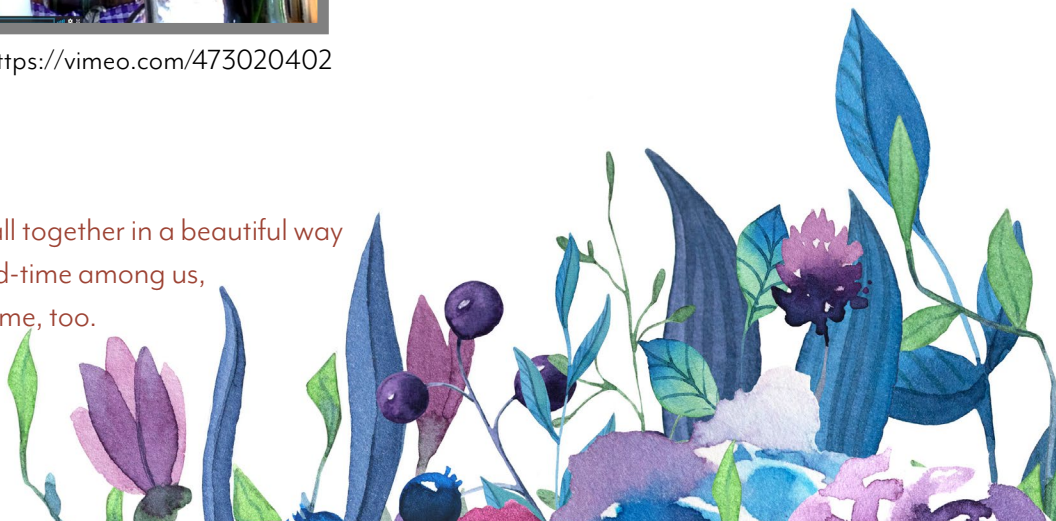


Click on the image above to access video: <https://vimeo.com/473020402>

### **My Ministry Matters Video:**

I hope you enjoy this month’s NUUS.  
My thanks to Lisa Williams who pulls it all together in a beautiful way  
and my thanks to YOU, newcomer or old-time among us,  
making this spiritual community your home, too.

<3  
Rev. Sara



## POST-ELECTION DAY GATHERING SPACE ON-LINE

**Wednesday, November 4<sup>th</sup>**

**8 am, 9-11 am and 1-4 pm via ZOOM**

Your collaborative ministers are planning to hold space on ZOOM, Wednesday, November 4<sup>th</sup> for any among us wanting to be gathered in community. I'll begin by hosting my Wednesday Morning Matins from 8-8:45am, a little longer than usual. Together, we'll create a contemplative worship space to help us live with however we may be feeling at that time: fearful, uncertain, anxious or relieved?



Rev. Amy Fiorilli will host the first of two on-line Listening Circles this same day, Wednesday, November 4<sup>th</sup> from 9-11am via ZOOM. People are welcome to be there the whole time, or to drop in and check-in with each other.

Rev. Margaret Beckman, with Vanessa Williams, will host the second Listening Circle of the day from 1-4pm on ZOOM. Again, all are welcome to attend, to come and go as you need and to be able to hear from and connect with others.

### **Wednesday Morning Matins with Rev. Sara Hayman**

Wednesday, November 4<sup>th</sup> from 8-8:45am on ZOOM

<https://uuma.zoom.us/j/97730349818>

**Meeting ID: 977 3034 9818**

**Phone: 646-876-9923**

### **Morning Listening Circle with Rev. Amy Fiorilli**

Wednesday, November 4<sup>th</sup> from 9-11am via ZOOM

<https://us02web.zoom.us/j/4695376814>

**Meeting ID: 469 537 6814**

**Phone: 646-558-8656**

### **Afternoon Listening Circle with Rev. Margaret Beckman & Vanessa Williams**

Wednesday, November 4<sup>th</sup> from 1-4pm via ZOOM

<https://us02web.zoom.us/j/86243317287?pwd=YWtEWVJtHjROHlGOHF0dVh4ajg3UT09>

**Meeting ID: 862 4331 7287**

**Passcode: 117477**

**Phone: 646 558 8656**





## NOVEMBER'S THEME IS HEALING



*To live in this world  
you must be able  
to do three things:  
to love what is mortal;  
to hold it  
against your bones knowing  
your own life depends on it;  
and, when the time comes  
to let it go,  
to let it go.*

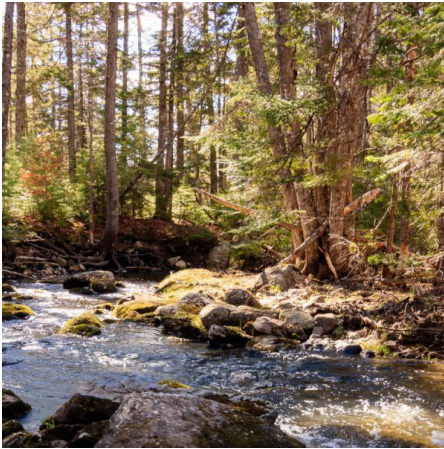
*~Mary Oliver*

Click graphic above for link to SOUL MATTERS pdf online.



