

# The NUUS



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The Unitarian Universalist Church of Ellsworth  
121 Bucksport Road, Ellsworth, ME 04605  
(207) 667-4393 [www.uuellsworth.org](http://www.uuellsworth.org)



*Celebrating the sacred, we gather in loving community  
to nourish souls and live justice into the world.*

## **SEPTEMBER WORSHIP SERVICES, 10:30 A.M.** This month's worship theme is *EXPECTATION*.

**Sunday, September 1** ...and have not love, my words are vain Rev. Sara Hayman, Worship Leader  
*UUUCE Choir Practice at 9 a.m.! 1<sup>st</sup> Sunday Potluck!* Bob Dickens, Worship Associate

The spirit in which we reach out to others in need or those with whom we disagree matters a great deal. If our best intentions are not rooted in listening, in love and respect for others, our actions do not help. If we are committed to listening from the heart, what can we expect from one another? Why does it matter?

**Sunday, September 8** **Our Blue Boat Home:** Rev. Sara Hayman, Worship Leader  
**Ingathering & Water Communion Service** Charles Betancourt, Worship Associate  
*UUUCE Choir Sings! Worldwide Dinner Drawing after Worship!*

Every year, on the Sunday after Labor Day, we celebrate the beginning of our official program church year with an Ingathering Service that includes a Water Communion ritual. All are invited to bring a small vial of water from a source significant to you, to be poured into a common vessel.

**Sunday, September 15** **Welcoming Charlie Howard** Kay Wilkins, Worship Leader  
*Backpack Blessing! UUUCE Hike at Great Head at 2 p.m.* Tobias Betancourt, Worship Associate

On July 7, 1984, Charlie Howard, a gay man, was returning home from a potluck at the Bangor Unitarian Church when he was attacked and killed by three students from Bangor High School. Kay Wilkins was president of the Unitarian Church and a teacher at Bangor High School. She will share some of the lessons she learned as we consider today's questions: What do the UU Principles ask of us? How do we extend and renew our welcome particularly to transgender and gender non-conforming people?

**Sunday, September 22** "If not you, then who? Robin Lovrien, Worship Leader  
**If not now, when? ClimateStrike#** Charles Betancourt, Worship Associate

This week people around the globe are participating in the "Strike for the Climate." Children led the largest climate mobilization last spring. Now we adults are asked to step up and join in focusing our energy to address the most acute crisis our planet has faced in all of history. Our UU Principles, especially the 1st and 7th, direct us to care for our blue boat home planet with all our hearts. What should we know? What can WE do, really? And what can we do NOW??

*[continued on p. 2]*

**SEPTEMBER WORSHIP SERVICES,** *continued*

**Sunday, September 29** ...we begin again in love  
 Meet Ariel, Our New Collaborative Intern Minister!

Rev. Sara Hayman, Worship Leader  
 Ariel Aaronson-Eves, Intern Minister

In the Jewish tradition, Rosh Hashana, which begins at sundown tonight, commemorates the creation of the world and marks the beginning of the Days of Awe, a ten-day period of introspection and repentance that culminates in the Yom Kippur holiday, also known as the Day of Atonement. Drawing from the wisdom of this tradition, in this service we'll reflect on the spiritual practice of making amends and doing our part to help repair and heal broken relationships.

## Ministry Matters

It's happening! The mornings here in Maine are cooler now and daylight is giving way to sunset an hour or so earlier than I expect. Fall is my favorite season, and I can't help but wonder where the summer has gone...

I hope you will join us next Sunday, September 8, for our **Ingathering & Water Communion Worship Service** as we mark the official beginning of our new program church year together. (See the worship description for more information about this service). It continues to be an honor to be your minister and to anticipate all that lies ahead.

Have you bought your **World Wide Dinner Raffle** ticket yet? Have you handed in the tickets you've sold? The drawing is Sunday, the 8th, after our Ingathering & Water Communion Service. I want to thank **Lisa Williams**, chair of this fundraiser, as well as the committee she's worked with this year, for all she's done to creatively promote and lead this effort. We are so fortunate to have such generous and capable people at UUCE!

On the weekend of September 20-22, UUCE will be at the **MOFGA Common Ground Fair** selling our delicious organic **Egg Rolls** for the fourth year in a row! I'm excited to be volunteering and look forward to working with so many of you in the booth. Please join me in thanking **Susan Opdycke**

for her leadership as chair in this endeavor, and thank you to *all* who are (and have already been) helping. We are still looking for volunteers for several afternoon shifts at the fair, so if you'd like to help, please contact Mary Haynes, Egg Roll Volunteer Coordinator, and she'll gladly sign you up ([mhaynes@roadrunner.com](mailto:mhaynes@roadrunner.com)). There are also sign-up sheets posted on the bulletin board in the front hallway at UUCE.



In keeping with our congregation's commitment to being more environmentally conscientious, beginning on Sunday, September 8, we will be *handing out far fewer printed orders of service and bulletin inserts*. Thank you in advance for your support and for your willingness to become more comfortable relying on the flat screen in the sanctuary to receive this information. I want to thank **Mary Haynes, Kay Wilkins, and Margaret Thurston** who have worked hard to create these wonderful pre-worship slides.

It takes a village to create, support, and sustain a thriving community and congregation like ours. Thank you for being a part of it all.

Yours, in shared ministry,

*Rev. Sara*

## Ministry Matters



is the recipient of our first-Sunday Plate Split in September. Administered by Healthy Acadia, this fund provides one-time mini-grants of up to \$500 for seniors across Hancock and Washington Counties who unexpectedly find themselves in need of such things as new eyeglasses, dentures, medical equipment, transportation for medical services, and household repairs. The fund can also help out with other one-time challenges that might arise.



### September 2019 Small Group Ministry Enrollment

*Small Group Ministry creates a sacred time where the stories of our lives are heard. ~Thandeka*

Small Group Ministry offers an opportunity for spiritual growth, mutual care, and meaningful connections among members and friends of our congregation, using a predictable group structure. We explore various topics and questions, often following the monthly worship theme. Through sharing and reflecting, small groups provide an opportunity to know others and to be known.

