



The NUUS

The Unitarian Universalist Church of Ellsworth
121 Bucksport Rd., Ellsworth, ME 04605
(207) 667-4393 www.uuellsworth.org

Volume 48

No. 1

January 2016

A Month of Services in January

(All Sunday morning services at 10:30 a.m.)

JANUARY WORSHIP SERVICES:

Sunday, January 3 Maybe We'll Say a Prayer Rev. Sara Hayman, Worship Leader
1st Potluck Sunday!

On this first Sunday of this new year, Rev. Sara will invite all gathered to pay closer attention to the endings and beginnings in their lives that they wish to see more clearly. What do you hope to let go of from the year past? And what do you wish to invite in and say "yes" to?

Sunday, January 10 Stories for Stephen Hope Lewis & Jude Lamb, Worship Leaders

"Today we live, but by tomorrow today will be a story. The whole world, all human life, is one long story."
—Isaac Bashevis Singer

Stephen Berger is still loved and missed at UUCE, and this Sunday, Hope & Jude (with help from a handful of others) will lead a lay-led service using stories to celebrate Stephen's life and *all* of life in general. Please join us for an engaging and uplifting service!

Sunday, January 17 MLK Sunday: On Becoming an Ally Rev. Sara Hayman, Worship Leader
UUCE Choir will sing! Bob Dickens, Worship Associate

In early November, over a dozen people from UUCE participated in a day-long workshop hosted by WABENAKI-REACH with several others. At this workshop, we learned about the history of the Wabenaki people in Maine and what our work is in becoming better allies. On this MLK Sunday, we'll explore what it means (and asks of us) to be good allies in ongoing struggles for social justice.

Sunday, January 24 Yet to be determined...

Sunday, January 31 The Practice of Saying YES... Rev. Sara Hayman, Worship Leader
Winter Congregational Meeting

In her new book, *Brave Enough*, author Cheryl Strayed shares some of her hard learned wisdom about what it means to have courage and live well. This service will invite you to consider what you're willing to risk regarding your own comfort and safety in order to take a leap of faith. What's calling to you? What fears are you willing to face as a necessary part of being courageous?

Ministry Matters

What's the glue that holds us together as members and friends of our congregation? If it's not adherence to a single, shared belief or a particular creedal statement of faith, what is it?

Over the last several months, during worship and in various church meetings, I've been asking you to consider these questions and to begin naming for yourself whatever it is that keeps you (and all of us) connected to each other and purposefully engaged as a liberal religious faith community in the larger world.

Perhaps some of you would say it's our *seven principles* that hold us together. I agree, the principles are important, and a part of our ongoing, faithful work is to engage them and to try to live by them more of the time.

AND, I hope, too, that others at UUCE might think of *covenant* when it comes to naming the glue that helps keep us bound together as member and friends of our faith community.

In congregational life, covenants are the promises we make to each other to try and be in right relationship, all the while working together to serve a Larger Love, or the Holy, or Divine, or Innate Wholeness and Goodness, as we each understand such things.

In this way, our covenants are the explicit verbal statements we create that name these intentions and aspirations we aspire to keep: to honor each person's lived experience as important and instructive, to hold our shared responsibility to care for all, and to serve a Larger Love that constantly calls to us.

On Sunday, January 31, at our annual Winter Congregational Meeting, I'll be asking you to think some more with me about how we might be engaged this year together in creating a UUCE Congregational Covenant.

Please be thinking about what you'd like to see included in such a covenant:

What language would you use to describe the larger purpose we aspire to serve as a liberal religious faith community? What do we need to do and be mindful about in order to walk together (and effectively and lovingly) as a congregation that's loving and welcoming, as well as justice seeking?

Please bring your thoughts and ideas and questions, and help us, as a whole congregation, to be seeing more clearly who we are and who we wish to be.

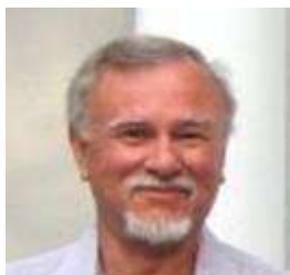


Yours in shared faith,

Sara

NOTE: The worship service on Sunday, January 10, 2016 will be hosted by the local storytelling group, LOONS (Lovers Of Old & New Stories), to celebrate the life of Stephen Berger. Hope Lewis, Pearl Lewis, Jude Lamb, Dusty Bailey, and Fred Burrell will honor fellow storyteller, Stephen Berger, by enfolding the regular Sunday service in Judaic/ Yiddish stories that we feel sure Stephen would love. And, yes, you are bound to hear some of his much loved "groaners," puns and quips. Please join us to honor Stephen.

