

# The NUUS



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The Unitarian Universalist Church of Ellsworth  
121 Bucksport Road, Ellsworth, ME 04605  
(207) 667-4393 [www.uuellsworth.org](http://www.uuellsworth.org)



## A Month of Services in May

**MAY WORSHIP SERVICES:** This month's worship theme is *Embodiment*.

**Sunday, May 7** "Oh, We Give Thanks..." Rev. Sara Hayman, Worship Leader

**Stewardship Sunday**

*UUQ Sings! Special Music! Stewardship Luncheon to follow worship!*

This Sunday, we celebrate your loving care and stewardship of our congregation. With special music, singing, and stories, we'll name our thanks and call each other back to the soul-growing disciplines of being as generous as we can be.

**NOTE:** *No Potluck—Stewardship Committee will provide subs, cake & ice cream!*

**Sunday, May 14** "Loving, Still" Intern Minister Lane Fisher, Worship Leader

In Lane's last service at UUCE as our collaborative ministry intern, she will explore some complexities of releasing those whom we've loved. Whether it's a child headed to college, a valued colleague leaving one's workplace, or a loved one leaving this life, letting go can challenge us profoundly.

*2017-18 Budget Hearing & UUCE Mission Conversation!*

*UUCE History Class with Wayne Smith from 1:30-3:30 pm!*

**Sunday, May 21** Blessing Our Bodies Rev. Sara Hayman, Worship Leader

*New Member Welcome! UUCE Annual Parish Meeting following worship!*

On this Sunday, we will welcome new members among us and explore how it is that we can honor and bless our sacred bodies.

**Sunday, May 28** Guest Worship Leader from the Belfast UU Church:  
Jan Anderson, Worship Arts Team Member

***Interested in volunteering to help with potluck or coffee hour after services?***

***Sign the sheet on the entry bulletin board or talk to Jody Murphy  
([murphyjodyann@gmail.com](mailto:murphyjodyann@gmail.com)). And we thank you very much!!***



## Ministry Matters

"Every time I take a step in the direction of generosity, I know that I am moving from fear to love." ~ Henri Nouwen

You are a congregation that steps in the direction of generosity time after time and the spirit and vitality of our church grows. THANK YOU, dear Stewardship Committee Members—Stefanie Alley, Margaret Thurston, Evelyn Foster and Betty Massie—for your steadfast and responsive leadership this year. THANK YOU, dear members and friends who have committed your time, talent and treasure to sustain our church into a new year ahead. I am deeply grateful and honored to be your minister.

Within the next two weeks, you will receive a summer activities flyer with information about many opportunities at UUCE in the weeks and months ahead for fellowship, learning, service and fun! In the meantime, I hope you'll choose to mark your calendars and be present for and/or participate in the following activities:

Sunday, May 14 will be the last worship service led here at UUCE by Lane Fisher, our beloved Collaborative Intern Minister, before her internship ends on June 15.

On the very same day, Sunday, May 14 from 1:30-3:30 pm, Wayne Smith will facilitate the first of his 4-part UUCE History class! I look forward to being there and hope you will be, too.

This year's Joint Worship Service with our sister congregations of Belfast and Castine will be on Sunday, June 11 at 10 am in Belfast's newly re-opened and renovated church building and sanctuary space! (37 Miller Street). There will be a PICK-UP CHOIR at 9 am and all singers are welcome!

On Sunday, June 5 we will celebrate our children and youth, especially those who are graduating from high school, as part of our annual R.E. Sunday. You won't want to miss this meaningful and moving service!

On Sunday, June 18, we will have our annual Flower Communion Service.

On Sunday, July 30, UUCE will host the first of the worship services created and led by UU youth who will have traveled to Guatemala City to volunteer with Safe Passage. Come hear how this experience moved our own youth, Iris Aripotch, Kate Brenner-Simpson, Eryn Colson, and Nolan Dickens. (I will be at Safe Passage with our UU youth from 7/16-7/26/17.)

Our annual UUCE yard sale will be on Saturday, August 19. Please be saving your items to donate and consider signing up to volunteer. Beth Pepper will lead this fun event.

Yours in shared faith,

Rev. Sara

**On Sunday, May 21, we will be welcoming new members. Our congregational meeting will be held after the service and new members will be able to participate and vote.**

**Anyone interested in exploring UUCE membership can speak to either Rev. Sara or Nancy Avila, chair of the membership committee. A new-member orientation will be offered before May 21; date(s) to be announced.**

## Message from the Board President

I wanted to take the opportunity to express my deepest gratitude to a few wonderful people in our church:

First, to the stalwart and extremely hardworking Stewardship Committee, which is working so hard and trusting that all of YOU will take the initiative to find one of them and make your PLEDGE! Remember, please, that the pledges make up the huge majority of our operating budget—the money with which we literally keep going: We pay the staff (Sara, Eileen, Anne, Wayne, and Lane!) and keep the building clean and warm and in good shape with your pledge money! As good as our fund-raising efforts are, they do not support the core operating budget! So please, as our dear Amy F. urged, give until it hurts! And THANK YOU to all who have already pledged!