*"Deep listening is miraculous for both listener and speaker. When someone receives us with open-hearted, non-judging, intensely interested listening, our spirits expand." ~ Sue Patton Thoele*

We currently have 6 small groups that meet on a monthly basis. The SGM committee is made up of representatives from each group and meets monthly.

Many of you who are already participating in a small group have indicated that you would like to remain in that group. If you are not yet a member or wish to try a different group, please complete an enrollment questionnaire. Representatives of the SGM Committee will be at a table, at coffee hour, during the month of September to help. Need more information?

- ◆ Pick up an SGM information packet (UUCE entrance table or SGM table at coffee hour).
- ◆ Ask a member — it's likely that you are sitting next to one during church services.
- ◆ Ask a Committee member.

Because we continue to grow, and many groups are at capacity, there is opportunity, and need, for new groups to form. If you are interested in hosting and/or facilitating a group, please let us know. Please stop by the SGM Enrollment table and say hello. We would love to find a small group for you.

Your SGM Committee,

*Christine Bowman (Coordinator), Anne Ossanna, Mickey Worth, Haydée Foreman, Kay Hansen, Carol Rosinski*

## Ministry Matters

### Celebration of Life for Phil Person

On Thursday, September 12, at 2 p.m., we will celebrate the life of Phil Person at UUCE. There will be a reception hosted by the Caring Committee following the service. All are welcome, and thank you for sending your love and sympathy to Pam.



### Sharing the News of Cathy Burdette's Death



On Saturday, August 23, long-time member of our congregation Cathy Burdette, died peacefully in Ellsworth at 61. Cathy had been living with early-onset Alzheimer's disease for more than six years. She is survived by her loving husband Chris, who continues to be a member of our congregation, and their two grown daughters, Maria and Emma. As sad as Chris and his daughters are, they also feel this ending is a blessing. Cathy is no longer struggling with this disease.

At this time, Chris welcomes cards or emails of condolences, or Facebook messages of support. Please no calls. Chris is deeply grateful for the many people in this congregation who have been there for him, for Cathy, and for their girls.

There will be a memorial service at a future date, but the Burdette family will take some time before making those plans. Thank you for keeping Chris, Maria, and Emma in your thoughts and prayers.

## "SPIRITUAL ELDERING" CLASS

Starting this Wednesday, September 4, retired Belfast minister Rev. Deane Perkins will lead ten sessions on the subject of elderhood and a joyous vision called *sage-ing*. Class discussions will focus on such themes as:



- Replacing negative images of aging in a culture that worships youth.
- Treating elderhood as a time to discover inner richness for self-development and spiritual growth, as well as a time of transition and preparation for dying.
- Becoming wise by undertaking the inner work that leads in stages to expanded consciousness."
- How sages can redirect us from selfish, short-term thinking to broader, inspired approaches that take into account the welfare of our endangered planet.

The book *From AGE-ING to SAGE-ING*, by Zalman Schachter-Shalomi and Ronald S. Miller, will be the basis for our weekly discussions. The book is \$15.99. If you are interested in this class, please sign up right away with Jeff Jeude, UUCE Administrator, and read the first chapter by September 4. Feel free to contact Rev. Deane at [deanep Perkins@gmail.com](mailto:deanep Perkins@gmail.com) with any questions..

**Time: Wednesdays from 4 to 5:30 p.m., for ten weeks beginning September 4.**

## HOSPITALITY MINISTRY

Many, many thanks to our **August Hospitality Team** who took wonderful care of us this past month! This generous group of people was led by **Lisa Williams (coordinator)** and included **Beth Pepper, Eric Uberseder, Ginny Berrien, Mack MacDonald** and **Paul Totaro**. *Thank you!*

Our **September Hospitality Team** could also use a few more volunteers. Please let me (or Jeff, in the office) know if you are able to join this team! In the meantime, please do say **Thank You** to **Bron Day, Betty Massie, Barb Acosta, Jim Fisher, Donna Madonna, Chuck Betancourt, Holly Hendricks,** and **Tori Bell** for agreeing to help!

As always, **thank you** so much to **Susan Opdycke** for being our dedicated coffee and tea maker and supplier for our coffee hour. You are very good to us, Susan!

Love,  
Sara



## OUR NEW INTERN MINISTER



Extend a welcome to **ARIEL AARONSON-EVES**, who is just arriving from Spokane to begin her intern ministry with us!

## OUR 2019 UUCE BOARD OF TRUSTEES



**GARY SHELLEHAMER**, President [*note official new church email: [president@uuellsworth.org](mailto:president@uuellsworth.org)*]; **BETH PEPPER**, Vice President; **SUSAN OPDYCKE**, Secretary; **GERRY MEHL**, Treasurer; **CHRISTINE BOWMAN, MIKE ARRUDA, MARGARET THURSTON**, Trustees

## Activities

### Next Church Hike with Rev. Sara!

Great Head Trail, Bar Harbor



All are welcome to join in the fun of a hike around Great Head near Sand Beach on Sunday, September 15. Please plan to caravan together from the church parking lot after worship, or to meet us at the trailhead off Sand Beach at 2 p.m. It takes about an hour to do this hike that's rocky and right along the ocean in places. We'll be sure to go slowly and enjoy this time together. Hope to see you there!



Schoodic Mountain Hike, August 11

### Welcome to the UUCE Grove!

Our 6th UU source is the spiritual teachings of earth-centered traditions that celebrate the sacred circle of life and instruct us to live in harmony with the rhythms of nature. Have you always felt drawn to the cycles of the earth? Does the song of the elements sing to you? Join us on October 19 for our first Grove Gathering at UUCE. Come join in communal sacred space as we explore the divine connection between ourselves and nature. If you are interested in ritual practice and exploring a sacred circle with like-minded individuals, please register with Jeff in the office by Sunday, October 13, and come sit for a spell.