From the Board of Trustees



UUCE Board President
David Wilcock

The Board of Trustees met this month on Thursday, December 10 at 6 pm. The first order of business was to appoint and welcome our new BOT member Shawn Mercer. We are very excited to have Shawn on our board. He brings with him great passion, a commitment to the welfare and sustainability of our church, as well as involvement in several areas of church life, including religious education, building and grounds, worship planning and participation, and various other contributions throughout the years. Please welcome Shawn into this new role among us whenever you are able. We are grateful for his service. At this meeting we also sadly accepted a letter of resignation from Paul Reid as the UUCE librarian. Paul was very happy to serve in this capacity for many years and did a wonderful job. He is now looking to simplify his life and increase the time he can spend on other endeavors. While we will miss his work as our librarian, we enthusiastically wish him all the best and hope to see him often. Thank you, Paul Reid, for your service!

A great deal of time was spent in this meeting on new and exciting ways to raise funds for UUCE. Some wonderful ideas for fundraisers were brainstormed with everyone contributing joyfully to the conversation with possibilities and suggestions. We are very hopeful that we will be able to pull in more members and friends from the congregation to join in planning and organizing various fundraising activities throughout the year. The Board of Trustees welcomes ideas and interest in all forms. Please see one of us or Reverend Sara if you have any thoughts or interest in getting involved in this process. We also discussed different possibilities for rental space within the church. There is great interest in attracting outside professionals to rent our RE spaces, especially on a regular basis. This might include another daycare, space for yoga professionals, office space for therapists or others.

One other exciting development within this month's board meeting was the vote that approved the relaunch of the certification process to pursue becoming a Green Sanctuary. Shawn Mercer is the chairperson for this committee and will be providing information on this process as it becomes available. Needless to say, 2016 promises to be an exciting and vital year for UUCE. We look forward to many productive and lucrative events as we work to live in authentic covenant that aligns with our values. We look forward to welcoming new members and new participation. We anticipate great success as we increase collaboration with our sister congregations and as we celebrate big events in our community such as the Centennial Celebration for Acadia National Park. Here's to a great year of doing the good work of promoting peace and justice in our communities and in the world!



Amy Fiorilli, Board Secretary



URU (Union River Ukuleles) will meet on the first and third Monday evenings of each month. Join us at UUCE at 6:00 pm. We play until 7:30 or so. Please mark your calendars and join us next on January 4 and 18. Beginners to experts, everyone is welcome! For information, or to receive our email notices, contact Jude Lamb, judelamb@mac.com.

Lifespan Religious Education



It has been a rich and full December in the RE Wing. Our monthly theme was: Magic—The Practice of Nurturing Wonder. The younger children learned about different religious holidays such as Chanukah, Yule, and Kwanzaa (see the *7 Kwanzaa Principles* below). Our Tweens continued with the Building Bridges and had their first church visit to Saint Dunstan's Episcopal Church of Ellsworth. We also decorated the holiday tree in the Sanctuary. It is wonderful seeing the relationships the children are building with each other and their teachers. Please visit us in the Carl Stehman Wing and see the lovely antique dollhouse two elves left for our children (Thank you, Jane and Jonathan Thomas).

We thank the following who volunteered their time and talents to our RE offerings in December: Amy Fiorilli, Suzanne Aubrey, Cecily Judd, Beth Allen, Val Frey, Nathalie Arruda, Liz True, Mary Haynes, Mikayla, Eryn and Nolan.

We are looking for volunteers to be available for Nursery coverage each Sunday if there are toddlers in attendance. We are also needing 2 volunteers to assist with our January 17th Faith in Action project. Please see Anne Ossanna to sign up. Our theme for January is: Courage—The Practice of Saying Yes.

7 Kwanzaa Principles:

- **Umoja** (unity)—To strive for and maintain unity in the family, community, nation, and race.
- **Kujichagulia** (self-determination)—To define ourselves, name ourselves, create for ourselves, and speak for ourselves.
- **Ujima** (collective work and responsibility)—To build and maintain our community together and make our brother's and sister's problems our problems and to solve them together.
- **Ujamaa** (cooperative economics)—To build and maintain our own stores, shops, and other businesses and to profit from them together.
- **Nia** (purpose)—To make our collective vocation the building and development of our community in order to restore our people to their traditional greatness.
- **Kuumba** (creativity)—To do always as much as we can, in the way we can, in order to leave our community more beautiful and beneficial than we inherited it.
- **Imani** (faith)—To believe with all our heart in our people, our parents, our teachers, our leaders, and the righteousness and victory of our struggle.