## WHEN I AM AMONG THE TREES...

Sunday, November 1<sup>st</sup> at 3:15 pm



*Jordan Homestead Trail in Ellsworth*

Jordan Homestead Trail (1 mile and easy)  
Meet at parking lot on Bayside Road

One more hike planned for November. Come walk through the woods near a stream that empties into the Union River. It's an easy, beautiful walk for all abilities (some tree roots and gentle grades on the path).

Please RSVP to Rev. Sara if you plan to come. To help keep each other safe and well, we're asking folks to observe social distancing of 6ft between people, and to bring their own water, snacks and masks.



## UUCE CONGREGATIONAL COVENANT

We covenant as a loving community to:



- Be kind in word, tone, and deed;
- Communicate directly, and with honesty and thoughtfulness;
- Value a diversity of perspectives;
- Assume the best intentions in one another;
- Respectfully speak up when we are hurt and listen when we cause hurt; and
- When conflict arises, work constructively toward healing and forgiveness.

## COLLABORATIVE ANTI-RACISM CONVERSATIONS

2<sup>nd</sup> Thursday of each month, 4-5:30pm  
beginning on Thursday, November 12<sup>th</sup>

Your Collaborative Ministers: Revs. Amy Fiorilli & Sara Hayman and Bettina Lehovec, Collaborative Intern Minister, will take turns facilitating this monthly conversation about racism and doing our work re: decolonization and being anti-racist activists. Each session will include a presentation of some sort (a video clip, case study or reading) followed by conversation, deep listening and engagement with each other.

These monthly anti-racism conversations will happen each on ZOOM each 2nd Thursday from 4-5:30pm, October 2020 through June 2021 and are open to the members and friends of our three congregations.

You do not have to register to participate. The ZOOM invite will go out in the Wednesday e-news prior to the group and also be posted on our closed UUCE Facebook group.



**OUR PLATE SPLIT** for OCTOBER is with the **A FAMILY FOR ME**, focusing on the urgent need for finding Maine families who are willing and able to parent children in foster care.



### UUCE PLATE SPLIT FOR THE UPCOMING MONTHS:

Oct-Dec 2020 A Family for Me

Jan-Mar 2021 Wabanaki Public Health

Apr-June 2021 neighbor4neighbor



## *Come One, Come All, Bring rakes for grounds clean-up And enjoy the Fall!*

### NOVEMBER 8, 1:00 PM

Your church gardens have missed you this summer! Come help tuck them in for the winter as we all look toward spring renewal with hope.

There are plenty of fallen leaves to go around so don't feel shy about coming to rake or blow them into piles.

Other jobs:

Cutting back perennials

Draining and curling up hoses

Spreading top soil

Planting bulbs

Fertilizing

Taking pictures

Bringing lawn chairs to sit and cheer on the crew

In following the Covid 19 church guidelines for outside gatherings, everyone participating will sign in and provide contact information.



Physical distancing of being at least 6-feet apart will be observed. People from the same household can be in groups together and don't need to be 6-feet apart – just 6-feet away from other families.

Everyone will wear face coverings or face shields except when consuming food or beverages and food will not be shared except in family groups. People may bring their own food and drinks. Please wear masks and sturdy work gloves

The two bathrooms across from the coat rack in the front hallway will be available. Please follow the posted check-list for sanitizing after use.



## A WEEKLY VIRTUAL WORSHIP INVITATION FROM REV. SARA

WEDNESDAY MORNING MATINS - 8 am

All are welcome to attend and participate in this half hour morning matins gathering, a contemplative worship space. During this time, Rev. Sara will hold space for us to begin our day intentionally in community with silence, music, and varied meditation offerings and invitations she shares.

### ZOOM INVITE FOR all WEDNESDAY MORNING MATINS:

Join Zoom Meeting:

<https://uuma.zoom.us/j/97730349818>

Meeting ID: 977 3034 9818

Phone: 646-876-9923

## TUESDAYS THEMED VESPERS SERVICES

VIRTUAL WORSHIP with REV. AMY FIORILLI **WEEKLY FROM 6:00 TO 6:45 P.M.**

I've heard some of you say that you'd like a more nourishing, worshipful offering during the week. I find myself inspired to offer a simple vespers service that lifts up a different topic each week, we will hear music and light a candle. We'll hold space for silence and reflection with a moment for brief sharing and then close with contemplative music and loving words. Come as you are and know you are welcome.

Tuesday Themed Vespers Service Join Zoom Meeting:

<https://us02web.zoom.us/j/4695376814>

Meeting ID: 469 537 6814

One tap mobile

1 646 558 8656 US (New York)





# PASA **Peace & Social Action** MINISTRY *living justice into the world*

## DID YOU KNOW?

- Any member of UUCE is eligible to be a member of the Peace and Social Action Ministry (PASA).
- Any member of the UUCE community may attend and participate in PASA meetings.
- Only UUCE members on the PASA mailing list may vote on issues brought before PASA.