Brightest Blessings,

*Charles A Betancourt (he/him/his)*

[cabetancourt16@gmail.com](mailto:cabetancourt16@gmail.com)

(631) 478-4513



## Church Matters

### LET'S SEND A CARE PACKAGE TO DON & JEAN MARTIN!

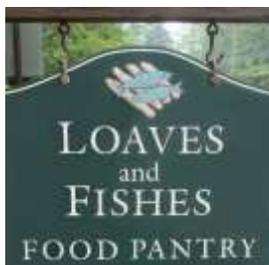
At Dartha Reid's suggestion, we invite you to write a note and/or bring a little something to include in a Care Package to send off to DON & JEAN MARTIN so they'll know they aren't forgotten. Don & Jean were active and much beloved members of our congregation for the many years they lived in Ellsworth. They moved to Pennsylvania a few years ago to be closer to family, and they are missing Maine. We want them to know we still think about them and send our love.

Please bring your card and/or gift for this package to church on Sunday, September 8.

We are starting to print fewer orders of service and have begun recycling those we do use! A concerned congregant has offered to take the bulletins after Sunday services to have them recycled. Look for the box marked for their collection outside the Sanctuary and deposit your order of service. Save a tree!



### *Loaves & Fishes*



Thank you to all who helped serve our local community by volunteering at the Loaves and Fishes Food Pantry during UUCE's committed month in August! Local churches and organizations have each been providing staff one month a year, but resources have been stretched with all the various calls for assistance lately, and there are not currently enough churches available to help staff the food pantry.

Do you have a few hours you could spare to keep Loaves & Fishes running this month? We are needed Monday mornings starting September 9 at 8:30. Many families in our community depend on us to put healthy meals on their tables. Sign up in the Community Room or contact Nina.

We're also hoping for a couple of volunteers to bake fruit pies or to staff the pantry's booth at the Blue Hill Fair on Monday, September 2. You'll earn two free passes to the fair!

Thank you!

Nina Turner (207) 537-2224 or (713) 818-8746

## Message from the President



Recently, I received emails about the theft of the rainbow flag from our wayside pulpit. I reported the theft to the Ellsworth police after inquiring if someone from church had borrowed or removed the flag and also driving down the Bucksport and Christian Ridge roads to see if the flag had been removed and later tossed aside.

Our message “we are a welcoming congregation” conveyed by the rainbow flag was important to Bill and me. When we were house-hunting in Ellsworth, we drove by the church, saw the flag, and decided to ‘check it out’ when we moved here. Since becoming part of the church, we have heard others say the same thing—it was the rainbow flag that served as a catalyst to attend services and become involved in this community.

The rainbow flag also highlights an important part of the history of the Unitarian Universalist Organization (UUA). A 1970 General Assembly (GA) resolution on this topic urged the UUA to work to end discrimination against homosexuals and bisexuals. In 1980, a GA resolution pressed the UUA to end LGB discrimination in employment and assist in the settlement of lesbian, gay, and bisexual religious leaders. A 1984 GA resolution affirmed the practice of conducting services of union for gay and lesbian

couples, and another resolution in support of full marriage equality passed in 1996. The first resolution to affirm transgender individuals and identity passed at GA in 2007 and urged the expression of this affirmation through employment practices, educational efforts, congregational life, and public witness, as well as encouraging congregations to explore the differences between sexual orientation and transgender identity.



The flag is also an important part of the UUCE’s history. In 1989, a GA resolution recommended implementing the [Welcoming Congregation program](#) (approved by the UUA Board of Trustees), and the first edition of the curriculum was published in 1990. A proud part of our own congregation’s history is the fact that UUCE was the first official UUA Welcoming Congregation in the state of Maine, receiving certification in 1995.

We are now finishing our work on renewal of that certification. It is not only ironic but disheartening to find that we still are dealing with resistance to equality for people who identify as LGBTQIA [lesbian, gay, bisexual, transgender, queer (or questioning), intersex, and asexual (or allies)].

I have had individual and group conversations centered on the theft of our flag. Some questioned whether flying it by the roadside is a “red-flag” for those with phobias about the sexuality of others. Often it has caused concern for the safety of the church community. Additional comments strongly support the continued flying of a rainbow flag as an expression of welcoming, a demonstration of support, and a declaration of our freedom of expression/speech.

*[continued on next page]*

*[Message from the President, continued:]*

I personally fall into the latter camp. It is unfortunate that we live in times where going to a concert, or to school, or shopping, or to your church suddenly has become less safe. However, when the situation calls for continued statement of your beliefs and positions, it is not a time to keep silent. For me, our principles support speaking out on these types of issues.

I am sure there will be further conversations about the theft of the flag and what it means for our community, but I was happy to assist in the speedy unfurling of a new rainbow flag (with thanks to Liz Rowell, who donated the flag, and Doug Bird, who brought the new pole for flying the flag). As we affirm the worth and dignity of every human, it is necessary that we continue to express our views.

Finally, as we work for the renewal of our Welcoming Congregation status, we are also initiating ways to better secure the flag so we can always show our support. We have also discussed the adoption of the increasingly popular newer design of the flag that is more

inclusive, a very appropriate choice given the emphasis in our Welcoming Congregation certification task.



Daniel Quasar, a graphic designer who identifies as queer and

non-binary, designed the Progressive Pride Flag. His design maintains the six colors from the final design by Gilbert Baker, and includes additional colors (white, pink, and blue) from activist Monica Helms' Transgender Flag, placing them in a graphic triangle with brown for inclusivity of people of color and black for those who died of, are diagnosed with, or face discrimination because of AIDS. The geometric shape is added to the flag with the triangle pointing forward to indicate progress, but on the edge to show there is more inclusive work to be done.

Your Board President

*Gary Shellehamer*

## October Workshop: Writing Your Spiritual Autobiography & Soul Mythology

Your Spiritual Autobiography is a written compilation of the most important stories of your life and a reflection on how those stories inform your experience of spirituality. As a participant in this workshop, you will be introduced to the process of writing your spiritual autobiography and have the opportunity to start writing based on a prompt. You will then be guided in constructing a mythological story based upon that one small portion of your spiritual autobiography.



Daniel Robinson will lead you in this process that will enable participants to explore the quiet questions that stir the Soul when no one is watching: Who are the loves of my life? What are my passions? How have I discovered them? We will explore how one writes a myth that captures a glimpse of who we are becoming, and invite you to join others on this very personal journey from the outer stories of our lives into the great mysteries of the truths that lie within us.