Second, I want to thank the wonderful group who participated in the Leadership Workshop that the Northern New England District presented on March 18 at our church. Life being what it is, after vigorously recruiting committee chairs and others and meeting with them to prepare for the workshop, I was sick and could not even get out of bed! But the rest carried on and have, with the excellent guidance of Mary Haynes, met to debrief. It is so encouraging to have broader participation in envisioning some long-overdue changes to the way our church is governed, and I am grateful to all who participated heart and soul!

Just this last Friday and Saturday (April 21 and 22), Sara, Anne, Lane, and I joined over 350 other UUs from all over New England for the first-ever Regional Assembly in Woburn, Massachusetts. I personally want to thank the board and the church for sponsoring me so I could attend this exciting and soul-feeding gathering! The two major parts of the assembly were a forum with the three outstanding women who are candidates for President of UUA (the election is in June at GA), and singing with the extraordinary Dr. Glen Thomas Rideout of Ann Arbor and Dr. Ysae Barnwell of Sweet Honey in the Rock. Dr. Barnwell led us in 4-7 part gospel harmony singing for two hours!! What a delightful experience! Do take the time to listen to the sermon we heard from Rev. Robin Bartlett of Sterling, Massachusetts, who schooled us all in RADICAL love and open-heartedness. (Sara posted the link to her sermon in the Wednesday bulletin of April 26).

And finally, a HUGE thank you to Sara, Lane, and Mary Haynes, who have been my fellow explorers on the journey to create a mission statement through moving and lovely conversations with over half of the church, and again this week (April 25) and May 5 and 8 in more open conversations, to which you are all invited (details in the bulletins). We are working hard to capture the spirit and heart of UUCE in a well-crafted and, hopefully, poetic statement of what we are about as a church.

Gratefully,  
Robin Lovrien,  
President, BOT



New England District UUA Regional Assembly—Lane, Anne, Robin, Rev. Sara

**STEWARDSHIP SUNDAY IS MAY 7.  
DON'T FORGET TO MAKE YOUR PLEDGE!**

We are making great progress toward our goal of just under \$110,000, with just six more days to go until Stewardship Sunday on May 7. We're hoping for 100% participation and are over 80% to our goal! Thank you to all who have so generously made your pledges for the 2017-2018 fiscal year!

If you cannot pledge at church or by mail, please ask for a pledge card and/or home visit. You may call Stefanie Alley at 460-8697, Margaret Thurston at 271-7974, Betty Massie at 288-4121, or Evelyn Foster at 667-5998.

Food for thought: It costs \$410 a day or \$2884 per week to keep UUCE thriving. 67% of that amount must come from pledges. The rest comes from fundraising projects, the Sunday plate, rentals, and investment income.



♥ ♥ *Thank you for your support of UUCE!* ♥ ♥

***FERRY BEACH:  
SAVE THE DATE!***

Our Annual Fall Retreat at Ferry Beach will be held October 27-29, 2017. We hope you will join us for a fun-filled weekend at Ferry Beach with members of the Castine and Belfast UU congregations, our Collaborative Ministry partners. Registration will begin in mid-May. Watch for more information in our weekly email and order-of-service announcements and in our closed Facebook group.

**Loaves & Fishes Pantry Needs Help!**



UUCE provides staffing for the Loaves & Fishes Food Pantry during the month of August; Other organizations do the same for most of the remainder of the year. The months of June and September are, however, minimally staffed. Please contact L&F manager Marien at (207) 667-4363 between 8 and 11 a.m. on Mondays, Wednesdays, or Fridays if you have some time to help out. Speak to Sue Clark or Susan Opdycke for more information.

## A Growing Year: The Collaborative Ministry Internship



April was a month rich in collegial relations, a treasure for which I had little appreciation three years ago and realize now is essential. April 5-7 I was blessed to join the northern New England members of the UU

Ministers Association (UUMA) at their spring retreat at Biddeford Pool and talked with many of them again at Regional Assembly.

I suspect many in our churches don't grasp why strong collegial relations among ministers are in every congregation's best interest. I certainly didn't before I started seminary.

I read and agreed to uphold the UUMA Covenant and Code of Conduct early in seminary, when the Belfast church was my sole "laboratory." Those documents made me understand for the first time how many of Rev. Deane's choices and former Interim Minister Mary Wellemeyer's admonishments were rooted in UUMA agreements. UU ministers have a formal set of rules and guidelines that call us to support one another; they also make clergy misconduct less likely to happen and more likely to be called out, decrease the possibility that we will injure one another's ministries, and create clear processes for navigating tricky passages or restoring right relations, when necessary.