- PASA Membership Policy - Adopted 10/21/2019

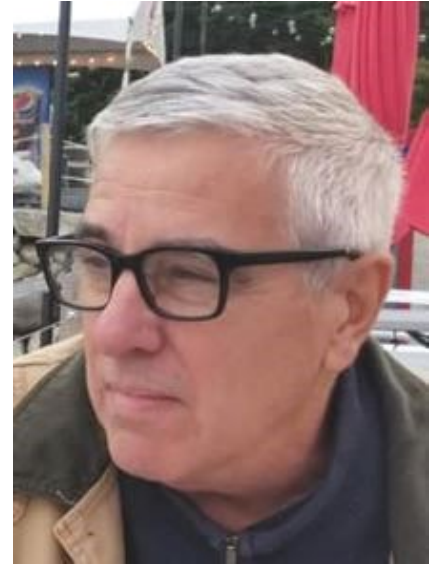


## AS WE MOVE INTO LATE FALL

and early winter, UUCE is also moving--forward. Thanks to the work of The COVID-19 Task Force, your Board of Trustees and, of course Rev. Sara and Intern Minister Bettina, three protocols for the pandemic have become church policy: a guide for reserving and using UUCE space, a check-list to be completed when using the facility, and action to take in the event someone diagnosed with the virus has been part of a group meeting at UUCE. These will be available from the office and will also be a part of a weekly e-News in the near future. A UUCE transition group is working on the transformation in how our community stays connected, working to keep us in touch through technology once we can return to full-community, in-person gatherings.

I am also grateful for the members of UUCE who reached out as we enter over half a year of physically distancing to make sure that our connections remain strong and our members and friends know that we are there for them. Additionally, a huge THANK YOU for being a part of what keeps our congregation connected.

By the time you read this, we will also have had our October Parish meeting on Sunday, Oct. 25<sup>th</sup>. The meeting was an information session, with the update on the almost-complete parking lot expansion (and appreciation expressed to the task force for this project comprised of Nancy Avila, Mary Susan Haynes, and Dave Szarmach, and extra gratitude to Mary for chairing the group as well as shepherding the project through research, concept, proposals and bids, and being the point person for contact from both the contractor and church members with questions or concerns); financial updates from Treasurer Sarah Curts; the above mentioned church policies for protocols during the COVID-19 pandemic; reports



from PASA and the Green Sanctuary team; an announcement about now being the time to register for or request a change in small group ministry (<https://uuellsworth.org/small-group-ministry/>); the announcement of the Fall Grounds Cleanup (Nov. 8, details to come); the formation of an elections committee to be voted on by the congregation at the January meeting; and a discussion on the Cookie Walk fundraiser possibilities for this year.

I also hope that the *Once in a Blue Moon* Halloween party is a success. I imagine you won't mind if I have to keep this message short to decide on my costume.

*Gary Shellhamer, UUCE Board President*



## NOVEMBER RELIGIOUS EDUCATION SCHEDULE

Fall greetings!

I am writing this while sitting on my couch, a cup of chamomile lavender hot tea at my side and a fire in the woodstove. The leaves are falling from the trees and we are transitioning into another season in the Wheel of the Year. I love this time of the year and I love serving our congregation as your Religious Education Coordinator.

In October we focused on DEEP LISTENING. Weekly lesson plans were emailed and posted on our UUCE website each week. Linda Uberseder and Anne met with the children for Children's Chapel, we went apple picking and had a train ride through Ellsworth. Several of our families showed up for peaceful Black Lives Matter vigils in Ellsworth, putting our love in action.



We also introduced two new offerings in collaboration with our friends from Belfast. *Fifth Dimension* is for 4th-8th graders and we had our first meeting on October. In this offering we viewed an age appropriate Twilight Zone episode from season 5 entitled *Number 12 Looks Just Like You*. Did you know that Rod Sterling was a Universalist? After the episode we had a guided and very lively discussion about beauty, dignity and souls. We also had a Collaborative Children's Chapel that was well attended. We will continue with *Fifth Dimension* on the 3rd Saturday of the month from 4:00-5:00 pm and Collaborative Children's Chapel the 3rd Sunday of the month from 8:45-9:45 am.



Our theme for November is HEALING and we have a very full month of RE Offerings. Take a look below:

**NOV. 1** Daylight Savings Time (Fall Back); UUCE Children's Chapel 8:45-9:15 am; Open ZOOM Children's Chat from 9:15-10:00 am; Email Lesson Plan - Don't Run Away from the Hard Work of Healing.

**NOV. 8** Email Lesson Plan - Let Gratitude Heal You

**NOV. 14** Fifth Dimension Collaborative offering for 4th-8th graders - *The Hunt*, let's watch this episode and have a lively discussion about Heaven, Hell and deceitfulness. Seriously, who wants to be in a place where dogs are not allowed?

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**NOV. 15** Collaborative Children's Chapel from 8:45-9:45; Open Zoom Children's Chat from 9:45-10:15 am; Email Lesson Plan Listen Before you Try to Help and Heal Others.

**NOV. 22** Email Lesson Plan - Heal by telling the truth of Thanksgiving, Anti-Racism Lesson Plan

**NOV. 29** Anne is off, no email lesson plan.

*Woyaya - Anne*



THIRD SUNDAY OF THE MONTH  
8:45 - 9:45 AM  
ALL AGES  
VIA ZOOM





## GROWTH CURVE AHEAD

Relationships are messy. Being human hurts.

I spent the weekend on virtual retreat with my colleagues — other student ministers preparing for service. It was a rich and intensive two days of music, small groups, featured speakers, and sharing.

Some deep ‘aha’ moments arose. I got to see the best of who I am — the strength and courage I bring to ministry — and the worst, or perhaps I should say some rough edges, some nonintegrated history that still brings me pain.