If interested, please reserve Saturday, October 5, from 9 a.m. to 12:30 p.m.

## Collaborative Ministry



The **BCE Collaborative Ministry** is a collaboration of three Unitarian Universalist churches located on the coast of Maine. With members from the Belfast, Castine, and Ellsworth UU churches, our collaborative's mission is to build on the sturdy foundations of our member churches to expand the reach of UUism in Midcoast and Downeast Maine, while also providing our own congregations with a diversity of experiences and spiritual programs by collaborative leadership and finances. Our collaborative also serves as a site for UU ministerial interns, giving our three small churches a unique opportunity to grow as teaching congregations.

The **Collaborative Ministry Team** currently meets on the second Tuesday of the month, at 10 a.m., at the UU Church of Ellsworth. Note: the CMT does not currently follow Robert's Rules, nor do we have formal board roles.

UUCE members of this team are Rev. Sara Hayman, Robin Lovrien, Michael MacDonald, and Gary Shellehamer.

CMT sponsors Common Reads/Discussions on topics of interest to UUs, shows and discusses documentary films at the Alamo Theater in Bucksport, supports the annual three-church service and the Ferry Beach retreat, and works with the three-church collaborative intern.

## ASK YOUR TREASURER !



Do you ever wonder how we manage everything that goes into keeping this complicated organization financially stable? Where does the money that's not from your pledges come from, where does it all go, and why? Gerry has kindly offered to collect and answer your queries in a new monthly NUUS column. He'll respond to any interesting questions that are fit to print! If you've got 'em, send 'em to Gerry ([mydaisygirl1@roadrunner.com](mailto:mydaisygirl1@roadrunner.com)) with a cc to Margaret ([mhthurs@gmail.com](mailto:mhthurs@gmail.com)), please!



Our Writers' Group starts back up this Friday, September 6, from 1 p.m. to 3 p.m. Call Dartha Reid at 667-5434 if you have any questions!

## Peace and Social Action

### The Border Crisis

UUCE PASA believes that we each need to actively participate in our government. **CHILDREN ARE DYING** while legally seeking asylum. Those children who remain alive and were separated from their families have experienced significant trauma and will need extensive mental health support in the years to come.

Peace and Social Action Ministry wants to know: What concerns you? and What are you doing to register those concerns with your representatives?

We are currently following the Maine UU State Advocacy Network's suggestion to donate via **United Way** at: <https://www.unitedwaygp.org/2019/06/14/expo-shelter/>. This link has additional information about volunteering and a calendar of activities.

Contact your representatives:

- ◆ **Senator Susan Collins** (202) 224-2523, <https://www.collins.senate.gov/contact>
- ◆ **Senator Angus King** (202) 224-5344, <https://www.king.senate.gov/contact>
- ◆ **Rep. Jared Golden** (202) 225-6306, <https://www.golden.house.gov/contact>
- ◆ **Chellie Pingree** (202) 225-6116, <https://www.pingree.house.gov/contact>

And don't forget **RESISTBOT**:  
Text "resist" to 50409 or <https://resist.bot>.

Here are some organizations taking direct action to help the asylum-seeking children and families along our southern border (according to Daily Kos):

**Asylum Seeker Advocacy Project (ASAP)** provides rapid response legal services in moments of crisis including wrongful deportations, detentions and raids.

**Kids in Need of Defense (KIND)** protects unaccompanied children who enter the US immigration system alone. They ensure that no child appears in court without an attorney.

**Texas Civil Rights Projects** is a network of lawyers representing families in communities across Texas who have been torn apart due to Trump's immigration policies.

**UndocuBlack Network** is a multigenerational immigrant-led network that supports, engages, and empowers their communities through advocacy, resources, and organizing.

**Faithify** (a UU crowdfunding website for donating to identified causes) may be activated as another means to assist the asylum seekers.



## Peace and Social Action



### *Student-Led Global Climate Strike!*

On Friday, September 20, millions of people will walk out of their classrooms, workplaces, and homes to join with others in the Global Climate Strike.

**PLEASE JOIN US:** College of the Atlantic students are calling us to gather on the Village Green at noon.

We are not aware of any events in Ellsworth. If you want to form an Ellsworth action or find out about others in the area, please visit <https://www.climatestrike.net/>

### *Singers and Activists!*

Calling all current and wannabe EarthSong Climate and Justice Singers: Our practices are moving; for the time being they will be on Mondays at 5:30 at Haydée and David's house in Blue Hill. Please contact us for directions at 266-3872 or [haydeeforeman@gmail.com](mailto:haydeeforeman@gmail.com).

We've had a great time singing on the Ellsworth Bridge, and next we will join the student activists in Bar Harbor for the Global Climate Strike: noon Friday, September 20, on the Village Green. If you can't come to practices, you are still welcome to join us; we will happily teach you the songs right then and there! All are welcomed. The youth activists know that climate science is real and they want us adults to act on it now! Let's support their livable future.

Thank you,  
*Haydée Foreman*



### Decolonization and Us Taskforce

PASA is planning a field trip to the Abbe Museum in Bar Harbor on **Saturday, November 2, at 10:00 a.m.** OR **Wednesday, November 6, at 3:00 p.m.** We need feedback on which day would work for the largest crowd. The tour will be led by the Abbe's Curator of Education, Starr Kelly, and will focus on decolonization. If one (or both) dates would work for you, please contact either the office at 667-4393 or [office@uuelsworth.org](mailto:office@uuelsworth.org), or Doug Bird at [birddoug137@gmail.com](mailto:birddoug137@gmail.com). We are extending this invitation to the Belfast and Castine UU churches as well.

## School Begins and So Does Cookie Ministry

For several years now, our Peace and Social Action Ministry has sponsored a Cookie Ministry. We took this on after hearing how the Saco UU Church has provided cookies and a note of encouragement to their local high school's Gay, Straight Diversity Alliance. Now, not only are we doing it, but the Hancock UCC Church has a cookie ministry for Sumner High School's GSTA. Every Wednesday we deliver a bag of cookies and some veggie and/or fruit snacks along with a note of encouragement to Ellsworth High School for the Gay Straight Diversity Alliance meeting. The GSDA students have told us how much they appreciate the snacks, the note, and the validation from the "church with the rainbow flag."

