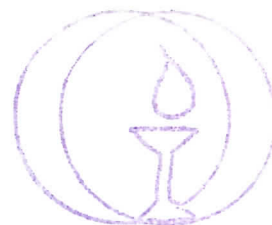


# UNITARIAN CHURCH

ELLSWORTH, MAINE  
Sundays 10:30 am  
Phone: 667-4393

DR. HARRY C. MESERVE, Minister  
Box 1066 Southwest Harbor, Me.  
Phone: 244-7124



## NEWSLETTER October 1979

### ANNUAL FALL PARISH SUPPER

The annual Fall Parish Supper and Meeting will be held Wednesday, October 24th, at 6:30 p.m. Those planning to attend will find a sheet of paper on the table in the foyer to sign asking what you will bring, main dish, salad or finger dessert, such as cookies, cake or brownies, also the number of people in your family who will be at the supper; or call Ruth Royal, 667-8324 or Gail Strout, 667-8473.

### SUNDAY SERVICES

October 7 - Dr. Meserve  
October 14 - Dr. Foote  
October 21 - Dr. Meserve  
October 28 - Dr. Meserve

Dr. Meserve can be reached in case of need at 244-7124. The mail address is Box 1066, Southwest Harbor, Maine 04679.

### WOMEN'S ALLIANCE

Oct 3 - Business Meeting  
Dr. Meserve, Speaker  
Hostesses: Anne Black  
Dorothy Nee  
Oct 19 - Mystery Ride  
Ruth Beal & Dorothy Berry  
Oct 31 - Birthday Luncheon  
Dorothy Berry & Phyllis  
Canfield

### CHURCH BUSINESS MEETING

The Board meeting of trustees was held at the church at 7:30 pm on Wednesday, October 3.

### LECTURE ON CHINA

On Sunday, November 11, at 7:30 pm Midge Rowbotham will present a slide show and lecture on her recent visits to China. This will be a church benefit occasion and open to the public.

### SEXTON'S DUTIES

Oct 7	Ray and Ruth Royal
Oct 14 & 21	Bob & Thurley Royal
Oct 28	Philip & Doris Seal
Nov 4	Philip & Doris Seal

### FLOWERS

Joanne Richmond lists the following contributors of our September flowers:

September 2	Mrs. Marion Richmond Mrs. Dorothy Berry
September 9	Mrs. Marion Richmond
September 16	Mrs. Emma Wass
September 23	Mrs. Phyllis Canfield
September 30	Mrs. Joanne Richmond

CHURCH SCHOOL

Mrs. Nancy Guy submits the following report on our active but small young people's group:

Our Sunday School, under the direction of Deborah Cravy, has embarked on a unit of study called "All Men Are One Family." The class is small, but very vital and enthusiastic! They will be exploring and discussing their own families, the meaning of "family," their church family, and the family of man. The children are interested in family backgrounds and membership, and

have already developed a F.U. Family Unit. Every family in the church directory has a place on this tree, so please come to the Sunday School room and find your branch! The children would love the opportunity to meet you, thus joining special faces with special names.

NEWS

Our sincere congratulations go to Marion and Chandler Richmond in the celebration of their 50th Wedding Anniversary, September 1st!

PATRONS AND SPONSORS NEEDED FOR THE CONCERT SERIES

Anyone who has attended one or more of the concerts sponsored by the Music Committee knows what a bargain they are--fine professional musicians, beautiful music in our own lovely church setting--all for \$2 or \$5 tossed into the basket at intermission.

Unfortunately those basket collections are not sufficient to cover even the minimal fees to the musicians. The Music Committee, therefore, asks those who support the aim of bringing fine music to the people of Ellsworth and neighboring communities to give a little additional support by becoming Patrons or Sponsors.

Anyone making a prior donation of \$25 or \$15 (or more if you can) will receive two tickets to each concert, which can be put in the basket when it is passed, (an abbreviated series of concerts is planned for the 1979-80 season and the Music Committee has reduced the Patron/Sponsor amount proportionately.)

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To the Music Committee (Attn: Mrs. Philip Seal, Prospect Harbor, ME 04669)

I wish to become a (Patron) (Sponsor) of the 1979-80 Winter Concert Series.

Enclosed is \$25 (or more, \$\_\_\_\_) as Patron.  Enclosed is \$15 (or more, \$\_\_\_\_) as Sponsor.

I understand that I am to receive two tickets to each concert.

Signed \_\_\_\_\_

Address \_\_\_\_\_

## Bread and Beethoven

Several times each month I rise with a specific and important purpose in mind: the making of bread. For me it is a morning-long process. It begins about six o'clock with the mixing of the sponge, white or whole wheat, which is then set to rise during the breakfast period. After that there is the preparation of the dough and the kneading. That takes about 45 minutes in all. Then the dough is set to rise, and I have time for meditation. Then comes the punching, a good way to work off some aggressions by driving your fist into the soft dough and letting it respond. After that I walk to the village for the mail and the papers. By then the dough has risen for the third time and is ready for shaping into rolls, French loaves, or regular loaves, after which comes the egg wash and then the baking itself. Somehow, no matter how fast or slowly I work, I never finish before noon. At about 12:15 we sit down to our usual bread-making day lunch - scrambled eggs based on the left-over egg wash and a hot roll. So it goes. There is a kind of rhythm to the whole morning that I have learned to love.

The other day, however, I realized that I was getting some outside help. As I kneaded the dough, I realized that I was doing it to the strains of Beethoven's Sonata #10 for violin and piano, courtesy of Morning Pro Musica, which we listen to every morning. It seemed to me that there was a natural affinity between bread and Beethoven. Beethoven is music at its highest and best, as most will agree; but all good music is a subtle and profound blending of such basic elements as sounds, rhythms, harmonies, melodies, and tempi. It takes a master to do it right. It takes a genius to do it so that most of us ordinary people can listen, enjoy, and appreciate the artist's work. Bread making is a much humbler occupation. I am sure there are more good bread makers in the human race than there are great musicians. I certainly hope there are. But bread making is a blending of various elements: water, milk, flour, molasses or sugar, salt, oil - each one separate in itself - into a whole loaf that people can taste, enjoy, and appreciate. On the day that I mention, Beethoven's music really got into my hands, arms, and shoulders (you should use them all) as I kneaded the dough.

I have found out since that Bach can do it, too, and many other composers. I have not had the benefit of Brahms's company while bread making. But that will come, no doubt, and I have confidence in the outcome. The point is that the making of bread is only one of thousands of tasks that people perform that can mean either drudgery or deep satisfaction and enjoyment, or perhaps both. After all, the great composers may have heard whole symphonies and sonatas in their heads, but the day came when they had to sit down and write out the things they had heard, so other people could understand what they were trying to say.

For the bread maker the message is relatively simple: "It's good; eat it. It will give you strength and health." For the musical genius it is harder, admittedly. To create great music is indeed a gift not given to more than a very few, and it is one of life's chief joys to find that fulfillment somewhere. I think it might have pleased Beethoven or Bach or Brahms to think that they could help all kinds of people to do whatever they were doing somewhat better. Who says music has no practical value?

H.C.M.