January Religious Education Calendar

January 3: Seal/Dolphin with Amy Fiorilli and Anne Ossanna—The Courage to Do New Things; Whales will remain in the sanctuary; Potluck Sunday.

January 10: Seal/Dolphin with Beth Allen and Anne Ossanna—The Courage to Stand up for What You Believe in; Whales with Bill, Jenn and Jody—Christianity; RE Committee meeting after worship; Guatemala Service Trip meeting at UU Belfast.

January 17: Faith in Action Sunday with Anne Ossanna, Bob Dickens, and Molly and Shawn Mercer.

January 24: Seal/Dolphin with Cecily Judd and Anne Ossanna—Courage during hard times; Whales visit The Rock church in Bangor with Rev. Sara, Bill, Jenn and Jody.

January 31: Seal/Dolphin with Suzanne Aubrey and Anne Ossanna—Strength in Numbers, Finding Courage Together; Whales with Bill, Jody and Jenn—Let's Talk, debrief on The Rock church visit.

Woyaya—*Anne*

Money Matters

FY15-16 second quarter (Oct-Dec 2015) pledge statements will go out by mid-January. If you would like a calendar year (2015) pledge statement for tax prep we can send one to you. Just ask Eileen in the office or myself.

I am grateful to Sara and her Christmas elves for a very successful first Annual Cookie Walk. **\$780 was raised for the church!** We gained lots of knowledge from our first event. At the wrap-up meeting, Beth Dickens, who will hold the reins in 2016, and others had great ideas for doing even better next year! Thanks to all the bakers as well.

The December Budget Report will be posted to the hall bulletin board by the second Thursday of January.

May you, your family, our church, and the world dwell in peace this new year.

Peggy Strong, Treasurer



Political and Social Action (PASA)



Guest at Your Table Ends on January 10

It is not too late! Boxes and envelopes are available in the Community Room and can be returned at any time to the church office. You can also give online. Gifts of \$125.00 or more will be matched by a generous congregation in New York State. Be sure to indicate UUCE as the congregation so we get credited. Please give generously to support the critical work of the Unitarian Universalist Service Committee.

No to the TPP

PASA, as part of our work on escalating wealth inequality, has been taking a hard look at the Trans Pacific Partnership trade treaty now facing a vote in Congress, possibly as early as February. It will establish rules for 40% of the global trade, making it the biggest free trade agreement in history. This treaty could affect adversely US jobs, our environment, our local food movement, labeling laws, the cost of medicine, our democracy, and more! **And that is why PASA is saying no to the TPP.** Many others are nervous about it but at the same time do not feel that they know enough. So here is what we are going to do:

Every week at coffee hour, we will have a table with information and petitions that will go to our

Congressional delegation. There also will be cards available, encouraging you to contact your representatives and senators to oppose the treaty.

On Sunday, January 3 after potluck lunch, Cynthia Phinney, President of Maine AFL/CIO and coordinator for the Maine Fair Trade Campaign, will be available to review critical points of the treaty and answer questions. Please join us!!

Ellsworth Farmers Market at UUCE

The Ellsworth Farmers Market has the following winter/spring schedule:

- No market in January or February
- March 19
- April 2, 16

Hours are 9:30 am to 12:30 pm. Come visit and see what the market has to offer!!

Sankofa Corner

by UUCE Historian Wayne H. Smith

Two Early Unitarian Physicians in Ellsworth: Drs. Abby and Alexander Fulton*

Dr. Abby M. Fulton, wife of Dr. Alexander Fulton, was born in Brooksville September 3, 1827, one of the three children of John R. and Abigail (Orcutt) Redman. Her family moved from Brooksville to Ellsworth after her father was elected sheriff of Hancock County.

Dr. Alexander Fulton was a practicing physician in Blue Hill when Abby came there to attend school at the Blue Hill academy, then one of the best-known educational institutions in the state. They were married on January 14, 1849. Dr. Fulton had an extensive practice throughout the entire western section of the county, and was highly esteemed for his high character as well as for his skill in his profession.