The wisdom in maintaining open and honest dialogues with colleagues was sharply

underscored on March 30, when the Rev. Ron Robinson, a well-known UU minister in Oklahoma, was arrested and confessed to offenses involving child pornography. Although the report gave no reason to suspect that children in his congregation were involved, it was a sickening reminder that misconduct can and does happen within our ranks. It is less likely to happen if we have warm and authentic relationships with ministers we feel welcome to call when we need another perspective or simply need to vent frustrations. We minister to one another. If, instead, we were to tap members of our congregations to help us as we try to help them, it would blur boundaries. At a minimum, this can damage congregational dynamics, but it also can open paths to ministerial misconduct. Strong collegial relations are an insurance policy for ministers and their flocks.

So it fed my soul and the integrity of my forming ministry to talk with seasoned colleagues at the spring retreat, just as meeting with our northern Maine ministers in most other months has been a deepening practice. With a sense of blessing and respect for the covenant among ministers, I'll fill a small role in the April 30th installation service for the Rev. Drew Moeller—who came to the UU Society of Bangor in part because of our area's active network of UU ministers, in contrast to a state where another church would have welcomed him as a candidate.

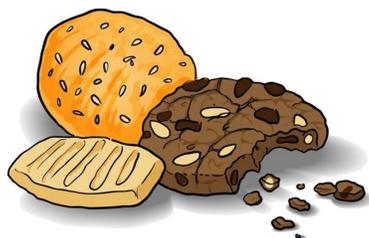
Did I mention that this network benefits all of us? I am grateful to have joined it.

With blessings and love,  
*Lane*

**Lane will lead our final monthly Vespers Service on Wednesday, May 24, at 5:30 p.m.**

## News from the Peace and Social Action Committee

### COOKIE MINISTRY CONTINUES



Here's a little history. In a sermon several years ago, Betsy Parsons described a project undertaken by the Saco UU church to provide

cookies and a note of encouragement to the local high school's Gay Straight Alliance meetings to let the students and their faculty advisor know that people in their community supported and valued their work. Those of us at UUCE immediately undertook to replicate that program here. However, the Gay Straight Diversity Alliance at Ellsworth High School went through a period of inaction and so did our cookie ministry. However, after the November election and news that under the able leadership of our own Eryn Colson, the GSDA at Ellsworth High School was meeting every Wednesday, we revived the Cookie Ministry sponsored by PASA. Kay Wilkins led Cookie Ministry until she left for Florida in January. Karen Volckhausen led during Kay's absence. As often as she can, Rev. Sara writes the note and delivers the cookies. Elizabeth Rowell has been an enthusiastic volunteer also. Kay is now back and picking up leadership through the end of the school year.

We need cookies, preferably home-baked, some gluten-free ones are most helpful. We also include some fruit and/or veggie snacks as well. Eryn tells us that for some of the students, this after school snack is their first meal of the day. If you are willing to bake for Cookie Ministry occasionally, please be in contact with Kay at (207) 664-3070 or [kwilkins@alumnet.simmons.edu](mailto:kwilkins@alumnet.simmons.edu).

### BOOK GROUP

PASA and Adult RE are co-sponsoring a book group on Thursday, May 4, at 4:30 pm in the Board Room. We will continue discussing *Viking Economics* by George Lakey, which takes a close look at the Nordic Model. By increasing financial equality, Nordic countries' citizens are among the happiest, healthiest, most productive people on the planet, with smarter environmental policies and shared social justice goals. Is this something we could achieve in the USA? Join us and find out!

### FILM WORTH SEEING

The film *Equal Means Equal* will be showing at the Alamo Theatre in Bucksport on Thursday, May 4. Doors open at 5:30 p.m., and the film begins at 6:30, with a discussion to follow. For more information about the film and the organization behind it, please go to [equalrightsmaine.org](http://equalrightsmaine.org).

*Karen Volckhausen, PASA Chair*

## UUCC Invites Social Justice Grant Proposals

**Please spread the word: applications for next year's cycle of gifts from the Deborah Pulliam Social Justice Grants are sought by the UU Congregation of Castine. The 2017 application forms are available at UUCC's website.**

**The deadline for applications is June 30, and the grants will be announced and fulfilled by September 1. For this year's guidelines, visit the Social Justice page on [uucastine.org](http://uucastine.org).**

## NEWS from your Collaborative Ministry Team

The Collaborative Ministry Team, made up of three people from the Ellsworth, Castine and Belfast UU churches, meets every month to find ways to encourage and grow collaboration among the three churches. The UUCE team consists of Mary Haynes, Robin Lovrien, and Rev. Sara Hayman.

The CMT has the great joy of announcing the hiring of Amy Fiorilli as our next Ministerial Intern for the Collaborative! Amy begins her work in September of this year. Please congratulate her if you see her! All three churches are extremely pleased with the richness of ministry that this year's intern, Lane Fisher, has brought to us all, and we are delighted to be able to continue to nourish and support the formation of another minister who is on her way.