Research has found that a thriving GSTA by whatever name it calls itself, changes school climate for all students. A study in Canada showed that at high schools with such clubs after three years had less drinking and drug abuse by straight male students as well as lower rates of bullying of all sorts.

For the 2019-20 school year we have a crew of committed bakers and delivery people as follows: Doug Bird, Cecily Judd, Holly Hendricks & Tori Bell, Barbara Acosta & Ellen Barr, Kay Wilkins, coordinator, and Karen Volckhausen, (who fills in for me when I go snowbirding). Thank them when you see them. However, one of our folks might get in a jam some week, so we could use a few others willing to fill in if needed. Or perhaps if you are baking for your children or grandchildren you could make a double batch and leave some labeled for Cookie Ministry in the freezer in the church kitchen. Having some gluten-free cookies on hand can be very helpful as well. Please let me know they are there.

*Kay Wilkins*

kaywilkins39@gmail.com, 664-3070



**Exploring Meditation as a Spiritual Practice has begun meeting on the last Thursday of the month from 6:00 to 7:30 p.m. at UUCE in the Dolphin Room. Our next meeting will be September 26.**

**If you have an individual meditative practice, or if you simply wish to begin one and want to meditate with a group, please join us. We will answer your questions and offer support for your practice as well as facilitating a group meditation. If you have questions, email or call one of us.**

***Linda Laing & Rev. Sara Hayman***

## EGGROLL



## FUNDRAISER!



For our fourth year, UUCE will be making and selling eggrolls at the Common Ground Fair in Unity on **Friday, September 20, through Sunday, September 22**. It's time to sign up if you **haven't already!** We have both 4- and 6-hour shifts available on all three days, especially in the later hours. Jobs include veggie prep/kitchen work, chopping veggies, rolling eggrolls, frying, boating, managing the condiments, and cashier/serving.

This is our major annual fundraiser, and it's a lot of fun! You get a free pass to the fair for each day you work, and you'll have time to visit the fair. You can sign up for just one shift or for a shift on all three days – your choice. We provide you with training on your position, and we serve you great breakfasts and lunches right in the booth – or you can purchase food at any of the many booths at the fair. It's good to get your name in early so that you can get your preferred shift(s). There is some lodging available for those working back-to-back days.

Please ask Susan Opdycke at [sbopdycke@mac.com](mailto:sbopdycke@mac.com) for more information about the fair and our eggroll booth, and contact Mary Haynes at [mhaynes@roadrunner.com](mailto:mhaynes@roadrunner.com) if you'd like to volunteer.

Pray for nice weather!!

## ***YARD SALE 2020!***

Finding your kids' clothes just aren't the right size for going back to school this fall? Save them for the 2020 UUCE Yard Sale! Yes! It's not too early to be thinking about everyone's favorite three days of summer!

Fill a box up to the lid with clothes or any clean and functional items (no exercise equipment, no tube TVs), close, and bring to church on Sunday or call Pepper ([eapepper1@aol.com](mailto:eapepper1@aol.com) or 757-746-7874) or Bill ([williefogle@gmail.com](mailto:williefogle@gmail.com) or 667-0034). Thank you!