Good news, right? I’m human! Those rough edges are the growth curve, the learning edge, the sacred place where another layer of healing can begin.

But it’s not easy. I’ve made the needed external amends. (No egregious offense here, folks, just a minor misstep that has given rise to deep and ancient pain within me.) Now I have to sit with these turbulent feelings of anger, confusion, shame, and pain.

The Buddhist teacher Sharon Salzberg tells us that these difficult states of emotion are visitors, not to be confused with the totality of who we are. My task is neither to slam the door in the visitor’s face nor let the visitor take over my house, but to practice something in-between: a gentle hospitality that says, “Come. Sit at my table. You are welcome here.”

My task is to hold the painful emotions and the larger reality of who I am, and to do so with grace.

And so I breathe into my heart center. I breathe into my pain. I breathe into emotion so big I don’t know what to do with it. I do the other things I know are helpful: I journal about it. I dance. I call my therapist. I reach out to friends. I pray.

And slowly, slowly, the edges of emotion begin to soften. I start to see the gift that is there. I don’t know how this will resolve itself but I know that resolution will come. I know that somehow this upset will lead to awakening. To another level of wisdom, integration, and growth.

I know that love is bigger in the end.

I used to experience this state of emotion like Winnie-the-Pooh with his head stuck in the honeypot, stumbling frantically in the dark. Pooh and Piglet had seen their own footprints in the snow and decided they must belong to a Heffalump, a fearsome creature that lived entirely in their own imaginations. They set a trap, using Pooh’s honey as bait.

But Pooh awakened hungry in the middle of the night and decided to go get a taste (just a smackerel, you know). He stuck his head all the way in to get to the honey at the bottom of the pot, and couldn’t get the pot off again.

Poor Pooh! The Heffalump could arrive at any moment. Terrified, Pooh bumped around, stumbling over roots, growing ever more frantic until finally he managed to smash the pot open on a rock. Terrorizing himself with groundless fantasies and imagined fears.

I’ve moved from bumping around with my head in a honeypot to practicing hospitality when painful emotions arise. Such movement, such growth, in 20-some years!

Won’t you join me in celebrating the growth that is possible, in my life and in yours?

How do you deal with difficult states of emotion when they arise? Can you practice hospitality to the unwanted feelings that are really only our forgotten selves, crying out for recognition and for healing?

Can you return, ever and always, to love?

*Warmly,  
Bettina*



## I Worried.

“I worried a lot. Will the garden grow, will the rivers  
flow in the right direction, will the earth turn  
as it was taught, and if not how shall  
I correct it?

Was I right, was I wrong, will I be forgiven,  
can I do better?

Will I ever be able to sing, even the sparrows  
can do it and I am, well,  
hopeless.

Is my eyesight fading or am I just imagining it,  
am I going to get rheumatism,  
lockjaw, dementia?

Finally I saw that worrying had come to nothing.  
And gave it up. And took my old body  
and went out into the morning,  
and sang.”

~ Mary Oliver

*Artwork by Gordon Louis Mortensen*



## UUCE BOARD OF TRUSTEES

Meeting of September 10, 2020

**Present:** Pres. Gary Shellehamer, VP Beth Pepper, Sec. Susan Opdycke, Treasurer Sarah Curts, Rev. Sara Hayman, Collaborative Intern Minister Bettina Lehovc

**Trustees:** Robert Breeden, Sally Gervais

**Absent:** Christine Bowman

Gary called the meeting to order at 6:04 pm.

### ANNOUNCEMENTS:

- Sarah has heard from the bank and our parking lot loan has been approved; Gary will go there tomorrow for the closing.
- Thanks to Pepper for her successful leadership in the new “Name Your Price” yard-sale this year.

### MINUTES:

Sarah made a motion to accept the minutes, and Sally seconded.

### TREASURER’S REPORT:

- The PPP loan forgiveness form will be completed as soon as possible.
- Sarah and Jeff are working on the end of the FY 2019-2020 annual report.

### MINISTER’S MONITORING REPORT:

- Thanks to all the people who worked on the Yard Sale. And thanks too for the use of the Junction parking lot.
- Thanks to Sarah and Jeff for working together to finalize FY ‘19-’20.
- Sara is working to set up an expanded pastoral care system to meet the needs of the congregation
- Last night Sara met with the Committee on Ministry team and talked with them about reaching out to more members of the congregation. The BOT will each take 10 names from the new directory and, with the use of a script, tell them about the different ways they can obtain assistance from the church. Sara will put together the lists. The process will begin on October 1 and continue for two weeks, a “Mid-Pandemic Check-in” Do a check-in and then talk about “doing church.” People enjoyed coming together to work on the yard sale, and the Grounds Committee is having fun planning and working in the gardens at church.
- There are in-person outdoor events planned for each of the upcoming months. So far:
  1. **Apple-Picking** at Johnson’s Orchard in Ellsworth: Sunday, October 4<sup>th</sup> at 2pm
  2. **Hike:** Sunday, October 18<sup>th</sup> at 2pm: Connors Nubble Trail (3.7 miles and moderate) Meet at Eagle Lake Parking lot)
  3. **Hike:** Sunday, November 1<sup>st</sup> at 2pm: Jordan Homestead Trail (1 mile and easy) Meet at parking lot on Bayside Road

(Bring your mask, a snack and something to drink and enjoy being together in the beauty of this place. RSVP to Rev. Sara at sara@uuellsworth.org or text to 207-610-2872)

4. **Once in a Blue Moon Halloween Party:** Saturday, October 31st from 2-5pm outside at UUCE:

This party was offered at the Goods and Service Auction last February, with about 10 people bidding on it. We are inviting the congregation to join us for this All Ages In-Person event. A suggested donation of \$10.00/person or \$15.00/family will be gladly accepted (checks can be mailed to UUCE with Blue Moon Halloween Party in the memo line or brought to the event). All are welcome to attend regardless of ability to make a donation. Events will include, but not limited to: Parking Lot trick or treating; a Spook Path around UUCE; Photo table; Bonfire; a Blue Moon Ritual; and Dancing.