We have several events to take note of:

- ⇒ On May 25, at the Alamo movie theater in Bucksport, there will be a sponsored showing of *The 13<sup>th</sup>*—a film by acclaimed director Ava Duvernay (who directed *Selma*, which the collaborative showed last year). This film addresses the issue of mass incarceration and privately-run prisons. We look forward to seeing a good turnout at this important film. Check upcoming announcements for the exact time.
- ⇒ Our SECOND three-church worship service will be held on **JUNE 11 at the newly renovated Belfast UU Church! SAVE THE DATE!!** Look for more details every week!!

## UUCE Listening Campaign

Rev. Sara Hayman, Robin Lovrien, Mary Haynes, and Lane Fisher met with a total of 57 people this winter in small group ministries and “at-large” meetings. We asked you to share with us the heart of your church experience. We did this, wanting to see more clearly who we are, in order to accurately articulate our shared mission as a congregation.

We were struck by how different each discussion was. Nonetheless, there were themes that arose:

- ♥ Being a part of a safe, loving and like-minded community rooted in shared values matters.
- ♥ You value worship services and Wayne's music as a source of inspiration and connection.
- ♥ You value social justice as an expression of faith.
- ♥ You feel seen and listened to and try to listen, too.
- ♥ You embrace opportunities to be a part of something bigger.
- ♥ You feel welcomed and welcoming to others.
- ♥ Growing spiritually and feeling your souls are cared for are important to you.
- ♥ You cherish the freedom to look for your own spiritual truths.
- ♥ You love being a part of a multigenerational community.
- ♥ You are deeply caring of each other.

We invite you to a gathering to hear about our findings and to continue this important conversation. Please join us on **Friday, May 5, 7-9 p.m.**, or **Monday, May 8, 6-8 p.m.** in the Sanctuary for conversation, desserts, and tea.

**What's Happening at UUCE? Find it on our online calendar:**

<http://uuellsworth.org/about/uuce-calendar/>

### Collaborative Ministry Program Intern for 2017-2018

UUCE, along with the UU Church of Belfast and the UU Congregation of Castine, will continue as collaborative teaching congregations in the next church year. Amy Fiorilli, UUCE member since 2014, will serve as our next three-church Ministerial Intern. She will begin her position on September 1, 2017 and will complete it on June 15, 2018.

Amy is a seminarian at Meadville-Lombard Theological School. She has completed two of four years of seminary, and is in Candidate status with the UUA. Our internship will serve a crucial role in her development as a minister, and we are delighted to play such an important part in her preparation.

Amy felt called to ministry within a year after joining us at UUCE, but she has been involved in examining spiritual issues since beginning her training as a Clinical Social Worker several years ago. Many of us have greatly benefited from participating in her Spiritual Questions and Spirituality and Aging groups, and all of us have been moved and inspired by the services she has led at UUCE. We are eager to continue our participation in her ministerial growth.

We will formally welcome Amy to the Collaborative Ministry Program Intern in September. Amy's primary placement for the internship will be in the Belfast church, and her secondary placement will be in Castine. Since we are her home church, she will be limited in the ways that she can serve UUCE, but that will not diminish our joy in assisting her on her journey to the ministry.

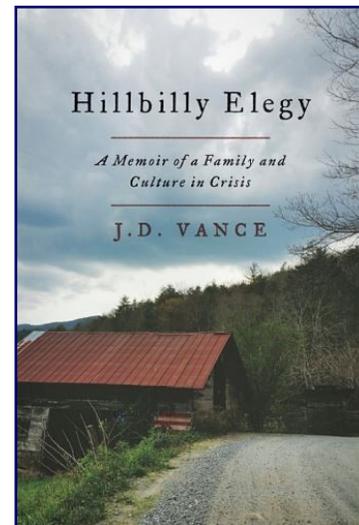
### Hillbilly Elegy—Next Collaborative Read

The Collaborative Ministry Team of the UU congregations of Belfast, Ellsworth, and Castine invites you to mark your calendars for the evening of Thursday, June 1, from 5 to 7:30 p.m., when people from all three churches will gather for a discussion, the last half hour via ZOOM videoconference. [Room TBA]

Save the date, and buy or borrow the book. The *New York Times* called J. D. Vance's *Hillbilly Elegy: A Memoir of a Family and Culture in Crisis* a "Tough Love Analysis of the Poor Who Back Trump" (Aug. 10, 2016).

The Collaborative Ministry Team has chosen the book as our next common read. On June 1, we'll gather in our respective church meeting spaces, talk about the book with our churchmates, and then, once again, connect electronically to have some three-church discussion.

For more information, please contact Lane Fisher. Start reading now and make plans to join us for this timely and important discussion!