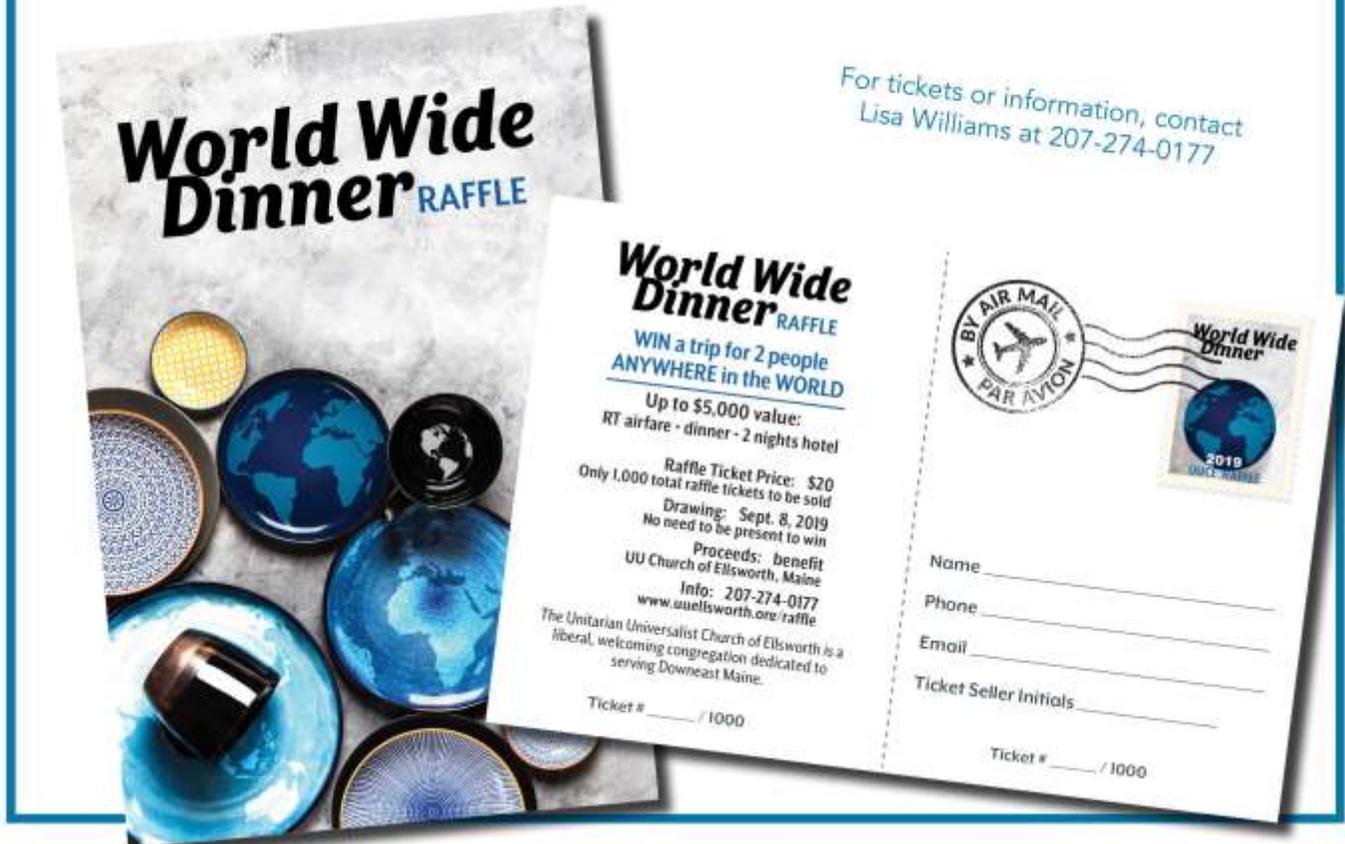
## ***HELP WANTED!***

***Are you looking for a way to contribute your time and talents to make UUCE an even better place than it already is?!***

- ♥ The ***Green Sanctuary Team*** could use some more hands. If you'd enjoy helping to make our UUCE a greener community, contact Gary Shellehamer ([gleeindc@gmail.com](mailto:gleeindc@gmail.com)).
- ♥ We are looking also for a "compost expert" to train a team in composting plant waste from our kitchen. The Green Team will work with the grounds crew and RE (who constructed the compost bins with Sean Mercer) and other volunteers. Please get in touch with Gary or Bill ([williefogle@gmail.com](mailto:williefogle@gmail.com)) if you could devote some time to teaching UUCEers the proper way to compost.
- ♥ The ***Caring Committee*** and ***Aesthetics Committee*** also need more members. See Sally Francis ([salfrncs@aol.com](mailto:salfrncs@aol.com)) if you think the Caring team might be your niche, and let Linda Laing ([louielaing@gmail.com](mailto:louielaing@gmail.com)) know if you have an eye for decor.
- ♥ ***Peace and Social Action Ministry (PASA)*** always welcomes new members, too. Talk to Doug Bird ([birddoug137@gmail.com](mailto:birddoug137@gmail.com)).
- ♥ Or if you're good with technology and would like to help support our ***Sunday services*** with audio and video, Lori Johnson ([bogey41999@gmail.com](mailto:bogey41999@gmail.com)) eagerly awaits your email!

## UUCE's World Wide Dinner Raffle drawing is September 8. HAVE YOU BOUGHT YOUR TICKETS YET?!!!

Ticket sellers PLEASE turn in all your sold tickets & packets BEFORE the 8th so we can check entries.



**Stop by the alcove in the Community Room after services  
to pick up a packet to sell or to buy some chances for yourself!  
We hope to earn \$8,000 for UUCE!**

As incentives this year, we are offering:

- ◆ All-paid registration for our three-day Ferry Beach retreat this fall — to the person who sells the MOST tickets and to the one who sells the WINNING ticket!
- ◆ A second raffle for a \$100 gift certificate to the ethnic restaurant of your choice in Ellsworth — the *local* version of Dinner Anywhere — open to anyone from our UUCE community who buys or sells a ticket!
- ◆ A post-affle thank-you party at Lisa's and Pepper's on September 29 for all who sell a packet of tickets!

And thank you again, Andy at BookStacks in Bucksport, for helping us to sell tickets!



## Religious Education

Preparations for our fall Religious Education offerings are in full swing. Teachers are being recruited, supplies are being purchased, OWL facilitators are meeting, and lessons are being planned. Please pay attention to the calendar below, as it is full! Our Soul Matters theme for September is *EXPECTATION*. A resource page for parents was posted to the UUCE RE Family & Friends closed group.

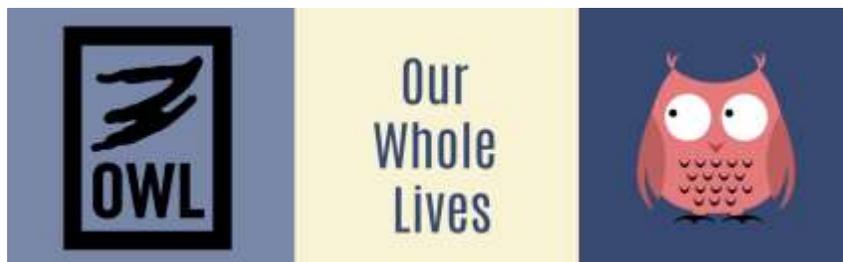
A huge thank you to our August guides and Nursery volunteers. The Mercer family, Liz and Mikayla True, Marta Rieman, Linda and Eric Uberseder, and Cat, you are appreciated!

### Religious Education Calendar

\* NOTE: RE registration for 2019-20 before & after worship each Sunday \*

- September 1** Children's Chapel with Anne; last day for registration and fees for OWL 4-6 fall offering.
- September 8** Ingathering: all-ages worship.
- September 15** Annual field trip to Birdsacre after Time for All Ages (drivers/chaperones needed).
- September 22** Exploring *Expectation* through magic with Linda and Eric Uberseder; Anne will be working the Egg Roll Booth at the Common Ground Fair.
- September 29** Semi-annual emergency evacuation and safety drills after Time for All Ages; OWL 4-6 mandatory parent and child orientation meeting at 12:30 in the RE Wing—lunch provided by the RE Committee.

Woyaya,  
Anne



## AESTHETICS COMMITTEE



Our Aesthetics Committee offers Hannaford and Shaw's gift cards for sale on Sundays. Get some for your own grocery shopping and for friends, neighbors, and family! We stock \$50, \$100, and \$250 Hannaford cards and \$100 Shaw's cards. We get 5% back from every card sale—free cash that goes toward UUCE improvement projects (new carpet, chairs, lamps, tables, and curtains, to name a few!). Look for our table after services in the Community Room alcove.