(Registration through the office and giving your contact information is required. Please reach out to Anne Ossanna at aossanna@aol.com for questions)

5. **Thanksgiving Nature Walk:** Thursday, November 26th from 2-4pm at the Stonebarn on Norway Drive in Bar Harbor. Weather permitting, we'll meet at the Stonebarn and walk the trails and enjoy a scavenger hunt together. Wear your mask, warm clothes and bring a thermos with a hot drink in it and enjoy the company of each other!

6. **Holy Days Tree Decorating** Outside at UUCE: Sunday, December 13th at 2pm. Bring edible ornaments for the birds to hang on our outdoor Holy Days Tree this year and enjoy the company of each other.

- The Covid-19 Task Force will be meeting this Saturday to review and revise the Building Use Guidelines.
- By-Law Task Force: will be meeting to complete this task soon.

## CONTINUING BUSINESS:

### Parking lot:

- Susan raised a question about width of striping in parking lot along Rte. 1; it is narrower than in other parts. Mary was there throughout and the striping met parking space standards.
- The board intends to thank Mary Haynes for her leadership in managing the parking lot expansion process.

### Fiscal Matters:

- The FM committee members agreed to each supervise an area addressed by that committee.
- They would still like to have a formal chair for the committee. They turned that search over to the BOT.

### Board Covenant:

- The last item was revised to read: "To remain engaged when conflict arises, and to call ourselves back to our covenant if it is broken." Sarah made a motion to accept this change, and Robert seconded. The motion passed.



## **POLICY-BASED GOVERNANCE:**

Gary reviewed “The Nested Bowls” and PBG. He had made a side show that he then emailed to the BOT for future reference. The BOT expressed their appreciation for his efforts.

Pepper made a motion to adjourn, and Robert seconded.  
Passed.

The meeting was adjourned at 8:10.

Respectfully submitted,

Susan Opdycke  
Secretary

## **UNITARIAN UNIVERSALISM'S 7 PRINCIPLES**

We, the member congregations of the Unitarian Universalist Association, covenant to affirm and promote:

1. The inherent worth and dignity of every person;
2. Justice, equity and compassion in human relations;
3. Acceptance of one another and encouragement to spiritual growth in our congregations;
4. A free and responsible search for truth and meaning;
5. The right of conscience and the use of the democratic process within our congregations and in society at large;
6. The goal of world community with peace, liberty, and justice for all;
7. Respect for the interdependent web of all existence of which we are a part.



## UUCE OFFICE

During this time of mandated isolation to curtail the spread of Covid-19, the Church and Office remain closed. Church Administrator Jeff Jeude is working remotely most of the time, but coming into the office on Wednesday, from 11:00 to 3:00.

You can ALWAYS reach him by phone at 573-330-4677 and email either [office@uuellsworth.org](mailto:office@uuellsworth.org).

### Support to Set-Up ZOOM Meetings for Church Gatherings

Jeff is able to schedule church-related ZOOM meetings. If you need to schedule a ZOOM meeting for your church purposes, please email him at [office@uuellsworth.org](mailto:office@uuellsworth.org) or call the church at 207-667-4393 on Wednesdays when he's physically in the building, typically 11:00 a.m. to 3p.m. If your need is urgent and Jeff has not gotten back to you, please call, text or email Rev. Sara Hayman at 207-610-2872 or [sara@uuellsworth.org](mailto:sara@uuellsworth.org). If possible, please give us several days notice to schedule these ZOOM meetings.

## UNITARIAN UNIVERSALISM'S 6 SOURCES

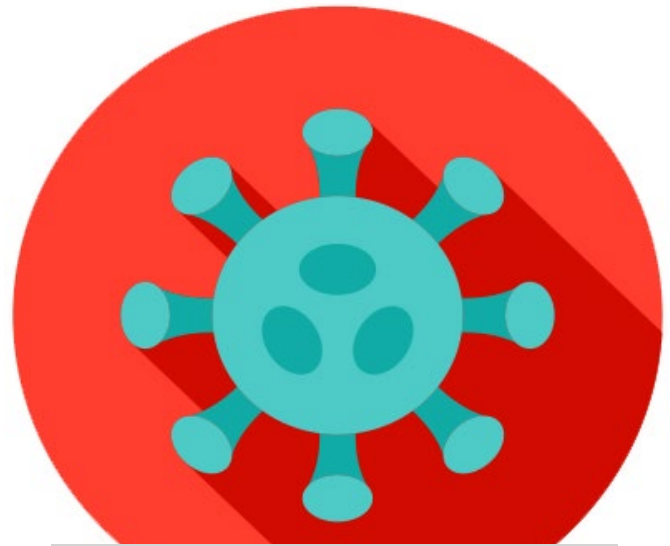
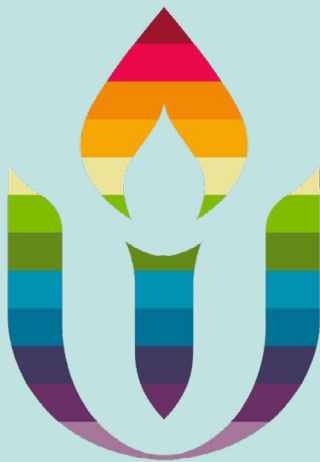
The living tradition which we share draws from many sources:

1. Direct experience of that transcending mystery and wonder, affirmed in all cultures, which moves us to a renewal of the spirit and an openness to the forces which create and uphold life;
2. Words and deeds of prophetic people which challenge us to confront powers and structures of evil with justice, compassion, and the transforming power of love;
3. Wisdom from the world's religions which inspires us in our ethical and spiritual life;
4. Jewish and Christian teachings which call us to respond to God's love by loving our neighbors as ourselves;
5. Humanist teachings which counsel us to heed the guidance of reason and the results of science, and warn us against idolatries of the mind and spirit;
6. Spiritual teachings of earth-centered traditions which celebrate the sacred circle of life and instruct us to live in harmony with the rhythms of nature.



## UUCE'S AFFIRMATION OF COVENANT

Love is the spirit of this church,  
and service its law;  
this is our great covenant:  
to dwell together in peace,  
to seek the truth in love,  
and to help one another.



## COVID-19 TASK FORCE

### UUCE COVID-19 TASK FORCE CONTACT INFORMATION

Mary Haynes:

667-7596 (home)

207-266-2207 (cell/text)

Penel Houghton:

207-266-1484 (cell/text)

Anne Ossanna:

565-2057 (home)

374-5612 (work)

207-479-6338 (cell/text)

Marta Rieman:

667-7584 (home)

207-479-7250 (cell/text)

Gary Shellehamer:

667-0034 (home)

202-494-3593 (cell/text)

Karen Volckhausen:

667-9212 (home)

207-266-9212 (cell/text)



## SANKOFA CORNER



## WHO'S WHO ON THE REMEMBRANCE PLAQUE AT THE DOORWAY? PART 2

Wayne H. Smith  
UUCE Historian

[Note: Names written in **bold face** were also active in the activities of the Ellsworth Unitarian Church.]

### S. SCOTT ESTEY

**Samuel Scott Estey** was born on Oct. 8, 1871 in Whiting, Maine, the last of the nine children of Samuel Richard Estey of Eastport, Maine and Elizabeth Kelley of Trescott, a small village near Lubec, Maine. On Aug. 17, 1893 in Ellsworth, he married Mary E. Morrison who was born on June 11, 1872 in Ellsworth, the daughter of Eben Eldridge Morrison of Ellsworth and Lydia Morrison of Mariaville. They lived on the Bayside Road in Ellsworth where they raised five children: Florence R. (known as Henna), **Julia M., Bertha Curtis**, Samuel Eben, and Horace S. On his 1893 marriage certificate, Scott identified himself as a lumberman, but on the 1910 census, he was operating what would become the Pioneer Dairy Farm, Ellsworth's largest milk farm. In 1907, the Bayside Grange was formed, and Scott was chosen to be its first master. In 1939 he was working as chairman of the Hancock County soil conservation committee, and in 1942 he was elected president of the Hancock County National Farm Loan Association. Mary taught in a rural school of between 60 to 75 students alongside Miss Kettie Remick. Later in life, she was active in the Bayside Grange and the Order of the Eastern Star. Mary died on June 16, 1927 in Ellsworth. Scott outlived her by 32 years, passing away in Ellsworth in 1958. They were buried in Woodbine Cemetery.

### HAROLD GERARD GRAPEL

Harold Gerard Grapel was born on Oct. 26, 1900 in Red Bank, New Jersey, the son of Gerhard Henry Grapel and Nellie Antoinette Clark, both of Brooklyn, New York. He was a brother to active church member **Gertrude Mason**. He married Mary E. Lynn, born on Jan. 21, 1900 in Newark, New Jersey, daughter of Bernard J. Lynn and Mary Ann Mulcahy, both of New Jersey. They appear to have had no children. In 1920, Harold was working as a clerk in a tobacco company. He and Mary later settled in Westfield, NJ where in 1940 he was working for the Metropolitan Life Insurance Company in Plainfield, NJ. Mary died in 1968 and Harold in 1972, and both were buried in Woodbine Cemetery in Ellsworth.

### GEORGE S. & MARY H. HAGERTHY

**Dr. George Simpson Hagerthy** was born in Surry on Aug. 2, 1870, the son of George Carlisle Hagerthy and Clara E. Carter, both of Surry. On Oct. 2, 1897 in Ellsworth, he married **Mary C. Higgins**, born on Oct. 25, 1873

[continued on next page]

*[Sankofa Corner, continued from previous page]*

in Hulls Cove to Josiah H. Higgins of Eden (now Bar Harbor) and Harriet S. Caswell of Camden. George and Mary had five children: **Madella R., Chandler L.**, Vena Caswell, Marjorie Frances, and **Bertha Louise**. George attended dental school in Philadelphia, then moved to Hancock St. in Ellsworth where he worked as a dentist for nearly 40 years. Mary was active in the Nokomis Rebekah Lodge where she once served as noble grand in that order. She was a sister to church members **Julia Nicolls** and **Leonora Higgins**. George passed away on Feb. 14, 1932 in Ellsworth, and Mary died in 1941, also in Ellsworth. They were buried in Woodbine Cemetery in Ellsworth.