**You can find posted on our website [www.uuellsworth.org](http://www.uuellsworth.org) the list of events and services that were offered at the auction, with relevant dates, locations, donors and winning bidders, for your reference throughout the year.**

## More Social Action News



### Nonviolent Direct Action Training Repeated

On Saturday, May 13, from 10 a.m. to 5 p.m., Peace and Social Action (PASA) and Resources for Organizing and Social Change (ROSC) will sponsor a second session of this very popular training for those people who were not able to participate the first time this was offered. We are delighted that Anne D. “Andy” Burt, a well-known climate justice activist from Edgecomb, will be our leader. Andy has spoken at UUCE in the past. All are welcome at this training, which is free to attend (although donations for the trainers are welcome!). Come join us to learn about legal risks and strategies, safety tips, letter and media campaigns, peaceful protesting, affinity groups, and other important information for effective nonviolent action and resistance. People from many area groups are expected to join with us. Please let Kay Wilkins, [kwilkins@alumnet.simmons.edu](mailto:kwilkins@alumnet.simmons.edu) 664-3070, or Nathalie Arruda, [nathalie.arruda@gmail.com](mailto:nathalie.arruda@gmail.com) (760) 270-1417, know that you are planning to attend.

**We will oppose any and all unjust government actions to deport, register, discriminate, or despoil. As people of conscience, we declare our commitment to translate our values into action as we stand on the side of love with the most vulnerable among us. The time is now.**

**FROM UUA-UUSC DECLARATION OF CONSCIENCE**

### SGM Supports Habitat

The 3<sup>rd</sup> Wednesday Small Group Ministry invited Kelley Ellsworth, Director of the Hancock County Habitat for Humanity, to bring us up to date on the plans to build a house for UUCE member Holly Smith and her two children. Our SGM is especially interested in doing work that will directly benefit our local community, and we have volunteered to help build this home, which will be the 19<sup>th</sup> Habitat house to go up in Hancock County.

Volunteer work will begin in less than two months, after the foundation is poured and cured. Here are some things to know if you would like to join this project:

- ◇ All volunteers must fill out an application.
- ◇ Volunteers are not expected to have house-building skills; Habitat will provide instructions.
- ◇ A maximum of 20 volunteers are needed on site each day for no more than 6 hours per day.
- ◇ A long-term commitment is not required.
- ◇ No volunteer may work on the site until approved by Habitat in advance daily.
- ◇ Construction time is estimated at 9-11 months.
- ◇ Local students will build walls, shed, and trusses.

In addition to construction, there are other ways to contribute, such as helping provide lunch and beverages, assisting at Habitat's ReStore, and holding community fundraisers.

*See Mary Haynes or Cynthia Perkins to sign up!*

## Religious Education

Glorious Spring Greetings from the Carl Stehman Wing!

April was an extremely full month for Religious Education at UUCE. We began the month hosting the Annual Mid-Maine Pre-Teen Overnight Gathering. Thirty tweens and 9 adult chaperones spent 24 hours exploring "Common Ground through Non-Violent Communication," Indigenous Culture exchange, a movie about Ruby Bridges, a story about the Children's Crusade and Bloody Sunday, art projects, and eating tacos, pancakes and sausage. It was fun and meaningful. Please join me in extending a heartfelt *Thank You* to our wonderful volunteers who helped: Michael Arruda,



Susan Brenner-Simpson, and Suzanne Aubrey (chaperones); Amy Thompson and Cecily Judd (art project leaders); Nathalie Arruda who led a discussion on non-violent communication; Emma Macaillen for support in arranging a speaker from Penobscot Nation; Rev. Sara for welcoming the tweens and offering a wonderful worship service for them to experience; Mack MacDonald, Margaret Thurston, and Suzanne Aubrey for creating a delicious taco bar; Stefanie Alley, Amy Fiorilli, and Dawn Ray for making coffee, pancakes, and sausage; AND everyone who brought extra food to the April potluck to feed our guests.

We also had an amazing Easter Egg Hunt and Feast on Easter Sunday. A hundred eggs were stuffed with gifts from nature and hidden in the RE Wing. Fifteen children searched for the eggs and together created a fairy house altar. We feasted on food prepared by the Brenner-Simpson family, Penel Houghton, and Alicia Pearson, who also served as chaperones.

We also had a full month exploring *Transformation* in our classroom. Cecily Judd and Liz True began the month with "Caterpillar, Caterpillar" and planted seeds with the children. Jenn Ryan engaged our children in a discussion about Earth and transformation of seasons. Anne Funderburk shared a favorite book from her childhood for Earth Day, and the children received a UU Promises seed paper to plant in soil. Suzanne Aubrey gave a lesson on "Transformation of a Rajah."

In May we will explore *Embodiment* through movement. We will take advantage of the warmer weather and be outside as much as possible in May, so please have your children dressed for outdoors in clothes they can play in. They also should come with sunscreen and bug spray applied before church. We also will be spending time each Sunday in May preparing for Religious Education Sunday on June 4.