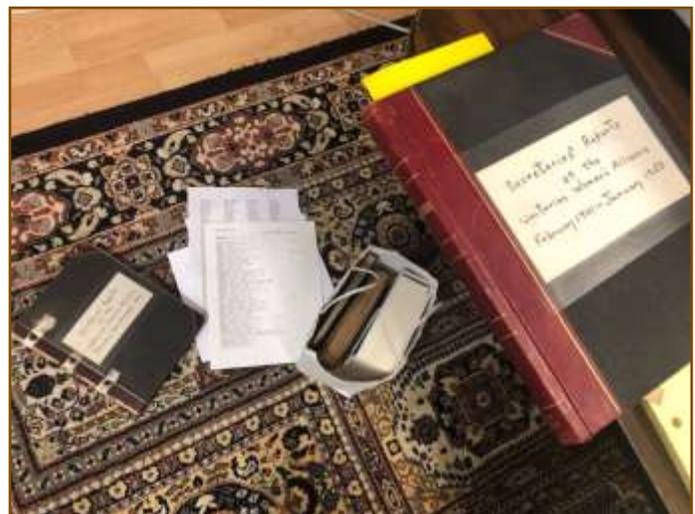
## Sankofa Corner



### The Work of a Historian

As I sit down to write this article, I realize that I have no particular topic to write about for this month's Sankofa Corner. Just to the left of my computer in my home office is a 200-page handwritten volume entitled "Secretaries' Reports of the Unitarian Women's Alliance, February 1941-January 1950," certainly a best-seller on the New York Times Review of Books. So far I have transcribed about 90 pages, about 45% of the total volume, and have learned a lot about the workings of this group of dedicated women who served as the backbone of our church for about 100 years. Each entry notes at whose home the meeting was held, who called the meeting to order, that the secretary and treasurer's reports were read and accepted, that each meeting opened and closed with devotional thoughts, that votes were taken to pay bills, to send cards to church members in the hospital, to plan social events such as bake sales, "cooked food sales," sewing meetings, etc. At each event a speaker would make a presentation about a trip that she had made, a topic that she had researched, or in one case in 1943, a discussion on "Point Rationing" – "how to get the most for your points" (this was done during the rationing system in place during World War II). A dollar for dues was collected once a year, and at the end of every meeting there was a Penny Collection of whatever amount of loose pennies could be collected from the assembled ladies. On March 10, 1943, a total of \$0.32 was collected from the 17 members present.

Two other items sitting in a bag at my feet are check registers, one dating from July 1946 to July of 1947, the other from September 1970 to March 1972. The entries function as "snapshots" of daily life at the old church. The first entry from July 8, 1946, was a check to the then Rev. J. Ernest Bryant for \$19.23, representing his weekly salary. The next minister, Rev. Reuel W. Beach, preferred to be paid twice a month, at \$50 each. The notation BHE represented the monthly payments to Bangor Hydro and Electric. The July 1946 bill was for \$1.00, and the August bill was for \$1.35.



The December 10, 1946, check to oil man Fred Beal was to pay to fill the oil tank at the church: \$14.85. A quarter of a century later, our minister, Rev. Richard Gibbs, was being paid \$625 per month as he guided our congregation in the move from the old church, to temporary quarters at the Odd Fellows Hall, and into our current church building. During the same period, our organist, Clover Morrison, was being paid \$5.00 for each Sunday service.

*[continued on next page]*

*[Sankofa Corner, continued from previous page]*

More recently, my attention has turned to two other documents which contain a goodly amount of information, as long as it's put into a form which allows me to access it. The guest books which we ask visitors to our church to sign go back to 1952, and I have so far transcribed the entries from 1952 to 2006. As an example, back on May 8, 2005, a woman from Otis named Linda Hayman signed our guest book, and just over a month later her daughter Sara, from Denver, Colorado, signed the book on what she thought was June 18, 2005 (it was actually June 19). I even found myself signing the book back on January 9, 1994. I still remember that day very well.

The other document, which I have finished transcribing, is the Usher's "Blue Book," which has recorded the date, weather, attendance, speaker, and sermon topic for every Sunday since the late 1980s. By combining the information contained in it with the information in the guest books, it is possible to say that when Linda Hayman visited the church on May 8, 2005, it was a cold and rainy day Mother's Day, and 74 people had showed up to hear Rev. Mark Worth talk about "The Tao of Aging." When Sara first visited on June 19, 2005, it was partly sunny and cool, and 41 people showed up to hear one of our youth members, Dylan Brann, speak about "A Tale of Two Institutions," a copy of which is in our archives.

Everything that we do at UUCE eventually becomes part of our church history and the historian's job is to acquire, organize, scan, transcribe, write up, print out, publish, and in general preserve every bit of that history. It's not an exciting job, but it's an important one.

*Wayne Smith*

UUCE Historian



## **Ferry Beach Beckons!**

**Our annual multi-church UU retreat  
at Ferry Beach in Saco is  
the weekend of October 25-27, 2019.  
Anne Ossanna is registrar for the retreat.**