Not long after the couple moved from Blue Hill to Ellsworth, Mrs. Fulton also took up the study of medicine. She went to New York and studied there, and then attended a women's medical school in Boston. After graduating, she returned to Ellsworth and practiced for several years. She then went abroad and studied and practiced in Paris and London, and became clinical assistant in 1874 to Dr. Prothero Smith, famous in his day, who had established in London the Soho hospital for women. While there she had an extensive practice under many eminent surgeons.

Returning to America, she resumed the practice of medicine here in Ellsworth. She visited Europe again in 1878 for study and travel, meeting many people distinguished in medicine and literature. On her return she again took up practice here, making a specialty of women's and children's diseases. After her husband died in March, 1888, Abby gradually withdrew from active practice. She traveled extensively and spent much of her time, especially winters, in Washington, DC.



Both Drs. Fulton were active members of the First Unitarian Society of Ellsworth. Mrs. Fulton was a charter member of Sorosis, the first women's club ever organized in the United States. She was also a member of the Wi-mo-dau-sis club, an abbreviation of the words "wife, mother, daughter, sister," of Washington, DC. She was an enthusiastic supporter of the cause of women's suffrage, and was an ardent supporter of the Woman's Christian Temperance Union.

Mrs. Fulton was a woman of unusual characteristics. In her youth she was strikingly beautiful, and of commanding presence. She was a profound student, of high literary attainments, of indomitable will, and she attracted attention wherever she went. Whether in the home—for she was passionately fond of children—in the social circle, in the church, or on the platform, she was equally at ease, and everywhere entertaining. Her obituary ends with language typical of 1911: "Her positiveness often led her into controversy, and no one ever picked up a gauntlet thrown down by her who did not find her a foeman worthy of his steel."

*Freely adapted from Mrs. Fulton's obituary in the *Ellsworth American* of Dec. 20, 1911.

A New Advertising Opportunity—Promote Yourself Or Your Cause

Recently the office has had a number of requests to use the church news venues for personal ads. In response, the Board of Trustees has discussed the issue and formalized a policy for members and friends of UUCE to advertise in the weekly email and the monthly NUUS. We will experiment with these guidelines starting in January 2016, and after three months we will evaluate how well the policy is working.

There will be two ad categories:

- **GOODS & SERVICES:** for advertising your own business or something you have for sale.
- **COMMUNITY EVENTS:** for promoting entertainment or political events you support or may be participating in. Please use this venue in lieu of "Joys and Sorrows" for such events.

How it works:

- Your advertisement should be concise (limit: 50 words).
- Provide a short description of what you are selling, or give the nature, date and place of the outside event, and a link to a website or contact phone or email. Your business card will be accepted, but no posters or flyers.
- Deadlines for submission to the church administrator are:
 - Weekly email--Wednesdays at 12 pm
 - The NUUS--8 days before the start of the following month
- All ads will be vetted by Rev. Sara Hayman.
- You may advertise as often as you wish, but please use discretion. The Board will reserve the right to limit frequency if the ad section becomes so large that printing multiple copies is not feasible.
- There is no fee, but a gratuity for a successful ad would not be refused (we are a church after all).

As members of UUCE, our sense of being a close-knit community is growing, and our sense of church as separate from the rest of our life is lessening. The Board decided it is appropriate to give space for sharing our other passions with each other, as they often reflect how we live our UU values.

Questions or comments? Contact Peggy Strong, other Board members or Rev. Sara.

Personnel

Contact Information

Minister Rev. Sara Hayman: 610-2872 (cell) sara@uuellsworth.org	Religious Education Coordinator Anne Ossanna: 565-2057 anne@uuellsworth.org
Church Office (M, W 12-5 pm; Th 12-6 pm) Administrator Eileen Mielenhausen: 667-4393 office@uuellsworth.org	Music Director Wayne Smith: 667-9482 wayne@mrlanguage.com
President of the Board David Wilcock: 963-2950 president@uuellsworth.org	Newsletter Editor Lance Funderburk: 276-3301 lfunderburk@roadrunner.com

Board of Trustees

President: David Wilcock, davidwilcock68@gmail.com	Vice President: Robin Lovrien to 2017
Treasurer: Peggy Strong to 2017	Secretary: Amy Fiorilli
Trustee, Mary Susan Haynes to 2018	Trustee: Tom Martin to 2018
Trustee: Margaret Thurston to 2017	Trustee: Shawn Mercer to 2016
Trustee: Evelyn Foster to 2016	Trustee: John Fink to 2017
	Youth Member: Eryn Boucher