Woyaya, Anne



## VOTE FOR YOUR NEW BOARD ON MAY 21

Elections to the UUCE Board of Trustees will be held at the Annual Meeting of UUCE on Sunday, May 21. The Elections Committee, which was elected at the January church business meeting, has nominated the following slate of candidates. Members may nominate others from the floor but must have obtained prior permission from their nominee.

**Trustee: 3-Year Term to 2020—Susan Opdycke** is the nominee for this position. She is an active member of the congregation—the kind of member who will do anything that needs to be done. She works in our gardens, makes our coffee on Sundays, and is co-chair of the Eggroll Project. She enjoys discussions, making decisions, and being helpful to others. Susan volunteers at the food pantry every Monday, and each week spends time with the residents of several local nursing homes with her visit-approved dog or cat. She is also a library volunteer. She has an undergraduate degree in sociology and a master's degree in counseling. She has worked in group homes and as a counselor of special education in school systems. Susan is happy to be nominated to be a Trustee and excited to be expecting her first grandchild in July.

**Trustee: 3-Year Term to 2020—Michael 'Mack' MacDonald** is nominated for another term in this position, having filled an unexpired term as Trustee since March and serving earlier as Vice President of the Board. He is a lifelong Unitarian. He can be found at the church wherever he can help—greeting, doing dishes, prepping and selling eggrolls at Common Ground Fair, or helping at Ferry Beach. Mack teaches ukulele and is a reflexologist and an artist. Although he is currently in recovery from heart surgery, Mack is happy to run for a full term as Trustee.

**Trustee: 3-Year Term to 2020—Margaret Thurston** is up for a second term as Trustee. In her retirement, Margaret has brought her expertise in coordinating events to running two successful Annual Auctions,

and she has recently taken on the compilation of our monthly newsletter. She is a member of the Caring, Aesthetics, and Stewardship Committees, and is eager to take another turn at grinding vegetables for eggrolls this September at the Common Ground Fair. She is interested in applying the experience gained in her first stint as a Trustee and continuing to contribute in another term until 2020.

**Treasurer: 2-Year Term to 2019—Peggy Strong**, our current Treasurer, is a lady of many talents. She has been involved with our website, helped with the remodeling of our Community Room, organized the team that keeps track of bidding and sales at our Annual Auction, and is currently our Treasurer. Peggy and Matthew brought their expertise in making and selling eggrolls to UUCE, offering us a marvelous money-raiser at the Common Ground Fair in September. A published author, she is as good with words as she is with numbers and as capable with a pry bar as with a hammer. She is willing to continue as Treasurer until 2019.

**Vice-President: 1-Year Term to 2018—Jody Murphy** has been nominated for this office, having filled an unexpired VP term since February; before that, she was a Trustee. She grew up in the Unitarian church of Brewster, Massachusetts, and is the mother of Jocelyn, whom she has brought to UUCE nearly every Sunday since her birth in 2010. Jody has been active on several committees, and at present she serves us all by heading up our Sunday coffee hour and potluck meals. She and Jocelyn can often be found cleaning up the kitchen after most of us have headed home. She has worked as a commercial gardener, and since moving to Maine, has worked in the town offices in Calais and Hancock. She now serves as Treasurer and Administrative Assistant for the Town of Blue Hill.

Respectfully submitted,  
The Elections Committee:  
*Dartha Reid, Eileen Brennan, Evelyn Foster*

## Money Matters

***Stewardship: the responsible overseeing and protection of something considered worth caring for and preserving.***

*www.dictionary.com*

No doubt, by the time you are reading this, you are more than aware that it's time to pledge your financial support to UUCE! I thank you, thank you, thank you for that support, for it is the foundation that keeps our church financially stable.

We have other sources of income as well, of course, and it takes ALL of them to grow and flourish. Today, I am sorry to report that several of those sources are substantially below what we'd expect at this point in the fiscal year.

Plate-Split Income for local charities is down by half! The drop in the collection on Plate-Split Sundays also lowers Plate Income, which is down 13%.

Rental Income is down almost 20%.

Why? The most significant reason appears to be a lack of oversight by someone, a member, a steward who will give the time and attention to them that they need.

Plate-Split stewardship involves seeking out local, struggling non-profits who could benefit from our program, learning about their services, and promoting them on Plate-Split Sunday. When volunteers (Karen Volckhausen for PASA, Mary Haynes, Rev. Sara, and I) gave time to the Plate Split, it did well as a result.

Rental Income used to be tended to by Don Martin, as an extension of his Treasurer's responsibilities, with back-up by Alison Stephens, when she was administrator. Currently, Eileen Mielenhausen answers inquiries about building rental and recruits new renters, giving rates, showing the facility, and booking space. Rental Income could be greatly increased through promotion. At this time there is no info about rentals on our website. Stewardship of this area could mean writing the copy promoting our suitability for weddings, musical events, special meetings, day care, music lessons, etc. It could mean showing prospective renters our facility, or opening up for them when Eileen is not in the office. I have no doubt that more care and attention to this area would greatly improve our income.