## JENNIE D. HEAD

**Jennie Mildred Davis** was born on Mar. 12, 1893 in Ellsworth, the daughter of James W. Davis of Bangor and Nellie Conway of Ellsworth. On Dec. 23, 1902 in Bangor, she married Merrill Richards Head, born on Nov. 20, 1872 in Waldoboro, the son of Osmay S. Head of Waldoboro and Sarah Elizabeth "Lizzie" Richards. They originally settled in Waldoboro, but their daughter Helena E. was born in Ellsworth in 1905, and by around 1915 they were living on Oak Street in Ellsworth. Two more children were to be born to them: James Davis and Mae Buttner. In the meantime, Merrill and his business partner George P. Smith built up a men's clothing business on Main St. where they practiced "good business methods and square dealing." After the famous Ellsworth fire of 1933, their business is one of the first to be reestablished on what was then called "Emergency Street." In January of 1942, Merrill suffered a heart attack at his store and spent several months recuperating at a private hospital in Ellsworth. Merrill was active in Republican politics, enjoyed playing bridge, and frequently performed in a four-part male harmony group. Jennie was very active with the Women's Alliance, and outside of her church activities, she also enjoyed bridge. After her husband's death, she and her daughter Mae took over the running of her husband's clothing store. Merrill died on Nov. 30, 1949 at Togus Hospital in Chelsea, but Jennie outlived him by 21 years, passing on Dec. 1, 1970 at a nursing home in Sullivan. They were buried at Woodbine.

## EDWARD E. & LOUISE A. KAMPS

Edward Emil Kamps was born on Nov. 18, 1877 in Hoboken, New Jersey, the son of William Kamps and Minnie Volger, both from Germany. on Sept. 3, 1904 in Boston, he married Louisa Alma Keissling, born on Jan. 30, 1883 in Dedham, Massachusetts, the daughter of Charles Frederick Kiessling and Lena Johanna Pipping, both of Dedham. Edward and Louise had a total of eight children: **Edward Carl**, Ernestine Louise, Pauline E., Albert William I, Albert William II, Helen Magdeline, Alma M., and Harvey H. Edward and Louisa spent virtually all of their life in Dedham, but their son **Edward Carl Kamps** remained in Ellsworth. Edward died about 1943 in Dedham, and Louisa passed away on Nov. 1, 1962 in Dedham.

## FRANK S. & ADAH M. LORD

**Franklin S. Lord** was born on Feb. 23, 1855 in Surry, the son of Abraham Lord and Eliza J. Smith, both of Surry. In 1880 he married **Adah M. Wood**, born in August of 1855 in Ellsworth, daughter of Nathan M. Woods of Montville

*[continued on next page]*

[*Sankofa Corner, continued from previous page*]

and Martha Fulmer of Cushing. They lived on Hancock St. in Ellsworth where they raised four children: **Mabel F.**, Harvard Harlow of Augusta, **Edith M.**, and **Ruth Edith**. After a few years as engineer of the steam tug Little Round Top, he engaged in the coal business and was one of the proprietors of the Ellsworth Ice Company. He eventually became active in Democratic politics, serving as an alderman in 1897-1898, later as an assessor of taxes, and was many times urged to be a candidate for mayor. He was one of the trustees of the Unitarian Church and was elected president of the board in 1913. He was also active in Masonry and in Odd Fellows. He was elected representative from Ellsworth to the Maine Legislature not long before his death, which came on Nov. 11, 1915 at a hospital in Bangor where he failed to rally after an operation. Adah remained active in the Irene chapter of the Order of the Eastern Star and at the Unitarian church where she served as secretary to the Women's Alliance. She died in 1947 and was buried beside her husband at Woodbine.

## WILLIAM & MARY R. LYSAGHT

**William Lysaght** was born on May 25, 1886 in Portland, son of John Scott Lysaght of Portland and Martha Jane Archibald of Colchester, Nova Scotia. On Aug. 21, 1911 in Ellsworth, he married **Mary E. Raymond**, born on Aug. 23, 1886 in Caribou, daughter of Wallace L. "Wallie" Raymond of Presque Isle and Mary Elizabeth "Lizzie" McQuinn of Ellsworth Falls. They had no children. William worked as a supervising agent out of Cleveland, Ohio but spent his summers in Ellsworth. He died on Jan. 1, 1938 in Providence, Rhode Island and was buried in Woodbine Cemetery in Ellsworth. Mary remained in Ellsworth for the rest of her life near her family. She was an active member of the Unitarian Church and also the Irene Chapter of the Order of the Eastern Star. She died on Feb 5, 1969 in Ellsworth, and was buried at Woodbine.