Committee and Task Force Chairs

Adult Education: open position	RE Chair: Liz True
Aesthetics: Linda Laing	Leadership Development: Mardi Thompson
Auction: Beth Allen and Beth Pepper	
Fiscal Matters: David Wilcock	Lobster Bake: Anne Ossanna
Property Management & Maintenance: Amy Thompson	Membership: Suzanne Aubrey
Coffee Hour: C. J. Lavertu	Committee on Ministry: Marta Rieman
Caring Committee: Cecily Judd	Peace and Social Action (PASA): Karen Volckhausen
Charitable Giving: Mary Susan Haynes	Safety: Helen Kazura
Choir: Haydee Foreman	Sunday order of service: Send to: office@uuellsworth.org
Ferry Beach Retreats: Evelyn Foster	Small Group Ministry: Rev. Sara Hayman
Flowers: Bronwen Kaldro	Stewardship: Stephanie Alley, Margarita Marnik
Green Sanctuary: Kay Wilkins, Shawn and Molly Mercer	Ushers: Jon Thomas
History/Archives/Library: Wayne Smith	Wayside Pulpit: Mac MacDonald
Landscaping: Vicki Fox, Amy Thompson	Web Pages: Brook Minner
Loaves and Fishes: Sue Clark, Nina Turner, Dartha Reid	Yard Sale: Beth Pepper

January 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 6:00 AA	2
3 POTLUCK 10:30 am Worship Service w/Rev. Sara Hayman 9-1 RE office hours 1-3 PASA (S)	4 12 pm Concert rehearsal 6-7:30 pm URU (S) 7 DE-NVC (TD) 7pm St. A's (Seals)	5 9:30-11:30 Writing group (BR) 11-12:30 Exec Cmt. (TD) 12:00 Al-Anon (S) 7-9 Acadia Choral (S)	6 12 pm Concert rehearsal 1-6 Violin (D) 7 pm Coyote Group (D)	7 11:15-12:15 Violin (D) 12:00 Al-Anon (S)	8 1:30-5:30 Violin (P) 6:00 AA	9 2 pm Fundraiser Concert for Ellsworth Free Medical Clinic w/Masanobu Ikemiya (S)
10 HUNGRY SUNDAY 10:30 am Worship Service w/Hope Lewis & Jude Lamb 9-1 RE office hours 12-1 Uke-a-Do	11 7 pm St. A's (Seals)	12 9:30-11:30 Writing group (BR) 12:00 Al-Anon (S) 4:30-6:30 WA (BR) 7-9 Acadia Choral (S)	13 1-6 Violin (D) 7-9 pm Trad. Music (CR) 7 pm Coyote Group (D)	14 11:15-12:15 Violin (D) 12:00 Al-Anon (S) 6-8 Board mtg. (BR)	15 1:30-5:30 Violin (P) 6:00 AA	16
17 10:30 am Worship Service w/Rev. Sara Hayman 9-1 RE office hours	18 6-7:30 pm URU (S) 7 DE-NVC (TD) 7:00 St. A's (Seals)	19 9:30-11:30 Writing group (BR) 12:00 Al-Anon (S) 7-9 Acadia Choral (S)	20 1-6 Violin (D) 5-7 SGM (BR) 7 pm Coyote Group (D)	21 11:15-12:15 Violin (D) 12:00 Al-Anon (S)	22 1:30-5:30 Violin (P) 6:00 AA	23
24 PLATE SPLIT 10:30 am Worship Service 9-1 RE office hours	25 7:00 St. A's (Seals)	26 9:30-11:30 Writing group (BR) 12:00 Al-Anon (S) 7-9 Acadia Choral (S)	27 1-6 Violin (D) 2-4 SGM (TD) 6:30-8:30 LwH (BR) 7 pm Coyote Group (D)	28 11:15-12:15 Violin (D) 12:00 Al-Anon (S)	29 1:30-5:30 Violin (P) 6:00 AA	30
31 ANNUAL CONGREGATIONAL MEETING 10:30 am Worship Service w/Rev. Sara Hayman 9-1 RE office hours						

Unitarian Universalist Church of Ellsworth
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The NUUS January 2016

The NUUS Newsletter of the Unitarian Universalist Church of Ellsworth

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<p>We covenant to affirm and promote: The inherent worth and dignity of every human being; Justice, equity and compassion in human relations; Acceptance of one another and encouragement to spiritual growth in our congregations; A free and responsible search for truth and meaning; The right of conscience and the use of the democratic process within our congregation and in society at large; The goal of world community with peace, liberty and justice for all; Respect for the interdependent web of all existence of which we are a part.</p>