I believe that there are someones in our community who would like to feel more connected to UUCE, who could care-less-about-going-to-meetings, who'd like to do something different and get to know someone new.

Opportunity is knocking.

*Peggy Strong, Treasurer*  
266-3006, goodnuff@escrap.com

**\*SAVE THIS DATE (and the week prior!): SATURDAY, AUGUST 19, for UUCE's ANNUAL YARD SALE\***

**Doing some spring cleaning? Downsizing? Getting rid of some stuff that doesn't fit your life anymore but might fit someone else's? If so, send it UUCE's way! We're collecting for our annual Yard Sale. We take just about everything, as long as it's clean and in good working order: furniture, kitchen wares, rugs, jewelry, luggage, toys, games, puzzles, crafting supplies, office supplies, electronics, books, sporting goods, tools, clothing, etc.! If you have something really unusual that you want to check if we want (but I bet we do!), email or call Pepper at eapepper1@aol.com or 757-746-7874. You can bring your donations to church and give them to Margaret Thurston. Last year's Yard Sale topped expectations—let's do it again this year!**

## Sankofa Corner



### Dr. Moses Rust Pulsifer: Advocate of Homeopathy and Temperance



I have written earlier of Dr. Abby Fulton, one of the first female doctors in Ellsworth, if not the first. She was a member of our congregation back in the late 1800s. Another early member of our congregation who was a physician was Dr. Moses Rust Pulsifer.

Moses Rust Pulsifer was born on Sept. 10, 1799, in Poland, Maine, the son of Jonathan and Polly (Rust) Pulsifer, who were originally from Cape Ann, Massachusetts, in Gloucester County. He attended school in the

Poland area and early on developed an interest in the field of medicine. He studied in the medical colleges at both Dartmouth College and Bowdoin College, and earned the degree of Doctor of Medicine from the latter in 1822 at the age of 22. He practiced allopathic medicine for almost thirty years, serving first in Eden (now Bar Harbor) for about ten years in the 1820s and early 1830s, from which place he made occasional visits to see patients in Sullivan, Mt. Desert, and even St. Stephen, NB. He later moved back to the Poland-Minot region of Androscoggin County. Over the years, however, he lost confidence in allopathic medicine and was preparing to relinquish his

practice when, in the late 1840s, he attended a six-month series of lectures at the New York Homeopathic College that focused on the benefits of homeopathy (or, as it was then written, "homœopathy"). Upon returning to Maine, he was persuaded by Drs. Dodge and Clark of Portland to resume his profession as a physician, but in the new school of homeopathic medicine. In 1850, Dr. Pulsifer came to Ellsworth and became the first homeopathic physician in Hancock County.

Dr. Pulsifer was very much a family man when he came to Ellsworth. He had married his first wife, Mary Strout Dunn, back in Poland in 1819 and their first son was born in 1820, while he was still a student of medicine. During his thirty years of allopathic practice, eleven more children were born to the couple. Mary passed during the same year as the move to Ellsworth and he thus began a new life, in a new place, following a new school of medical thought: homeopathy. Three years after arriving in Ellsworth, he married, as his second wife, Mary Letitia Berry, by whom he had two more children.

Dr. Pulsifer was devoted to his practice, which was quite large. He was described as an honest and earnest man, and an enthusiastic advocate of abstinence from liquor and tobacco. On this point he was firm, even to the point of radicalism. He considered alcohol the "foundation for allopathy." In the words of Volume 12 of the *New England Medical Gazette*, "Early experience had shown him the evils of intemperance, and from the time of his escape from them he was radical in his views of the sale and use, even as medicine, of anything which could intoxicate. He never hesitated to express these views in the plainest terms, and with no respect to persons."

### Dr. Moses Rust Pulsifer, *continued*

Dr. Pulsifer lived a long, laborious, and useful life. The Ellsworth City Directory of 1876 lists a total of eight doctors in the city: Dr. O. M. Drake (homeopathic), Dr. Abby Fulton, Dr. Alexander Fulton, Dr. E. Googins, Dr. Samuel Greeley, Dr. L. W. Hodgkins, Dr. George Parcher, and Dr. Moses R. Pulsifer (homeopathic). Of these eight, four of them (the two Drs. Fulton, Dr. Parcher, and Dr. Pulsifer) were members of the Unitarian Society of Ellsworth. This shows that Dr. Pulsifer was still an active physician even into the last year of his life. He died quite suddenly of typhoid pneumonia on January 27, 1877, in Ellsworth, and his remains were interred in Auburn.