## FRED L. & SARAH E. MASON

**Fred Livingston Mason** was born on Nov. 14, 1864 in Ellsworth, the son of Charles Wesley Mason of Orland and Cinderella H. Cook of Ellsworth. On Jan. 11, 1884 in Ellsworth, he married first **Sarah Evelyn Kelliher**, born on June 17, 1863 in Milbridge, the daughter of Solomon Y. Kelliher of Milbridge and Almira Packard Bartlett of Trenton. They settled on Beals Avenue where they had three sons: **Fred Livingston Jr.**, **Walter Kelliher**, and **Philip Dutton**. After graduating from Ellsworth High School, Fred attended Boston University Law School and was a member of the Hancock County Bar for 48 years. He served as county attorney for two terms and in the Maine House of Representatives for two terms. His first wife, Sarah, died in Ellsworth on June 23, 1917. Nine years later, on Nov. 7, 1926, Fred married second Mrs. Minta I. "Minnie" (Emerton) Sargent who was born on Feb. 26, 1886 in Brooksville, the daughter of Joseph B. Emerton and Ellen F. Carter. Fred died on Feb. 24, 1936 in Hancock, and Minnie died on May 21, 1957 in Ellsworth.



## CONTACT INFORMATION

<b>Minister</b> Rev. Sara Hayman: 610-2872 (cell) sara@uuellsworth.org	<b>Religious Education Coordinator</b> Anne Ossanna: 565-2057 aossanna@aol.com
Church Office (Tue 11-4, Wed 11-4, Thu 11-4) <b>Administrator</b> Jeffrey Jeude: 667-4393 office@uuellsworth.org	<b>Music Director &amp; Pianist</b> Wayne Smith: 667-9482 wayne@mrlanguage.com
<b>Intern Minister</b> Bettina Lehovc: blehovc@gmail.com	<b>NUUSletter Editor</b> (submissions deadline: 25 <sup>th</sup> of each month) Lisa Williams: 274-0177 lisa@IndigoArtDesign.com

## BOARD OF TRUSTEES

<b>President:</b> Gary Shellehamer to 2021 (667-0034)	<b>Vice President:</b> Beth Pepper to 2021
<b>Treasurer:</b> Sarah Curts to 2021	<b>Secretary:</b> Susan Opdycke to 2022
<b>Trustee:</b> Robert Breeden to 2022	<b>Trustee:</b> Christine Bowman to 2021
<b>Trustee:</b> Sally Gervais to 2022	<b>Moderator:</b> John Fink

## COMMITTEE AND TASK FORCE CHAIRS

<b>Adult Religious Education:</b> Mary Haynes	<b>Kitchen:</b> Evelyn Foster
<b>Aesthetics:</b> Linda Laing	<b>Landscaping:</b> vacant
<b>Auction:</b> Margaret Thurston	<b>Loaves &amp; Fishes:</b> Beth Pepper, Nina Turner
<b>Building &amp; Maintenance:</b> Mary Haynes	<b>Membership:</b> Nancy Avila
<b>Caring Committee:</b> Sally Francis	<b>Pastoral Visitors Team:</b> Nancy Guy
<b>Charitable Giving:</b> Rev. Sara Hayman, Nancy Guy	<b>Peace and Social Action Ministry:</b> Doug Bird
<b>Choir:</b> Haydée Foreman	<b>Publicity:</b> Susan Opdycke
<b>Collaborative Ministry:</b> Mack MacDonald, Gary Shellehamer	<b>Religious Education:</b> Linda Uberseder, Tobias Betancourt
<b>Committee on Ministry:</b> Karen Volckhausen	<b>Safety:</b> vacant
<b>Cookie Walk:</b> Rev. Sara Hayman	<b>Small Group Ministry:</b> Christine Bowman
<b>Eggroll Project:</b> Susan Opdycke	<b>Stewardship:</b> Bob Francis
<b>Parking Lot Task Force:</b> Mary Haynes	<b>Sunday Order of Service:</b> send to office@uuellsworth.org
<b>Ferry Beach Registrar:</b> Anne Ossanna	<b>Ushers:</b> Jon Thomas, Ken Hanson
<b>Fiscal Matters:</b> Connie Bailey	<b>Video Services Coordinator:</b> Lori Johnson
<b>Flowers:</b> Bronwen Day	<b>Wayside Pulpit:</b> Nancy Guy
<b>Governance:</b> Mary Haynes, Robin Lovrien	<b>Website:</b> Lisa Williams, Mike Arruda
<b>Green Sanctuary:</b> Gary Shellehamer	<b>Worship Arts:</b> Lori Johnson
<b>History/Archives/Library:</b> Wayne Smith	<b>Yard Sale:</b> Beth Pepper, Bill Fogle
<b>Hospitality Ministry Coordinator:</b> Jeff Jeude	<b>Youth Advisor:</b> Bob Dickens

Unitarian Universalist Church of Ellsworth  
121 Bucksport Road  
Ellsworth, ME 04605



November 2020



Newsletter of the  
**Unitarian Universalist Church of Ellsworth**

**November 2020**

Vol. 52, No. 11

We covenant to affirm and promote:  
The inherent worth and dignity of every human being;  
Justice, equity and compassion in human relations;  
Acceptance of one another and encouragement  
to spiritual growth in our congregations;  
A free and responsible search for truth and meaning;  
The right of conscience and the use of the democratic process  
within our congregation and in society at large;  
The goal of world community with peace, liberty and justice for all;  
Respect for the interdependent web of all existence of which we are a part.