## \* FOR YOUR CALENDAR \*

<b>EarthSong Justice Singers</b>	<b>Mondays 5:30 p.m.</b>	<b>Haydée's, Blue Hill</b>
<b>Collaborative Ministry Team</b>	<b>Second Tuesdays 10 a.m.</b>	<b>UUCE</b>
<b>Exploring Meditation</b>	<b>Last Thursdays 6-7:30 p.m.</b>	<b>Dolphin Room</b>
<b>Writers' Group</b>	<b>Fridays 1-3 p.m.</b>	<b>Tidewater Room</b>
<b>Surviving Your Brain Support</b>	<b>Fridays 4-6 p.m.</b>	<b>Dolphin Room</b>
<b>Concert by Shawn &amp; Maizey</b>	<b>To Be Determined</b>	<b>TBD</b>
<b>Blue Hill Fair</b>	<b>To Mon, Sept 2</b>	<b>Blue Hill Fairgrds</b>
<b>1st "Spiritual Eldering" Class</b>	<b>Wed, Sept 4 4-5:30 p.m.</b>	<b>UUCE</b>
<b>Worldwide Dinner Drawing</b>	<b>Sun, Sept 8 after service</b>	<b>UUCE Sanctuary</b>
<b>Care Package for Don &amp; Jean</b>	<b>Sun, Sept 8 after service</b>	<b>UUCE Comm Room</b>
<b>Celebration of Life for Phil Person</b>	<b>Thu, Sept 12 2 p.m.</b>	<b>UUCE</b>
<b>Hike at Great Head</b>	<b>Sun, Sept 15 2 p.m.</b>	<b>Sand Beach</b>
<b>Global Climate Strike</b>	<b>Fri, Sept 20 NOON</b>	<b>Bar Hbr Vill. Green</b>
<b>Eggroll Fundraiser/CG Fair</b>	<b>Fri-Sun, Sept 20-22</b>	<b>Unity Fairground</b>
<b>OWL 4-6 Orientation Class</b>	<b>Sun, Sept 29, 12:30 p.m.</b>	<b>RE Wing</b>
<b>WWD Sellers' Party</b>	<b>Sun, Sept 29, 4-7 p.m.</b>	<b>Lisa's, Ellsworth</b>
<b>Spiritual Autobiography</b>	<b>Sat, Oct 5 9 a.m.-12:30 p.m.</b>	<b>UUCE</b>
<b>UUCE Grove Gathering</b>	<b>Sat, Oct 19 time TBD</b>	<b>UUCE Grounds</b>
<b>Ferry Beach Retreat</b>	<b>Fri-Sun, Oct 25-27</b>	<b>Ferry Beach</b>

Are you receiving UUCE's weekly electronic newsletter? We want to make sure everyone who wants to read the *latest UUCE news* is getting our e-news bulletins. Check your All Mail, Junk, and Spam folders first if you think you have not been receiving the weekly news. Please contact Jeff at 667-4393 or [office@uuellsworth.org](mailto:office@uuellsworth.org) to get on the mailing list or to update your email address.

## Contact Information

<b>Minister</b> Rev. Sara Hayman: 610-2872 (cell) sara@uuellsworth.org	<b>Religious Education Coordinator</b> Anne Ossanna: 565-2057 aossanna@aol.com
<b>Church Office</b> (Tue 9-2, Wed 11-5, Thu 11-4) <b>Administrator</b> Jeffrey Jeude: 667-4393 office@uuellsworth.org	<b>Music Director</b> Wayne Smith: 667-9482 wayne@mrlanguage.com
<b>Intern Minister</b> Ariel Aaronson-Eves (arriving September 2019)	<b>NUUSletter Editor</b> (submissions deadline: 21st of each month) Margaret Thurston: 271-7974 mhthurs@gmail.com

## Board of Trustees

<b>President:</b> Gary Shellehamer to 2021 (667-0034)	<b>Vice President:</b> Beth Pepper to 2021
<b>Treasurer:</b> Gerry Mehl to 2020	<b>Secretary:</b> Susan Opdycke to 2020
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<b>Trustee:</b> Michael Arruda to 2021	<b>Moderator:</b> John Fink

## Committee and Task Force Chairs

<b>Adult Religious Education:</b> Mary Haynes	<b>Landscaping:</b> Bill Fogle
<b>Aesthetics:</b> Linda Laing	<b>Loaves and Fishes:</b> Beth Pepper, Nina Turner
<b>Auction:</b> Margaret Thurston	<b>Membership:</b> Nancy Avila
<b>Building &amp; Maintenance:</b> Mary Haynes, Bob Dickens	<b>Pastoral Visitors Team:</b> <i>open</i>
<b>Caring Committee:</b> Sally Francis	<b>Peace and Social Action Ministry:</b> Doug Bird
<b>Charitable Giving:</b> Rev. Sara Hayman, Nancy Guy	<b>Publicity:</b> Susan Opdycke
<b>Choir:</b> Haydée Foreman	<b>Religious Education:</b> Linda Uberseder, Tobias Betancourt
<b>Collaborative Ministry:</b> Mack MacDonald, Gary Shellehamer	<b>Safety:</b> Helen Kazura
<b>Committee on Ministry:</b> Karen Volckhausen	<b>Small Group Ministry:</b> Christine Bowman
<b>Cookie Walk:</b> Rev. Sara Hayman	<b>Stewardship:</b> Bob Francis
<b>Eggroll Project:</b> Susan Opdycke	<b>Sunday Order of Service:</b> send to office@uuellsworth.org
<b>Ferry Beach Registrar:</b> Anne Ossanna	<b>Ushers:</b> Jon Thomas, Ken Hanson, Marc Rich
<b>Fiscal Matters:</b> Connie Bailey	<b>Video Services Coordinator:</b> Lori Johnson
<b>Flowers:</b> Bronwen Day	<b>Wayside Pulpit:</b> Nancy Guy
<b>Governance:</b> Mary Haynes, Robin Lovrien	<b>Website:</b> Lisa Williams, Mike Arruda
<b>Green Sanctuary:</b> Gary Shellehamer	<b>Worldwide Dinner Raffle:</b> Lisa Williams
<b>History/Archives/Library:</b> Wayne Smith	<b>Worship Arts:</b> Lori Johnson
<b>Hospitality Manager:</b> <i>open</i>	<b>Yard Sale:</b> Beth Pepper, Bill Fogle
<b>Kitchen:</b> Evelyn Foster	<b>Youth Advisor:</b> Bob Dickens

Unitarian Universalist Church of Ellsworth  
121 Bucksport Road  
Ellsworth, ME 04605

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# *The NUUS*

## September 2019

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### *The NUUS*

#### Newsletter of the Unitarian Universalist Church of Ellsworth

September 2019

Vol. 51, No. 9

We covenant to affirm and promote:  
The inherent worth and dignity of every human being;  
Justice, equity and compassion in human relations;  
Acceptance of one another and encouragement to spiritual growth in our congregations;  
A free and responsible search for truth and meaning;  
The right of conscience and the use of the democratic process  
within our congregation and in society at large;  
The goal of world community with peace, liberty and justice for all;  
Respect for the interdependent web of all existence of which we are a part.