*Wayne Smith, UUCE Historian*



### MUUSAN — A Couch Potato's Guide

The Maine UU Advocacy Network (MUUSAN) is, as its name suggests, a statewide group of UUs engaged in legislative advocacy. While members of your congregation attend MUUSAN's meetings, which take place on second Saturdays of every other month, and would warmly welcome you to join them, MUUSAN is asking for your participation in some ways that don't require you to leave the comfort of home.

MUUSAN is building its advocacy list and wants to be able to tell legislators that it represents as many of Maine's 2100 UUs as possible. Toward that end, it would like to add your name, e-mail address, and physical address to MUUSAN's list.

What would come of this? You would receive news and legislative alerts by e-mail directly from MUUSAN. But having your physical address would tell MUUSAN who your state representative and senator are, enabling MUUSAN to alert you when your elected officials hold key votes in legislation that's aligned with or contrary to our UU principles. Wouldn't you like to know when are some critical times to call or e-mail your legislator? If so, please send your name, congregation, physical address, and e-mail address to Betsy Parsons at [admin@muusan.org](mailto:admin@muusan.org). You can visit MUUSAN's web site at: <http://www.muusan.org> or its Facebook page at: <http://facebook.us7.list-manage.com/subscribe?>

If you're interested in a live connection with MUUSAN's members or would like to become one, talk with a member of your congregation about sharing a ride to the next meeting: Robin Lovrien, David Wilcock, or Lane Fisher would be happy to talk with anyone at UUCE, as would Margaret Beckman or Kent Price in Castine.



## About Our New Look!

- ♥ Notice the newly renovated bathrooms in the front area!
- ♥ Notice the new paintings in the bathrooms!
- ♥ Notice the spiffy painted walls in the foyer, cloak room, sitting area and office!

These are only the beginning of the updated look provided by the Aesthetics Committee, using your Hannaford funds. These funds will also allow us to carpet the foyer, cloakroom, sitting area and office very soon. . .we hope this can be accomplished by the end of May. New baseboards will also be installed in the two foyer bathrooms.



*We thank the loyal and regular purchasers of the Hannaford cards who have stuck with this for the past five years! We are still selling the cards for the next phase of this project: carpeting of the Sanctuary. (UUCE gets 5% for each card sold!)*

Please support this effort if you possibly can. It will then only take us (maybe) two years to get the funds for the Sanctuary carpet!

*Linda Laing, Aesthetics Chair*

## Advertisements

### SERVICES

#### Pet Sitting

Experienced Vet Tech will provide pet sitting services. Some special-needs animal care available. Call (207) 214-4621.



#### BeamingLight Reiki and Sound Healing

Experience relaxation and release in a 90-minute energy session with Eileen Mielenhausen in the privacy of your own home—or at our studio space in Ellsworth. Call/text (207) 441-2785, email [eileen.mielenhausen@gmail.com](mailto:eileen.mielenhausen@gmail.com), or visit [beaminglightcoaching.com](http://beaminglightcoaching.com) for more information.

### Do you have an announcement for a Sunday service?

Get a preprinted form at the table in the foyer, fill it in, and get it to the podium by 15 minutes prior to the service. The five most urgent announcements will be read at 10:30 a.m.

## Contact Information

<b>Minister</b> Rev. Sara Hayman: 610-2872 (cell) sara@uuellsworth.org	<b>Religious Education Coordinator</b> Anne Ossanna: 565-205 aossanna@aol.com
<b>Church Office</b> (M 10-3, W 12-5, Th 10-4) <b>Administrator</b> Eileen Mielenhausen: 667-4393 office@uuellsworth.org	<b>Music Director</b> Wayne Smith: 667-9482 wayne@mrlanguage.com
<b>President of the Board</b> Robin Lovrien: 546-4352 robin.uuce@gmail.com	<b>Newsletter Editor</b> Margaret Thurston: 271-7974 mhthurs@gmail.com

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**Are you receiving UUCE's weekly electronic newsletter? We want to make sure everyone who wants to read the latest UUCE news is receiving our weekly e-news bulletin. We send it out every Wednesday via MailChimp and have heard that some people may not be finding it in their inbox. Check your All Mail, Junk, and Spam folders first if you think you have not been receiving the weekly news. Please contact Eileen at 667-4393 or office@uuellsworth.org to get on the mailing list or to update your email address. Thanks!**

Unitarian Universalist Church of Ellsworth  
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# *The NUUS*

## May 2017

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### *The NUUS*

#### Newsletter of the Unitarian Universalist Church of Ellsworth

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We covenant to affirm and promote:  
The inherent worth and dignity of every human being;  
Justice, equity and compassion in human relations;  
Acceptance of one another and encouragement to spiritual growth in our congregations;  
A free and responsible search for truth and meaning;  
The right of conscience and the use of the democratic process  
within our congregation and in society at large;  
The goal of world community with peace, liberty and justice for all;  
Respect for the interdependent web of all existence of which we are a part.